

# Long Island ABATE

American Bikers for Awareness, Training & Education

NEWSLETTER

January 2018



**Next Meeting-**

**Tuesday January 9, 2017**

**[www.longislandabate.org//1-888-liabate](http://www.longislandabate.org//1-888-liabate)**

**A B A T E is American Bikers for Awareness, Training & Education**

The main purpose of the ABATE organization is to work toward continued freedom of the road by insuring that motorcyclist's point of view is presented to our legislators and to promote motorcycle safety, rider education and awareness. We are trying to alleviate the very real possibility of "Big Brother Government". We encourage all our members to be informed registered voters. We write letters to our elected officials and stay aware of what is going on with motorcycle legislation, education, and other transportation issues.

We welcome interested persons to any of our activities or to join our organization.

**2018 Long Island ABATE Board Members**

- President-----Jim Barr / Longislandabate@aol.com
- Vice President 1 -----Nick LaMorte / zuma51@aol.com
- Vice President 2----- Nancy Greenseich / nancygee66@gmail.com
- Treasurer -----Bill Quinn / nevalnut@aol.com
- Membership Secretary--George DeMott / gdemott@gmail.com
- Recording Secretary--- Roseann Barr / liabate@aol.com
- Sergeant-at-arms-----Chris Beckhans / cbeckhans@aol.com
- Legislative/Safety Mike Lauro / mlauro@optonline.net
- Volunteer Coordinator--Andrea Peponakis / profe239@aol.com
- Road Captain-----Joe Pizzo / joepizzo18@yahoo.com
- Chaplain----- Gerry Waldron / Gerry.bfceli@gmail.com
- Public Relations-----Andrea Peponakis / profe239@yahoo.com
- Products-----Kathy Pfeil / frstbofeastwick@aol.com
- Website/Newsletter--- -Nancy Greenseich / nancygee66@gmail.com

MAILING ADDRESS

**Long Island ABATE  
P.O. BOX 22  
YAPHANK, NY 11980**

Call the ABATE HOTLINE anytime  
For any info or to contact any officer

**1-888-LIABATE**

Contact us if you would like to advertise in the ABATE newsletter at 1-888-liabate. Classified ads are free to members. Event Flyers are free for one month.

**PLEASE SUPPORT  
OUR ADVERTISERS**

Long Island ABATE encourages all members to submit letters, articles or cartoons they feel may be of interest to fellow ABATE members. Long Island ABATE supports the rights of ALL motorcyclists, however Long Island ABATE does not endorse any products or services other than its own. All articles and photo's within the contents of this newsletter and our website are property of Long Island ABATE. You may not use them without express written consent of the newsletter editor, webmaster, or LI ABATE board.



Please email your newsletter submissions to Nancy Greenseich Nancygee66@gmail.com or on facebook under Long Island ABATE

**Disclaimer:** The thoughts and opinions expressed in this newsletter are those of the individual contributors alone and do not necessarily reflect the views of the Long Island ABATE Board and its members.

If you would like to advertise in our monthly newsletter, please send your ad to nancygee66@gmail.com and payment to Long Island ABATE PO Box 22 Yaphank, NY 11980

## **Newsletter Advertisement Rates**

Business Card size \$5 a month/\$60 yearly

1/4 Page \$10 a month/\$120 yearly

1/2 Page \$20 a month/\$240 yearly

Full Page \$40 a month/\$480 yearly

Run/Event Flyers One Month Free

**Free For Sale Advertisements to all LI ABATE Members**

## **Attention Amazon Online Shoppers**

Long Island ABATE is pleased to announce that we are now registered with Amazon as a charitable organization. Amazon donates 0.5% of the price of eligible [smile.amazon.com](https://smile.amazon.com) purchases to charities selected by its customers.

Please use the link below when shopping on Amazon to support Long Island ABATE.

<https://smile.amazon.com/ch/46-3331806>

# UPCOMING DATES

## 2018 Long Island ABATE Court Dates, Meetings & Events

Tuesday January 9th General Meeting Lake Ronkonkoma

Tuesday January 16th General Meeting Massapequa

Tuesday February 13th General Meeting Lake Ronkonkoma

Tuesday February 20th General Meeting Massapequa

Tuesday March 13th General Meeting Lake Ronkonkoma

**Reminder:** Tuesday January 9th Long Island ABATE general meeting. Free Food is at 6:30 pm. Meeting starts at 7:30pm at the Lake Ronkonkoma Fire District Hall on the n/e corner of Hawkins Ave and Portion Road (177 Portion Road Lake Ronkonkoma)

To accommodate those who live in Western Suffolk and Nassau County, we will have an informal meeting the following Tuesday, January 16th, to recap our January general meeting. Pizza will be served at 7pm. Meeting will start at 7:30pm at the Marine Corps League @ 99 New York Ave in Massapequa.





# PRESIDENT

I would like to wish everyone a very happy new year! I hope 2017 was good to you and that 2018 is even better! I also want to thank all the Long Island ABATE Board members & volunteers that gave so much of their time and energy all year long!! They are the reason that Long Island ABATE is becoming a household name.

I'm happy to welcome the 2 newest members of the board, **Chris Beckhans** aka Big Chris and **Andrea Peponakis- Matzner**. Jackie has switched from Membership Officer to Assistant Treasurer and George has moved from Sergeant @ Arms to Membership Officer, which created the spot for Big Chris to fill as the Sergeant @ Arms. Mike gave up his Public Relations function (one of his several responsibilities) so that he can focus on legislative issues and Andrea will be the new Public Relations Officer (in addition to her previous responsibility as Volunteer Coordinator). Welcome aboard! Its going to be a great year for us!!

Thanks to **Lotus Dunn of ABATE of Oklahoma**, we have been approved for a NYS safety grant for nearly \$30,000! Lotus researched all the statistical data necessary and filled out a 53 -page grant application on our behalf. I have tried to apply for a grant for 3 years and have failed each time. Lotus did such an incredible job that our grant has been approved for 2018! There is a lot of work involved in utilizing a state grant such as; submitting proposals, filing reports and requesting reimbursement from NYS. I will try my best to do the required paperwork, but it would be great if someone would volunteer to work on this! This type of reporting is difficult for me and I would really appreciate the assistance of someone that is comfortable with this type of paperwork.

I'm really excited about the upcoming year! We have a fantastic opportunity to expand our Safety & Awareness campaign with the grant funding and there will be a new emphasis on recruiting new members into Long Island ABATE! You can help by signing up your spouse, friend, neighbor, coworker or stranger. Your membership also includes a \$4,000 accidental death benefit. I hope you never get to use it, but it is a significant amount just for being a member of ABATE. You should have received a letter from me a couple of weeks ago that explained the insurance as well as a beneficiary designation card for you to fill out and return to the insurance company. In case you are wondering, your name and address was not given to anyone! The insurance company paid for everything and sealed the envelopes and applied the postage, then George printed out the address labels and applied them to the envelopes and mailed them to you. We will never share your information with anyone!

I look forward to seeing everyone soon. As soon as the 16" of snow melts! 😊

Have a great 2018!!

5 Jim Barr



# November 2017 Minutes

LI ABATE membership meeting 11-14-17, Ronkonkoma, NY

7:33 Meeting began with the Pledge of Allegiance, Moment of Silence for our Veterans in honor of Veterans Day.

Salute to all active and non-active veterans present.

Welcome new members and guests.

Minutes for the September 2017 membership meeting were published in the October newsletter.

**Motion 30-2017: Motion to accept September 2017 membership meeting minutes as published in the October newsletter. (Seconded) All in favor.**

Minutes for the October 2017 membership meeting were published in the November newsletter.

**Motion 31-2017: Motion to accept October 2017 membership meeting minutes as published in the November newsletter. (Seconded) All in favor.**

**Treasurer's Report:** Detailed income and expenditures were reported.

**Motion 32-2017: Motion to accept treasury report. (Seconded) All in favor.**

## Committee Reports

**Jackie / Membership:** November membership renewal letters have been sent out. Memberships can be renewed by mail, online or at a membership meeting. Memberships can be renewed at any time. Your current membership will be extended for one year. *It is imperative that members renew and that we keep our membership numbers up. It is the only way we can be effective when we meet with public officials.* If you are not receiving LI ABATE newsletters or e-mails, please let Jackie or Nancy know and the e-mail data base will be updated.

**Nancy / Newsletter:** If you did not receive an e-mail notification for the November newsletter, please check SPAM, or let Nancy know.

**Mike / Legislative Liaison:** The Governor signed a bill which necessitates at least two questions about motorcycle awareness be included on all permit tests.

**Joe / Road Captain:** Joe thanked all those who helped with the road guarding on the Food and Toy Run. *Thank you to Joe for the route taken on the run.*

**Kathy / Products:** Gift certificates for LI ABATE memberships are available. Special holiday incentives: \$30 membership + crew neck sweatshirt, \$35 membership + hoodie sweatshirt, \$40 membership + zippered sweatshirt. Gift certificates include a LI ABATE sticker and magnet. Fall and winter products are in: zippered sweatshirts \$25 (black, purple, gray), hoodie sweatshirts \$20, crew-neck sweatshirts \$15, knit hats \$15, long sleeve shirts \$20.

### Old Business

**St. Mary's Food and Toy Run** Thank you to all who participated in the run, even though the weather was poor. Thanks to the generosity of all participants, \$2600 in monetary donations was collected in addition to the truckloads of toys and food that were donated. We would like to thank **Bill** and **Josephine** for transporting all the donations.

**LIABATE** donated 9 turkeys to the Riders of Fire Turkey Run. The turkeys were then given to veterans. Thank you to **Greg Sheriden** for purchasing and delivering these turkeys.

**Molly Hatchet concert:** Jim gave a LI ABATE Veterans Appreciation Run t-shirt to lead singer **Phil McCormick**, who wore it on stage. Phil also spoke repeatedly about LI ABATE during the show.

**Nassau Meeting:** There will be a membership meeting in Nassau next Tuesday. There will be no December membership meeting in Suffolk or Nassau.

**WACO update:** The first of the defendants, **Jake Carrizal**, **Dallas President of Bandidos MC**, went on trial. The evidence presented did not prove that Jake committed a crime, resulting in a hung jury. Most jurors polled did not feel he was guilty. A new trial date has been set for April. **Jim** and **Double D** spoke about the trial today on **Tom Schillaro's** radio show, **Your Island Live**. This segment of the show will be posted on our website.

### New Business

**NY Motorcycle Show** at the Jacob Javits Center will be held December 1-3. **Mitch Proner** will reimburse LI ABATE for the funding of a booth for LI ABATE, ABATE of NY and CMRA to participate in this event.

**LI ABATE 2018 Motorcyclist Handbook:** Nancy will begin working on the 2018 Motorcyclist Handbook. If anyone is interested in advertising, please let Nancy know.

**LI ABATE** will be participating in a chili cook-off at Spirit's Promise Horse Rescue, November 18 @ 5pm. All proceeds to benefit our Veterans.

**Motion 33-2017: Motion to allocate up to \$50 to purchase supplies for this event. (Seconded) All in favor.**

## **Election Nominations**

Nominations for officers for 2018 will be taken tonight and elections held immediately following nominations. New officers will take effect in January. Our corporation is set up to include five trustees: President, **1<sup>st</sup> Vice President**, **2<sup>nd</sup> Vice President**, **Treasurer**, and **Membership Secretary**. Elections will be held for these five titles. These five elected officers will then appoint six more officers, who will also be voting board members: **Sergeant at Arms**, **Recording Secretary**, **Legislative Liaison**, **Public Relations**, **Safety Officer** and **Road Captain**. In addition to these eleven voting board members, other positions will be appointed. These positions are non-voting board members: **Newsletter**, **Webmaster**, **Products Volunteer Coordinator**, and **Chaplain**. We encourage all who are interested to become involved.

President: **Jim Barr** was nominated for the office of President. The nomination was seconded. Jim accepted the nomination.

**Motion 34-2017: Motion to close nominations for president. (Seconded) All in favor.**

1<sup>st</sup> Vice President: **Nick LaMorte** was nominated for the office of 1<sup>st</sup> Vice President. The nomination was seconded. Nick accepted the nomination. There were no additional nominees for 1<sup>st</sup> Vice President.

**Motion 35-2017: Motion to close nominations for 1<sup>st</sup> Vice President. (Seconded) All in favor.**

2<sup>nd</sup> Vice President: **Nancy Greenseich** was nominated for the office of 2<sup>nd</sup> Vice President. The nomination was seconded. Nancy accepted the nomination. There were no additional nominees for 2nd Vice President.

**Motion 36-2017: Motion to close nominations for 2nd Vice President. (Seconded) All in favor.**

Treasurer: **Bill Quinn** was nominated for the office of Treasurer. The nomination was seconded. Bill accepted the nomination. There were no additional nominees for Treasurer.

**Motion 37-2017: Motion to close nominations for Treasurer. (Seconded) All in favor.**

Membership Secretary: **Jackie Dalambakis** was nominated for the office of Membership Secretary. The nomination was seconded. Jackie declined the nomination. **George DeMott** was nominated for the office of Membership Secretary. The nomination was seconded. George accepted the nomination. There were no additional nominees for Membership Secretary.

**Motion 38-2017: Motion to close nominations for Membership Secretary. (Seconded) All in favor.**

**Motion 39-2017: Motion for recording secretary to cast 1 vote for all unopposed positions. (Seconded) All in favor.**

Volunteers were taken for the following appointed positions: Sergeant At Arms, Recording Secretary, Legislative Liaison, Public Relations Officer, Safety Officer, Road Captain, Newsletter Editor, Webmaster, Chaplain, Volunteer Coordinator and Products Officer.

### **LI ABATE Runs / Events**

**December 9 - Holiday Party** at the Backstage Pass, Ronkonkoma, 7pm, free to all LI ABATE members. free buffet / drink specials. Non-members \$10.

### **Club News**

**Bob / Long Island HOG:** 12/4, 33<sup>rd</sup> Annual Toy Run. Meet at Babylon Town Hall, Sunrise Hwy, Lindenhurst. Reg. begins at 10, KSU 12 noon. Run goes to Little Flower, Wading River.

**Pastor Gerry / Bikers for Christ Motorcycle Ministry:** 12/16 Christmas celebration, 4-8pm, American Legion Hall, Brentwood. \$20 pp.

**Am Vets Post 1174** expressed gratitude for the funds received at our Veterans Appreciation Fund Dinner.

50/50: \$73 to the winner. **Lorenzo** donated his winnings to the 2018 Veterans Appreciation fund.

**Motion 40-2017: Motion to adjourn. (Seconded) All in favor.** Meeting adjourned at 8:49.







# Long Island ABATE 2017 Christmas-Holiday Party at the Backstage Pass in Ronkonkoma

Photos by Ron Monteleone



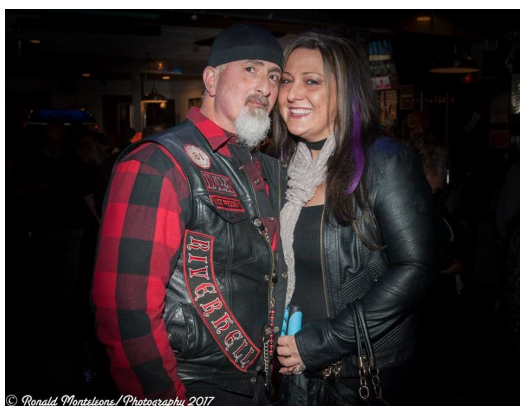
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Please visit our website to see more photos from the Christmas-Holiday Party and other events at [Longislandabate.org](http://Longislandabate.org)





# Products

Winter has arrived with a vengeance, it's a good thing we have plenty of zippered and crewneck sweatshirts to help you brave the cold. Come to Tuesday nights meeting and maybe there will be special, to help you warm up,

**HAVE A HAPPY,SAFE and HEALTHY NEW YEAR!!!!**

Kathy



# Project9line Program Menu

**Free for All Military and Veterans**

- ♥ **Writing Workshop**-call to register -start date to be announced
- ♥ **Art Classes** – Friday's @ 11am- P9L HQ
- ♥ **Comedy Workshop** – call for information/ register
- ♥ **Vets MMA**- Thursday's 8-9pm @ UFC Gym 130 Broad Hollow Rd Farmingdale, NY
- ♥ **Guitar Group**-Tuesday's- beginner-5:45pm advanced-7pm -P9L HQ
- ♥ **Yoga & Reiki**- Tuesday's @ 4:30pm, Reiki is included on the 3<sup>rd</sup> Tuesday of each month -P9L HQ
- ♥ **Private Fencing class**- call to register for a free intro class for you and your guest, followed by 3 open nights free of charge -Mission Fencing -345 Rt 25A Rocky point - 631-821-1131
- ♥ **Recreational Horseback Riding**- call 631-786-9708- Great strides @ saddlerock Ranch--41 coram-sweezytown Rd Middle Island NY
- ♥ **Monthly Wellness** -3/26/17-3-4:30pm-EFT/ The tapping solution
- ♥ **Drum Lessons**- call for information
- ♥ **Bass Guitar Group**- Thursday's 5:30 pm -P9L HQ

**Please register in advance-631-841-1141 or [info@project9line.org](mailto:info@project9line.org)**  
**Project9line headquarters located @ 25 Union Ave Islip,NY**

**[WWW.project9line.org](http://WWW.project9line.org)**



# SAFETY & LEGISLATION

## Cold Weather Riding Tips

**Cold weather means colder tires.** And as everyone should know, cold tires equate to limited traction to truly get heat in the tires, accelerate and decelerate quickly for a bit, obviously being aware of traction. **Hard on brakes to hard on the throttle puts heat in tires more quickly.**

Also, make sure you have **adequate tread on your tires** for winter riding. It may snow, and you'll need to channel water/snow more than ever on wet roads that are cold.

**And check your tire pressure. Check your tire pressure religiously before every ride. This is more than crucial during the winter months when optimal traction is needed.**

### Watch for Salt, Fresh Cracks due to Plows and Black Ice

Salt is not only an enemy to metal, but also traction. Treat salt like ice, if you see crystallized objects on the side of the road, stay away. If forced to run too much lean angle, your front tire can quickly wash out. Also remember that those plow trucks destroy roads, huge and able to chew up rims. **And black ice. If it even remotely looks like ice, stay away.**

**Remember most motorcycles weren't designed for winter riding.** Motorcycles can quickly succumb to rust. Whenever the sun is out and the roads are clear, give your bike a thorough wash to rid it of as much salt as possible. **This is a great time to further inspect your bike TCLOCKS.**

### Increase Visibility and Following Distance

While riding in the winter, increase your visibility and space. Look further down the road, to help you recognize hazards before they occur. Increased visibility allows you to react to a potential threat well in advanced, and this is more than needed in winter when **traction is limited from the cold roads.** As for following distance, open it up. I maintain a few car lengths of space ahead of me, allowing me to react to hazards, such as cars ahead stopping, or being able to see something on the road.

Riding on a car's ass is completely wrong.

**If it begins snowing, get home.** The white stuff can accumulate quickly, providing the slickest conditions.

Keep an eye on the forecasts, and if there's **even a threat of major snow, keep the bike home.**

## Legislature Topics

### **We will continue to Oppose Motorcycle Profiling and Motorcycle Exhaust Volume Motorcycle Profiling**

#### **We support Assembly Bill A00481**

SAME AS **Senate Bill [S04506](#)**

Requires the municipal police training council to ensure that issues related to motorcycle profiling are addressed in basic law enforcement training.

#### **We oppose Assembly Bill 03033**

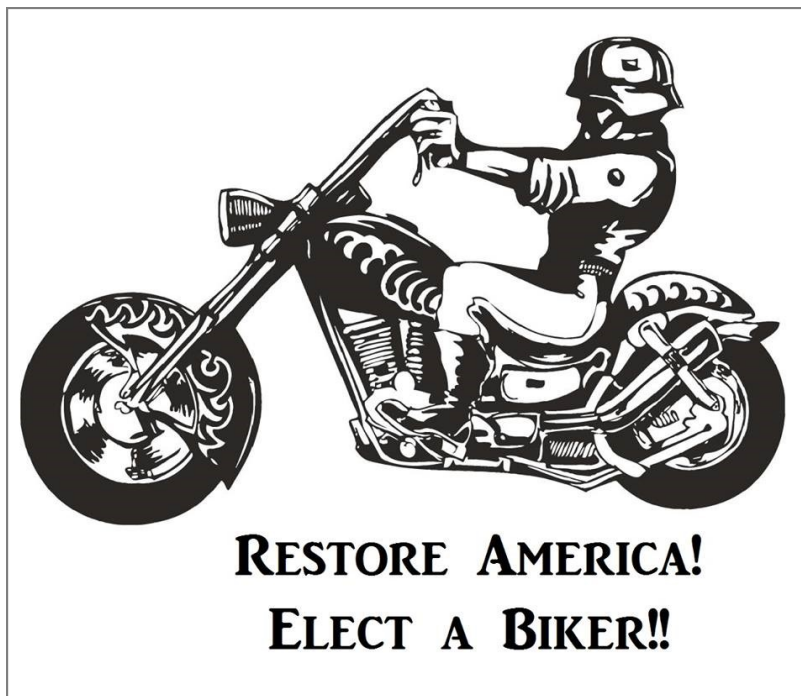
SAME AS **Senate Bill 03528**

This Bill attempts to lower the sound level emitted from the mufflers of a motor vehicle. These values are lower than the federal limits.

[~~82~~] **74** dB(A) at 35 MPH      [~~86~~] **81** dB(A) at 54MPH

**More to come on these topics.**

**Mike Lauro**



# T-CLOCS<sup>SM</sup> Inspection Checklist



T-CLOCS ITEM	WHAT TO CHECK	WHAT TO LOOK FOR	CHECK-OFF	
<b>T-TIRES &amp; WHEELS</b>				
Tires	Condition	Tread depth, wear, weathering, evenly seated, bulges, embedded objects.	Front	Rear
	Air Pressure	Check when cold, adjust to load.	Front	Rear
Wheels	Spokes	Bent, broken, missing, tension, check at top of wheel: "ring" = OK — "thud" = loose spoke.	Front	Rear
	Cast	Cracks, dents.	Front	Rear
	Rims	Out of round/true = 5mm. Spin wheel, index against stationary pointer.	Front	Rear
	Bearings	Grab top and bottom of tire and flex: No freeplay (click) between hub and axle, no growl when spinning.	Front	Rear
	Seals	Cracked, cut or torn, excessive grease on outside, reddish-brown around outside.	Front	Rear
Brakes	Function	Each brake alone keeps bike from rolling.	Front	Rear
	Condition	Check pads and discs for wear.	Front	Rear
<b>C-CONTROLS</b>				
Handlebars	Condition	Bars are straight, turn freely, handgrips and bar ends are secure.		
Levers and Pedal	Condition	Broken, bent, cracked, mounts tight, ball ends on handlebar levers, proper adjustment.		
	Pivots	Lubricated.		
Cables	Condition	Fraying, kinks, lubrication: ends and interior.		
	Routing	No interference or pulling at steering head, suspension, no sharp angles, wire supports in place.		
Hoses	Condition	Cuts, cracks, leaks, bulges, chafing, deterioration.		
	Routing	No interference or pulling at steering head, suspension, no sharp angles, hose supports in place.		
Throttle	Operation	Moves freely, snaps closed, no revving when handlebars are turned.		
<b>L-LIGHTS &amp; ELECTRICS</b>				
Battery	Condition	Terminals; clean and tight, electrolyte level, held down securely.		
	Vent Tube	Not kinked, routed properly, not plugged.		
Headlamp	Condition	Cracks, reflector, mounting and adjustment system.		
	Aim	Height and right/left.		
Tail lamp/brake lamp	Condition	Cracks, clean and tight.		
	Operation	Activates upon front brake/rear brake application.		
Turn signals	Operation	Flashes correctly.	Front left Rear left	Front right Rear right
Switches	Operation	All switches function correctly: engine cut-off, hi/low beam, turn signal.		
Mirrors	Condition	Cracks, clean, tight mounts and swivel joints.		
	Aim	Adjust when seated on bike.		
Lenses & Reflectors	Condition	Cracked, broken, securely mounted, excessive condensation.		
Wiring	Condition	Fraying, chafing, insulation.		
	Routing	Pinched, no interference or pulling at steering head or suspension, wire looms and ties in place, connectors tight, clean.		
<b>O-OIL &amp; OTHER FLUIDS</b>				
Levels	Engine Oil	Check warm on center stand on level ground, dipstick, sight glass.		
	Gear Oil, Shaft Drive	Transmission, rear drive, shaft.		
	Hydraulic Fluid	Brakes, clutch, reservoir or sight glass.		
	Coolant	Reservoir and/or coolant recovery tank — check only when cool.		
	Fuel	Tank or gauge.		
Leaks	Engine Oil	Gaskets, housings, seals.		
	Gear Oil, Shaft Drive	Gaskets, seals, breathers.		
	Hydraulic Fluid	Hoses, master cylinders, calipers.		
	Coolant	Radiator, hoses, tanks, fittings, pipes.		
	Fuel	Lines, fuel valve, carbs.		
<b>C-CHASSIS</b>				
Frame	Condition	Cracks at gussets, accessory mounts, look for paint lifting.		
	Steering-Head Bearings	No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks.		
	Swingarm Bushings	Raise rear wheel, check for play by pushing/pulling swingarm.		
Suspension	Front Forks	Smooth travel, equal air pressure/damping, anti-dive settings.	Left	Right
	Rear Shock(s)	Smooth travel, equal pre-load/air pressure/damping settings, linkage moves freely and is lubricated.	Left	Right
Chain or Belt	Tension	Check at tightest point.		
	Lubrication	Side plates when hot. Note: do not lubricate belts.		
	Sprockets	Teeth not hooked, securely mounted		
Fasteners	Threaded	Tight, missing bolts, nuts.		
	Clips & Cotter Pins	Broken, missing.		
<b>S-STANDS</b>				
Center stand	Condition	Cracks, bent.		
	Retention	Springs in place, tension to hold position.		
Side stand	Condition	Cracks, bent (safety cut-out switch or pad equipped).		
	Retention	Springs in place, tension to hold position.		





# LI ABATE 2018 HANDBOOK

## Ad Submission Form & FREE Bike Run Listing

### Business Card Ad Size:

**\$50** for \*print ready submissions needing zero attention after scanning.

**\$75** for any new ad to be created (includes layout, typesetting, and artwork) or any ad needing changes, re-sizing, or touch-ups that take over 10 minutes after scanning.

### Full Page Ad Size:

**\$100** for \*print ready submissions needing zero attention after scanning.

**\$125** for any new ad to be created (includes layout, typesetting, and artwork) or any ad needing changes, re-sizing, or touch-ups that take over 10 minutes after scanning.

**\*Print ready files accepted: PDF or JPG (200 dpi or more - no exceptions).**

Please make sure artwork is free from wrinkles, folds, marks, or tears. Any file needing photoshop attention will require the additional \$25 fee. Color or black & white files are okay.

### **FREE Bike Run Ad**

Clubs Only | Final deadline: March 1st

Date: \_\_\_\_\_

Club: \_\_\_\_\_

Event Name: \_\_\_\_\_

2018 Actual Book Size: 4.25" x 5.5"

Full Page Ad  
<SEE DOTTED LINE>  
3.25"W x 4.5"H

Business Card (1/2 Page Ad):  
<SEE GREY LINE>  
3.25"W x 2.2"H

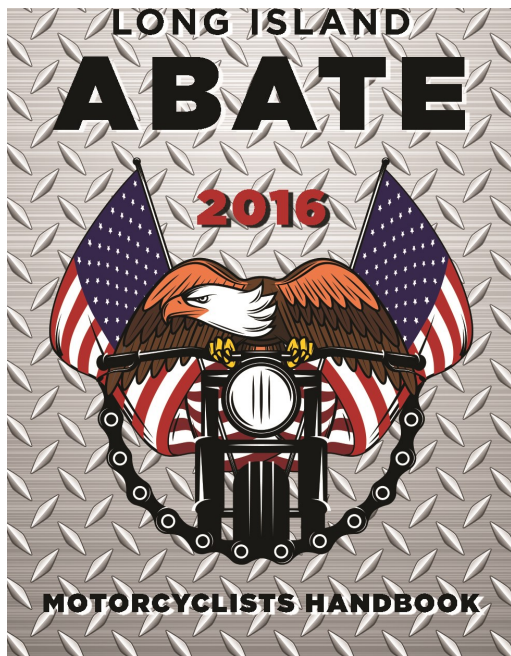
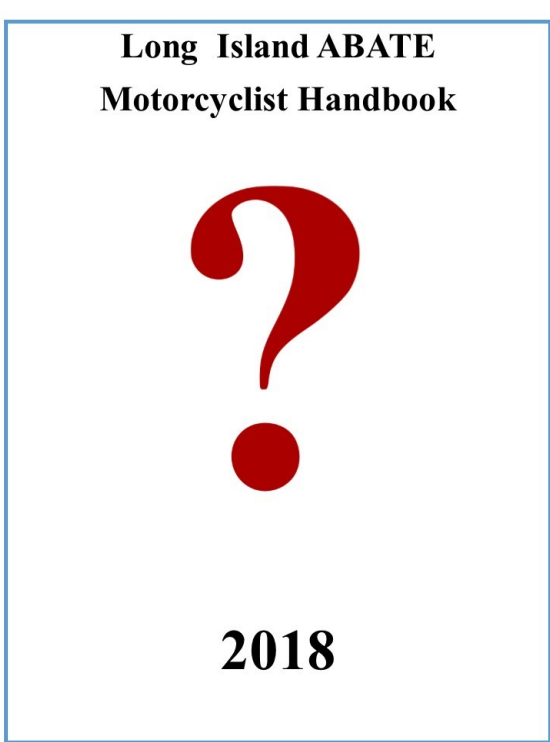
**FINAL DEADLINE** for all artwork, ad copy, electronic files and **FREE** bike run listing:

**MARCH 1<sup>ST</sup>, 2018**

*Handbook to be printed & distributed after:  
April 1<sup>st</sup>, 2018*

For questions contact:  
**LI ABATE** at **1-888-LIABATE** or  
**LONGISLANDABATE@AOL.COM**

Please mail ads with payment made out to:  
**LI ABATE, P.O. Box 22**  
**Yaphank, NY 11980**





# MEMBERSHIP

## 2018 Renewal Incentives

**Membership is \$20 yearly**

\$5 off your membership for each new member you refer, up to four new members.

*\*The new memberships must be submitted with your renewal.*

## **5 Year Renewal for \$80**

**Life Time Membership**

\$10 per year for the amount of years left to 25 years

Renewals letters are being mailed as your renewals come up. ***It is imperative*** that members renew and that we keep our membership numbers up. It is the only way we can be effective when we meet with public officials, as we are representing over 1,500 members. Please be sure to verify your information and make any necessary corrections. Due to the cost of postage, pins will no longer be mailed out. Yearly membership pins will be available at our meetings and booths. Please let me know if your not getting our emails.  
-George



# OUR MISSION:

Promote awareness and education in the motorcycling community to improve riders' safety, and educate non-riders globally in the interest of all riders' safety.

We are a 501C3 Corporation. Please donate—your donation is tax deductible. To donate, go to our website listed at the bottom.

## Motorcycle Riders Foundation Awareness & Education (MRFA&E)

2221 S. Clark Street  
Arlington, VA 22202  
(202) 546-0983

[www.mrfae.org](http://www.mrfae.org)



**Motorcycle Riders Foundation Awareness & Education (MRFA&E)** was established to promote motorcycle awareness and education due to an ever-increasing rider population. Motorcycle riders and activist have long recognized that motorcycle rider education and awareness are crucial in enhancing rider safety. No one is more concerned with rider safety than riders themselves, and obviously those best suited to educate newer riders are veteran riders.



## It's time you did something more to protect your rights!

**JOIN AND SUPPORT Motorcycle Riders Foundation REGISTER, VOTE, WRITE AND RIDE!**

- Annual Individual Membership \$30   
  3-Year Individual Membership \$80   
  Annual Sustaining Membership \$100  
 Annual Joint Membership \$50   
  3-Year Joint Membership \$130   
  New Member     Renewal Member # \_\_\_\_\_  
 Freedom Fighter Donation:   
  \$10     \$25     \$ \_\_\_\_\_

FOR OFFICE USE ONLY  
(All information treated confidentially)

Referred by \_\_\_\_\_  
 Date \_\_\_\_\_  
 MRF# \_\_\_\_\_  
 Exp. Date \_\_\_\_\_  
 Member was given:  
 Pin  
 Patch  
 Year Rocker  
 Newsletter  
 What issue? \_\_\_\_\_

### PLEASE PRINT OR TYPE YOUR INFORMATION

Name		Phone (    )    -	
Address			
City	State	Zip	
E-mail Address			
Are you a member of a state motorcyclists' rights organization? <input type="checkbox"/> Yes <input type="checkbox"/> No    If yes, name: _____			

Mail with remittance to:    Motorcycle Riders Foundation, Inc. 1325 G Street N.W. Suite 500, Washington, DC 20005  
(202) 546-0983 • [www.mrf.org](http://www.mrf.org) • [mrfoffice@mrf.org](mailto:mrfoffice@mrf.org)

### CHARGE IT!

<input type="checkbox"/> Visa <input type="checkbox"/> MasterCard	Card #	Exp. Date
<input type="checkbox"/> American Express	Signature	Date



# **VOLUNTEER COORDINATOR**

## **VOLUNTEERISM**

**Volunteer Coordinator : Andrea Peponakis-Matzner**

**As the holiday season (which traditionally lasts from November through the beginning of January) is upon us, our natural tendency during this time is to give generously to others in whatever manner we are able. It is a time to spend with family, friends and with those who may need some cheering up. It is a time to reflect on the year we are saying so long to and to set goals for the upcoming year. I am proud to say that our ABATE volunteers share this holiday spirit all year long!**

**No matter what season it may be, ABATE members are always at our events to lend a helping hand which is key to the enormous success of our organization. Thank you so much to all of you for your dedication, support and devotion. We cannot reach the heights we do without you.**

**As a new year approaches, I look forward to sharing more memories with past volunteers and welcoming any new ones who want to help make Long Island ABATE the best it can be in 2018.**

**May you all enjoy and be safe during this holiday time and always.**

**New volunteers can contact me at: [Profe239@aol.com](mailto:Profe239@aol.com) or (631) 377-2987**

# WANTED

## Volunteer Drivers for Veterans



Nassau County provides vehicles to transport residents to/from the Northport VA, East Meadow & Valley Stream Clinics and Hicksville Vet Center



**Edward P. Mangano**  
County Executive

Monday-Friday from 8 am – 5 pm  
Please donate any time you have to give!  
(Valid NYS driver's license required.)



**Ralph Esposito**  
Director

Veterans Service Agency  
2201 Hempstead Turnpike, Building Q in East Meadow, NY  
(516) 572.6526





# 2nd Vice President

Happy New Year!!

Thank you for allowing me to be part of the ABATE Board. I'm looking forward to another year of doing great stuff with and for Long Island ABATE and all of its wonderful members.

If you are interested in advertising in the handbook or newsletter, please send me your info!

70 days until first day of Spring :)

Nancy





Long Island ABATE is a proud member of the  
AMA and the MRF.


LONG ISLAND ABATE, Inc.  
American Bikers for Awareness, Training & Education

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[www.LongIslandABATE.org](http://www.LongIslandABATE.org)







## EVER WONDER WHAT THE TEMPERATURE IS AT RIDING SPEEDS...

RIDING SPEED (mph)	AIR TEMPERATURE (Degrees F)														
	30	35	40	45	50	60	55	65	70	75	80	85	90	95	100
5	27	32	37	43	48	58	53	64	69	74	79	85	90	95	100
10	16	22	28	34	40	53	47	59	65	71	77	84	90	96	102
15	9	15	22	29	36	49	42	56	63	69	76	83	90	96	103
20	4	11	18	25	32	47	39	54	61	68	75	82	89	97	104
25	0	8	15	22	30	45	37	52	60	67	74	82	89	97	104
30	-3	5	13	20	28	43	36	51	59	66	74	82	89	97	105
35	-5	3	11	19	27	42	35	50	58	66	74	81	89	97	105
40	-6	2	10	18	26	42	34	50	57	65	73	81	89	97	105
45	-7	1	9	17	25	41	33	49	57	65	73	81	89	97	105
50	-7	1	9	17	25	41	33	49	57	65	73	81	89	97	105
55	-8	0	9	17	25	41	33	49	57	65	73	81	89	97	105
60	-8	1	9	17	25	41	33	49	57	65	73	81	89	97	105
65	-9	1	9	17	25	41	33	49	57	65	73	81	89	97	105



# MOTORCYCLE HAND SIGNALS



**Left turn**  
Arm and hand  
extending  
left, palm  
facing down



**Right turn**  
Arm out, bent  
at 90° angle,  
fist clenched.



**Stop**  
Arm extended  
straight down,  
palm facing  
back.



**Speed Up**  
Arm extended  
straight out,  
palm facing up,  
swing upward.



**Slow Down**  
Arm extended  
straight out, palm  
facing down,  
swing down to  
your side.



**Follow Me**  
Arm extended  
straight up  
from shoulder,  
palm forward.



**You Lead/Come**  
Arm extended  
upward 45°, palm  
forward pointing  
with index finger,  
swing in arc from  
back to front.



**Hazard in  
Roadway**  
On the left,  
point with left  
hand; on the  
right, point  
with right foot.



**Single File**  
Arm and index  
finger extended  
straight up.



**Double File**  
Arm with index  
and middle  
finger extended  
straight up.



**Comfort Stop**  
Forearm  
extended, fist  
clenched with  
short up and  
down motion.



**Refreshment  
Stop**  
Fingers  
closed, thumb  
to mouth.



**Turn Signal On**  
Open and close  
hand with  
fingers and  
thumb extended.



**Pull Off**  
Arm positioned  
as for right turn,  
forearm swung  
toward shoulder.



**Cops Ahead**  
Tap on top of  
helmet with  
open palm down.



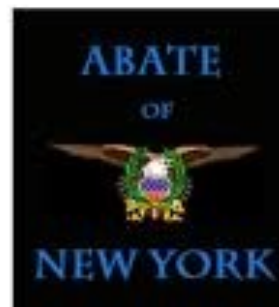
**Fuel**  
Arm out to  
side pointing  
to tank with  
finger  
extended.

# LONG ISLAND ABATE



American Bikers for Awareness, Training & Education

## SUPPORT YOUR MOTORCYCLE RIGHTS ORGANIZATIONS





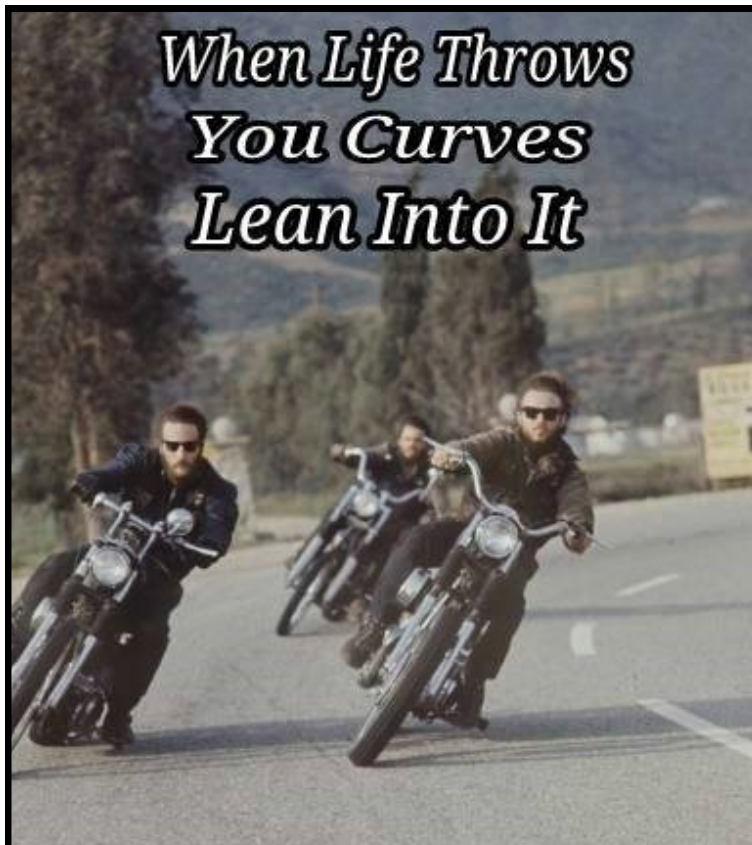
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*(This Offer is only posted in the LI ABATE Newsletter for their Members)*

**Membership Benefits includes:**

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National Income Life Insurance Company**

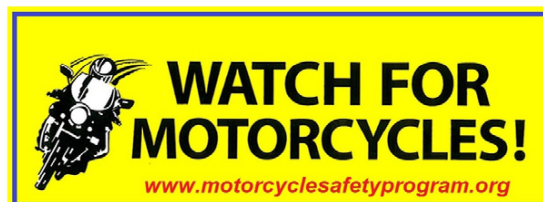
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*(We have nearly 80 Sponsors to date with more expressing interest in joining our team)*

**And More..**

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<http://www.motorcyclesafetyprogram.org/li-abate.html>





15<sup>TH</sup> ANNUAL NEW YEAR'S DAY  
**COLD FINGER RUN**



2018

LONG ISLAND, NY

**WBAB**  
102.3

CAMP ADVENTURE | KIDS NEED M<sup>ORE</sup>

**POSTPONED**

**THIRD TIME'S THE CHARM**

**RESCHEDULED DATE**  
**SUNDAY, JANUARY 14**  
**DON'T GET COLD FEET!**







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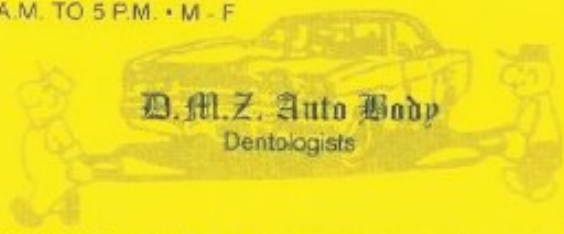


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**Don Gomo**

President / Director



Email - [admin@motorcyclesafetyprogram.org](mailto:admin@motorcyclesafetyprogram.org)

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**CHRIS CAFIERO**

Owner

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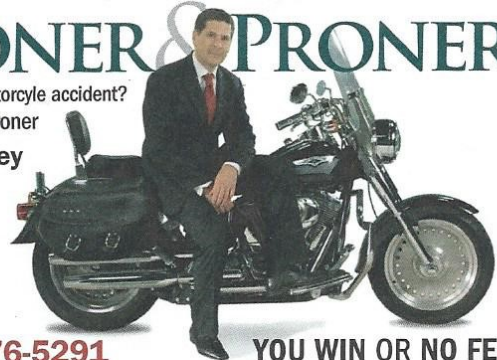
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# Newsletter Editor

Dear Members,

This is **YOUR** newsletter so I will fill it with all the information, articles, pictures and fun stuff that



you send me. If you have something you want added to our calendar in the newsletter, please let me know. I will be doing two months at a time as you will see in this edition. The Board spoke about advertisements, and there will be a charge if you want to advertise in the newsletter. Thank you to all who take pictures and load them on Facebook!! I try to find flyers to all the events, but I do apologize if your flyer doesn't make it. Email it to me or message me on FB and I will definitely get it in here..

**Mailings:** Our newsletter will be paperless. So every month you will be sent an email with a link to the newsletter when it gets posted on our website at [www.longislandabate.org](http://www.longislandabate.org). Please let me know if you cannot open it or don't get the email about it, and I will help you. It will also be posted on Facebook on our two pages. *Do to it being very expensive, we can no longer print and mail the newsletters out to the membership.*

**Advertisements:** If you are interested in advertising your business in our newsletter, please see the prices on the last page of the newsletter. Please email me your advertisements. Thank you

**Flyers and Events:** If you would like your events listed on our calendar, or have a flyer to submit, please email it to me at [Nancygee66@gmail.com](mailto:Nancygee66@gmail.com) Please get it to me before the month of your event. There will be a fee if your flyer is listed more than once.

**WANTED** Motorcycle Clubs and Organizations: Your story and history about your Patch and how it all got started!!

**Your Submissions:** Please feel free to send in pictures, funny cartoons, stories, ideas for the newsletter. I am open for all suggestions, comments, complaints. If you have a bike or parts for sale, I can list that. If you would like your own column on household tips, recipes, or great riding places to go to, concert info, or a community service thing going on, please contact me.

Thank you and Ride Like the Wind!!

Nancy

Editor Long Island ABATE Monthly Newsletter

[Nancygee66@gmail.com](mailto:Nancygee66@gmail.com)

631-220-1004

## 2018



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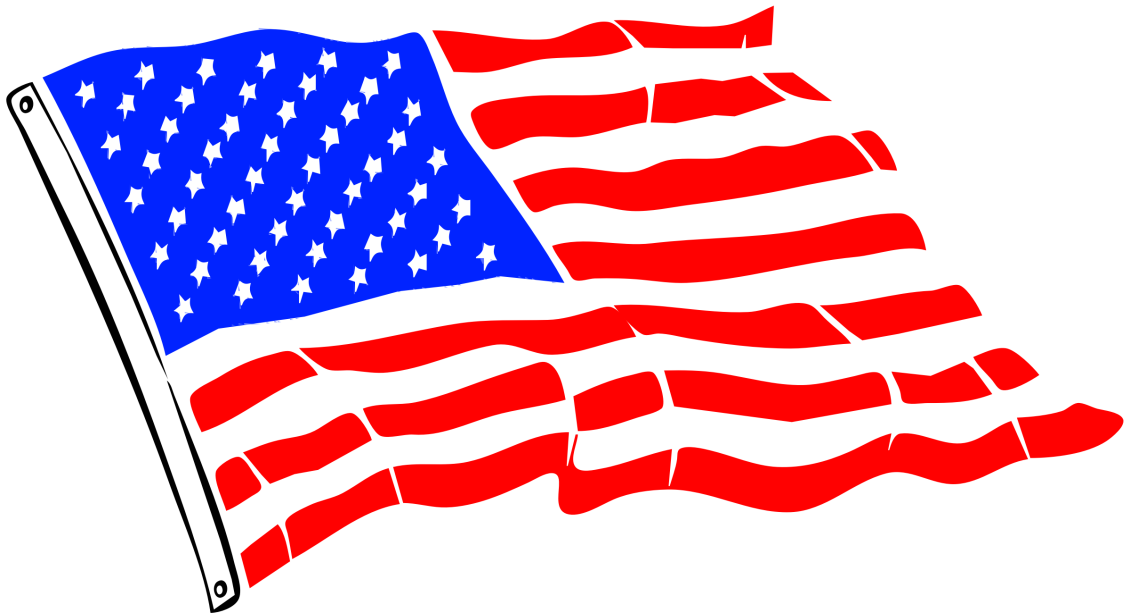
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