

Long Island ABATE

American Bikers for Awareness, Training & Education

NEWSLETTER

February 2018



Suffolk County Legislator Rudolph Sunderman swearing in the 2018 Long Island ABATE Board members on January 9th.

Photo by Ron Monteleone

Next Meetings

Tuesday February 13, 2018 in Suffolk

Tuesday February 20, 2018 in Nassau

www.longislandabate.org//1-888-liabate

A B A T E is American Bikers for Awareness, Training & Education

The main purpose of the ABATE organization is to work toward continued freedom of the road by insuring that motorcyclist's point of view is presented to our legislators and to promote motorcycle safety, rider education and awareness. We are trying to alleviate the very real possibility of "Big Brother Government". We encourage all our members to be informed registered voters. We write letters to our elected officials and stay aware of what is going on with motorcycle legislation, education, and other transportation issues.

We welcome interested persons to any of our activities or to join our organization.

2018 Long Island ABATE Board Members

President-----Jim Barr / Longislandabate@aol.com
Vice President 1 -----Nick LaMorte / zuma51@aol.com
Vice President 2----- Nancy Greenseich / nancygee66@gmail.com
Treasurer -----Bill Quinn / nevalnut@aol.com
Membership Secretary--George DeMott / gdemott@gmail.com
Recording Secretary--- Roseann Barr / liabate@aol.com
Sergeant-at-arms-----Chris Beckhans / cbeckhans@aol.com
Legislative/Safety Mike Lauro / mlauro@optonline.net
Volunteer Coordinator--Andrea Peponakis / profe239@aol.com
Road Captain-----Joe Pizzo / joepizzo18@yahoo.com
Chaplain----- Gerry Waldron / Gerry.bfceli@gmail.com
Public Relations-----Andrea Peponakis / profe239@yahoo.com
Products-----Kathy Pfeil / frstbofeastwick@aol.com
Website/Newsletter--- -Nancy Greenseich / nancygee66@gmail.com

MAILING ADDRESS

**Long Island ABATE
P.O. BOX 22
YAPHANK, NY 11980**

Call the ABATE HOTLINE anytime
For any info or to contact any officer

1-888-LIABATE

Contact us if you would like to
advertise in the ABATE newsletter at
1-888-liabate. Classified ads are free
to members. Event Flyers are free for
one month.

**PLEASE SUPPORT
OUR ADVERTISERS**

Long Island ABATE encourages all members to submit letters, articles or cartoons they feel may be of interest to fellow ABATE members. Long Island ABATE supports the rights of ALL motorcyclists, however Long Island ABATE does not endorse any products or services other than its own. All articles and photo's within the contents of this newsletter and our web-site are property of Long Island ABATE. You may not use them without express written consent of the newsletter editor, web-master, or LI ABATE board.



Please email your
newsletter submissions to
Nancy Greenseich
Nancygee66@gmail.com
or on facebook under
Long Island ABATE

Disclaimer: The thoughts and opinions expressed in this newsletter are those of the individual contributors alone and do not necessarily reflect the views of the Long Island ABATE Board and its members.

If you would like to advertise in our monthly newsletter, please send your ad to nancygee66@gmail.com and payment to Long Island ABATE PO Box 22 Yaphank, NY 11980

Newsletter Advertisement Rates

Business Card size \$5 a month/\$60 yearly

1/4 Page \$10 a month/\$120 yearly

1/2 Page \$20 a month/\$240 yearly

Full Page \$40 a month/\$480 yearly

Run/Event Flyers One Month Free

Free *For Sale* Advertisements to all LI ABATE Members

Attention Amazon Online Shoppers

Long Island ABATE is pleased to announce that we are now registered with Amazon as a charitable organization. Amazon donates 0.5% of the price of eligible smile.amazon.com purchases to charities selected by its customers.

Please use the link below when shopping on Amazon to support Long Island ABATE.

<https://smile.amazon.com/ch/46-3331806>

UPCOMING DATES

2018 Long Island ABATE Court Dates, Meetings & Events

Tuesday February 13th General Meeting Lake Ronkonkoma

Tuesday February 20th General Meeting Massapequa

Tuesday March 13th General Meeting Lake Ronkonkoma-CHILI CONTEST

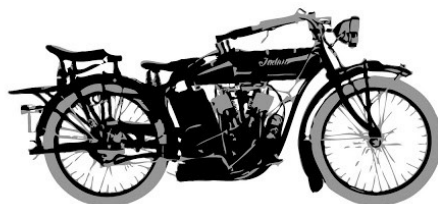
Tuesday March 20th General Meeting Massapequa

Tuesday April 10th General Meeting Lake Ronkonkoma

Reminder: Tuesday February 13th, Long Island ABATE general meeting. Free Food is at 6:30 pm. Meeting starts at 7:30pm at the Lake Ronkonkoma Fire District Hall on the n/e corner of Hawkins Ave and Portion Road (177 Portion Road Lake Ronkonkoma)

To accommodate those who live in Western Suffolk and Nassau County, we will have an informal meeting the following Tuesday, February 20th, to recap our February general meeting. Pizza will be served at 7pm. Meeting will start at 7:30pm at the Marine Corps League @ 99 New York Ave in Massapequa.

WILD THING



YOU MAKE MY HEART SING



PRESIDENT

Our Nassau county meetings seem to be becoming more popular as we start our 2nd year of holding meetings in Nassau. The meetings are held on the 3rd Tuesday of the month at The Marine Corps League, located at 99 New York Ave, Massapequa. We had our largest attendance last month with 33 people showing up in January. I'm excited to see such an interest in Nassau county! It's my hope that we can build a strong group there and hopefully expand into individually run chapters! It is important for us to establish a relationship with elected officials in Nassau county. If you have contacts, please do what you can to help us establish a rapport so that we can become more politically active there. I recently spoke with newly elected **Supervisor Joe Saladino of Oyster Bay**. He was very receptive to the idea of the town partnering with Long Island ABATE to increase motorcycle safety & awareness within the town of Oyster Bay. His enthusiasm was very encouraging, and we are looking forward to the partnership!

We will be having a free barbeque, as usual, before the Suffolk county meeting in February. But be advised that we are going to try something new for the March meeting. We are going to hold a Chili contest before the meeting. You are invited to sign up and bring your best chili to the meeting on March 13th. You can sign up at the February meeting or you can email us at Longislandabate@aol.com to register. All chili needs to be precooked and on site by 6:00pm. Good luck!

The annual Long Island calendar of events is almost complete by the motorcycle community. The 2 events that Long Island ABATE will have on the calendar are; the annual **Safety & Awareness Run with Full Throttle Magazine & Suffolk County Executive Steve Bellone** on Sunday, April 15th and Long Island ABATE's famous **Veterans Appreciation Run** will be Sunday, June 10th. Additionally, we will have 2 unofficial events that will not be on the official calendar. They are our annual **Campout** on August 18th and our 27-year tradition of the **St Mary's Food & Toy Run** on November 4th. Mark your calendars for all these fun events.

I look forward to seeing you soon at one of our monthly membership meetings; Tuesday February 13th in Ronkonkoma or Tuesday February 20th in Massapequa. Please stay safe!

Jim Barr



January 2018 Minutes

Long Island ABATE 1-9-18 Membership Meeting, Ronkonkoma, NY

Heroes and salads served before the meeting.

7:45 Meeting began with the Pledge of Allegiance

Swearing in of 2018 Officers: 2018 LI ABATE Board Officers sworn in by **Suffolk County Legislator, Rudy Saunderman**. *Jim thanked all the 2017 board officers for their efforts and looks forward to a productive year with the 2018 board.*

Suffolk County Legislator Rudy Saunderman, 3rd legislative district, praised LIABATE for educating the public about motorcycle safety and awareness, as well as encouraging the training of motorcyclists. As a former firefighter, fire chief, first responder and teacher at the Suffolk County Fire Academy, Legislator Saunderman appreciates the importance of what we do. He went on to address quality of life issues he wants to address as a legislator, including treatment and education of drug abuse and vacant houses. He responded to questions from the membership.

Introduction of 2018 LI ABATE Board: **President** Jim Barr, **1st Vice-President** Nick La Mort, **2nd Vice-President Newsletter / Website** Nancy G, **Treasurer** Bill Quinn, **Membership** George DeMott, **Sgt. At Arms** Chris Beckans, **Legislative Liaison / Safety Officer** Mike Lauro, **Recording Secretary** Roseann Barr, **Public Relations / Volunteer Coordinator** Andrea Matzner, **Products** Kathy Pfeil, **Road Captain** Joe Pizzo, **Chaplin** Gerry Waldron.

Welcome new members and guests.

There was no membership meeting in December. The minutes for our last membership meeting, November 2017, were published in the January 2018 newsletter.

Motion 1-2018: Motion to accept November 2017 membership meeting minutes as published in the January 2018 newsletter. (Seconded) All in favor.

Treasurer's Report: Jim gave treasurer's report in Bill's absence. *A voluntary donation jug to begin collecting for our 2018 Veterans fund was passed around. Bill, again, was able to secure three benefactors who will match all funds raised. Thank you to all who donated.*

Motion 2-2018: Motion to accept treasury report. (Seconded) All in favor.

Committee Reports

George / Membership: George reported 1,973 members on the books. 5 new members were signed up at tonight's meeting.

Memberships can be renewed by mail, online or at a membership meeting. Memberships can be renewed at any time. Your current membership will be extended for one year. ***It is imperative that members renew and that we keep our membership numbers up. It is the only way we can be effective when we meet with public officials in protecting the rights and safety of motorcyclists.*** If you are not receiving LI ABATE newsletters or e-mails, please let George or Nancy know and the e-mail data base will be updated.

Nancy / 2nd Vice-President / Website: Nancy continues to update the website. A *Google* calendar has been installed. Members can click on a date on the calendar and a list of events will come up for that date. **Newsletter:** Anyone wishing to advertise in our monthly newsletter, please contact Nancy.

Mike / Legislative Officer: Legislation that Mike will be focusing on this year include motorcycle profiling and revised exhaust pipe legislation. **Safety Officer:** Mike will work with Suffolk County Legislator Saunderman regarding road conditions. If anyone knows of a dangerous pothole, please let Mike know of the location. Mike reminds motorcyclists to check tire pressure before riding during the cold winter months. Mike cautions riders about slick roads.

Andrea / Public Relations: Andrea is excited about taking on public relations. She will be highlighting LI ABATE throughout the years, beginning with it's inception as a chapter of ABATE of NY. **Volunteer Coordinator:** Andrea will be collecting e-mail addresses and phone numbers for volunteers who wish to assist, in any capacity, on upcoming runs, events, booths, etc. Please see Andrea if you are willing to volunteer. Your help is always appreciated.

Joe / Road Captain: Joe is asking for volunteers for our upcoming runs / events. If anyone is interested in assisting with road guarding, parking/lining up bikes before a run, etc., please see Joe.

Kathy / Products: Winter products are available at all LI ABATE membership meetings. (crew sweatshirts \$15, zippered sweatshirts \$25, hoodies \$20, long sleeved shirts \$20, embroidered LI ABATE knit hats \$15)

Guest Speakers

Caldwell Banker Realtors Scott, a representative from the national office and local broker **Ron Starrantino**, spoke about the *Real Estate Advantage Program*, a nationwide program through Caldwell Banker Real Estate offered to LI ABATE members. Through this program, LI ABATE members will receive cash back when buying or selling property through a Caldwell Banker real estate agent. LI ABATE members will be linked with agent Ron Starrantino, a motorcycle enthusiast and LIABATE member. He will give back 20% of his commission at the conclusion of

a property purchase or sale. Ron also encourages members to call for a free, no obligation home appraisal.

Margaret, Mama Dukes, works for Motorcycle Mike Esq. She explained how they conduct monthly focus groups, or mock trials, where “jurors” will listen to the attorney’s case, then be questioned by the attorney for feedback. “Jurors” will be compensated \$60 for 2 ½ hours of their time. A focus group will be held Wednesday, Jan. 17, then will occur monthly. If anyone is interested, please contact Mama Dukes for further information or to fill out a survey.

Old Business

LI ABATE 2018 Motorcyclist Handbook: Nancy will begin working on the 2018 Motorcyclist Handbook. If anyone is interested in advertising, please let Nancy know. Advertising prices remain the same as last year, \$100 for a full-page ad and \$50 for a half-page ad. (If advertising art is needed, an additional \$25 fee will be imposed.)

NYS Governor’s Traffic Safety Committee Grant: LI ABATE was awarded \$29,400 for the year 2018, for educational and awareness materials to spread the motorcycle awareness message to the public sector. **Debbie Stondell** volunteered to help administer this grant.

NY Motorcycle Show at the Jacob Javits Center was held December 1-3. Jim thanked all who volunteered at our booth. LI ABATE paid for a 10x20 booth, which was reimbursed by **AIM Attorney, Mitch Proner**. ABATE of NY and CMRA were also invited to participate at this booth.

LI ABATE participated in a chili cook-off at Spirit’s Promise Horse Rescue on November 18. We did not place in the top four. All proceeds benefitted our Veterans.

WACO update: The first of the defendants, **Jake Carrizal , Dallas President of Bandidos MC**, went on trial. The evidence presented did not prove that Jake committed a crime, resulting in a hung jury. Most jurists polled did not feel he was guilty. A new trial date has been set for April. A second defendant was offered a one year deferred probation for pleading guilty to a misdemeanor charge. He otherwise faces a 25 to life sentence if convicted. The defendant declined the offer, determined to prove his innocence. Convictions in these cases will have ripple effects for motorcyclists throughout the country.

New Business

LI ABATE meeting location: Suffolk County membership meetings will continue at the current Ronkonkoma FD location. The Ronkonkoma FD has been charging LI ABATE \$50 per meeting to use this hall. At a recent FD board meeting, it was decided to raise meeting fees for all organizations to \$150 per meeting. This fee was deferred for LI ABATE until July 2018.

Organizational Meeting for all the motorcycle clubs on Long Island will take place on January 13th. The purpose of this meeting is to discuss runs and events for 2018. Representatives from LI ABATE will attend this meeting.

Oyster Bay Supervisor Joe Saladino and Jim met backstage at a *Marshall Tucker* concert. Jim spoke about LI ABATE. Supervisor Saladino expressed interest and agreed to post motorcycle awareness signs along town roadways.

ABATE of NY treasurer was asked to resign. He refused. Impeachment proceedings are underway for alleged misuse of funds.

LI ABATE Run / Event List

LI ABATE runs / events will be confirmed after the organizational meeting.

Motorcycle Clubs Runs / Events

Cold Finger Run: Run has been delayed until Sunday January 14. If the weather is poor, the run will be cancelled but the after party at *Grille in the Ville*, Farmingville, will continue.

HAMCLI Dinner Dance: February 25 @ Watermill Inn, Nesconset Hwy, Smithtown. \$85 per person includes food, open bar, music. (*LI ABATE has purchased tickets for a table. If anyone is interested in going, please let Jim know.*)

Debbie / Am Vets Ladies Auxiliary 48: Debbie thanked LI ABATE for the donation received from the 2017 Veterans Appreciation Fund. With those funds, they were able to donate 80 gift bags containing blankets, hats, scarfs, gloves, personal care kits, chocolates and a \$20 gift card for the veterans in the Northport Beacon House Emergency Shelter. Also included in the gift bag was a heartfelt card stating "Thank you for your service. You are not forgotten." These gift bags were greatly appreciated by our veterans.

50/50: \$90 to the winner. Thank you to **Mark, USVMC** who generously donated \$60 of his winnings to the Veterans Appreciation Fund.

Motion 3-2018: Motion to adjourn. (Seconded) All in favor. Meeting adjourned at 9:17.



SACRED STEEL MC

10TH ANNIVERSARY

**SUNDAY FEBRUARY 18TH
1PM - ?**



**FOOD / DRINKS / MUSIC
HOT TRAYS / BARBECUE / DESSERTS**

**FREE ADMISSION
1633 SYCAMORE AVE - BOHEMIA**

Long Island ABATE'S

March 13, 2018

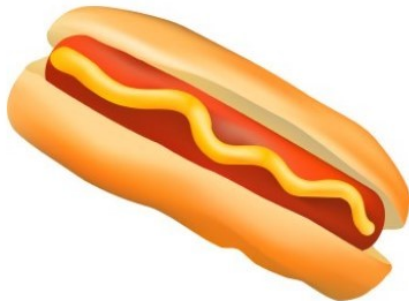
Chili Contest



MARCH 13TH MEETING CHILI CONTEST

You are invited to sign up and bring your best chili to the meeting on Tuesday March 13th. You can sign up at the February meeting or you can email us at Longislandabate@aol.com to register. All chili needs to be precooked and on site by 6:00pm

Good Luck!!!!





What is the Motorcycle Profiling Project?

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The Motorcycle Profiling Project (MPP) is dedicated to the grassroots effort to pass laws addressing profiling and discrimination. The MPP is not intended to replace other organizations. Rather, the project is intended to coordinate and unify the different elements and organizations in each state towards this common goal, including the Confederations and Coalitions of Clubs, US Defenders, C.O.I.R., ABATE, MMA, NCOM, MRF, AMA and the many smaller MRO's that exist around the country.

Who created the Motorcycle Profiling Project?

David "Double D" Devereaux, a motorcycle rights activist from Washington State, and a leading advocate for laws addressing the issue of motorcycle profiling in America. Double D spearheaded the effort in Washington as spokesperson for the movement. Double D represents the Washington State COC and US Defenders, NCOM Legislative Task Force, US Defenders National Office, BOLT, and he is a member or supporter of ABATE, the MRF, and the AMA. Also offering assistance to the project are Jeff "Twitch" Burns (activist, public records, media expert and documentary filmmaker), Bill "Colt" Kaitz (activist that leads the Maryland US Defenders), Donnie "Mr. Breeze" Landsman (activist, independent advocate and legislative expert), along with many others.

This unified effort resulted in the first law addressing motorcycle profiling in America. Importantly, Washington's law passed through the legislature unanimously and the same legislation is receiving support in many other states. The Maryland COC/US Defenders and ABATE, working with the Project, unanimously passed profiling legislation through their Senate in 2015 and seems likely to pass the law through both chambers in 2016.

Services

What services do the Motorcycle Profiling Project provide? The Motorcycle Profiling Project is designed to help your state with every step involved in the process of passing a law addressing the issue of motorcycle profiling. Based on the experiences and best practices of the highly effective motorcycle rights movement in Washington State, the Project will assist in organizing and preparing your state to take effective grassroots action. The project provides organizational recommendations, policy support materials, and legislative strategy. This includes, but is not limited to:

- Organizational strategy.
- Coordinating COC's and MRO's in a unified effort.
- Step-by-step Action Plan outlining the entire process, beginning to end.
- Construct a state-specific Pattern of Evidence.
- Drafting a Policy Report/Written Testimony. This is the state's official statement on legislation addressing the issue of motorcycle profiling.
- Drafting a Legislative Proposal and Legislative Packet
- Drafting a Request for Sponsorship
- Drafting CTA's and correspondence to legislators.
- Drafting testimony and providing testimony upon request, schedule permitting.
- Media support and press releases.

What do the Motorcycle Profiling Project's services cost? The Motorcycle Profiling Project offers all of its services to the motorcycling community FREE of charge. If an individual or organization sees value in the project, then contributions are highly appreciated. The project relies on these contributions as the sole means of covering expenses and compensation for work performed. The more support the project receives, the more support the project can provide the motorcycling community.

As the movement to pass profiling laws accelerates, so has the time demands and workload. A project of this magnitude entails office expenses, travel, and time. So if you think the project is valuable, organize a benefit and make a contribution.

Contributions go directly to the The Motorcycle Profiling Project. Contributions are NOT Tax deductible. Online contributions can be made at motorcycleprofilingproject.com or The Motorcycle Profiling Project on Facebook. Contract based consulting is also available if a particular state or community prefers a traditional and structured agreement.

Please visit the Motorcycle Profiling Project website if you would like more information and to participate in the National Motorcycle Profiling Survey

<http://www.motorcycleprofilingproject.com>



Products

Winter has arrived with a vengeance. It's a good thing we have plenty of zippered and crewneck sweatshirts to help you brave the cold. Come to Tuesday nights meeting and maybe there will be special, to help you warm up!

HAVE A HAPPY,SAFE and HEALTHY NEW YEAR!!!!

Kathy

Motorcycle Riders Foundation

10th
Annual

BIKERS INSIDE THE BELTWAY

MAY 15, 2018



THE NATION'S ONLY MOTORCYCLE LOBBY DAY



SAFETY & LEGISLATION

- Long Island ABATE was present at January's Highway safety meeting. We educated the traffic safety board that even in January when the temperatures are in the twenties, we still have motorcyclists on the road. We expressed our concerns with the conditions of the roads and the hazards it presents to us.
- Pot holes have been filled on portions of the Long Island Expressway. I have seen Brookhaven Town out with their crews filling potholes.
- Harley-Davidson is recalling 175,000 motorcycles because the brakes *might fail*. The U.S. recall covers more than 30 models from the 2008 through 2011 model years. **Harley says deposits can form on brake parts if the fluid isn't changed every two years as specified in the owner's manual. That can cause a valve in the antilock brake control unit to stick.**
- The U.S. government's National Highway Traffic Safety Administration began investigating problems in July of 2016 after getting 43 complaints including three reports of crashes and two injuries. (Thanks Jim for the update.)
- One accomplishment Long Island ABATE has on the legislative side is, New York State has added two motorcycle related questions on the written exam pool for 2018.
- In the third week of February LIABATE will be making appointments with our representatives for the Bikers Inside the Beltway located in Washington D.C. on Monday May 14th and Tuesday the 15th. 2018. Feel free to ride down and meet your representatives.
- Something to be aware of is PARKING your scooter. In Our Towns, Hamlets, Villages on Long Island. Be aware of where you are parking and the regulations for that parking lot. We have to know if the facility wants us to share a spot with motorcycles or not. Know if there is a time limit or free parking available. According to an article in Newsday Bay Shore has claimed they reaped over \$900,000 in parking fees. Parking violations netted over \$130,000. The Town of Oyster Bay is looking into increasing their parking fees. This could impact parking in Massapequa.

Legislature Topics

We will continue to Oppose Motorcycle Profiling and Motorcycle Exhaust Volume Motorcycle Profiling

We support Assembly Bill A00481

SAME AS **Senate Bill [S04506](#)**

Requires the municipal police training council to ensure that issues related to motorcycle profiling are addressed in basic law enforcement training.

We oppose **Assembly Bill 03033**

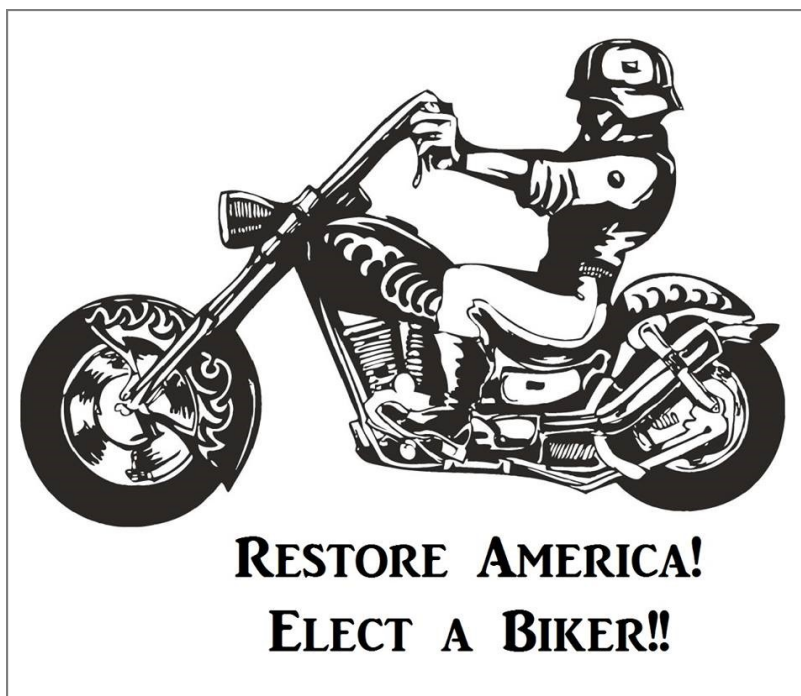
SAME AS **Senate Bill 03528**

This Bill attempts to lower the sound level emitted from the mufflers of a motor vehicle. These values are lower than the federal limits.

[~~82~~] **74** dB(A) at 35 MPH [~~86~~] **81** dB(A) at 54MPH

More to come on these topics.

Mike Lauro



T-CLOCSSM Inspection Checklist



T-CLOCS ITEM	WHAT TO CHECK	WHAT TO LOOK FOR	CHECK-OFF	
T-TIRES & WHEELS				
Tires	Condition	Tread depth, wear, weathering, evenly seated, bulges, embedded objects.	Front	Rear
	Air Pressure	Check when cold, adjust to load.	Front	Rear
Wheels	Spokes	Bent, broken, missing, tension, check at top of wheel: "ring" = OK — "thud" = loose spoke.	Front	Rear
	Cast	Cracks, dents.	Front	Rear
	Rims	Out of round/true = 5mm. Spin wheel, index against stationary pointer.	Front	Rear
	Bearings	Grab top and bottom of tire and flex: No freeplay (click) between hub and axle, no growl when spinning.	Front	Rear
	Seals	Cracked, cut or torn, excessive grease on outside, reddish-brown around outside.	Front	Rear
Brakes	Function	Each brake alone keeps bike from rolling.	Front	Rear
	Condition	Check pads and discs for wear.	Front	Rear
C-CONTROLS				
Handlebars	Condition	Bars are straight, turn freely, handgrips and bar ends are secure.		
Levers and Pedal	Condition	Broken, bent, cracked, mounts tight, ball ends on handlebar levers, proper adjustment.		
	Pivots	Lubricated.		
Cables	Condition	Fraying, kinks, lubrication: ends and interior.		
	Routing	No interference or pulling at steering head, suspension, no sharp angles, wire supports in place.		
Hoses	Condition	Cuts, cracks, leaks, bulges, chafing, deterioration.		
	Routing	No interference or pulling at steering head, suspension, no sharp angles, hose supports in place.		
Throttle	Operation	Moves freely, snaps closed, no revving when handlebars are turned.		
L-LIGHTS & ELECTRICS				
Battery	Condition	Terminals; clean and tight, electrolyte level, held down securely.		
	Vent Tube	Not kinked, routed properly, not plugged.		
Headlamp	Condition	Cracks, reflector, mounting and adjustment system.		
	Aim	Height and right/left.		
Tail lamp/brake lamp	Condition	Cracks, clean and tight.		
	Operation	Activates upon front brake/rear brake application.		
Turn signals	Operation	Flashes correctly.	Front left Rear left	Front right Rear right
Switches	Operation	All switches function correctly: engine cut-off, hi/low beam, turn signal.		
Mirrors	Condition	Cracks, clean, tight mounts and swivel joints.		
	Aim	Adjust when seated on bike.		
Lenses & Reflectors	Condition	Cracked, broken, securely mounted, excessive condensation.		
Wiring	Condition	Fraying, chafing, insulation.		
	Routing	Pinched, no interference or pulling at steering head or suspension, wire looms and ties in place, connectors tight, clean.		
O-OIL & OTHER FLUIDS				
Levels	Engine Oil	Check warm on center stand on level ground, dipstick, sight glass.		
	Gear Oil, Shaft Drive	Transmission, rear drive, shaft.		
	Hydraulic Fluid	Brakes, clutch, reservoir or sight glass.		
	Coolant	Reservoir and/or coolant recovery tank — check only when cool.		
	Fuel	Tank or gauge.		
Leaks	Engine Oil	Gaskets, housings, seals.		
	Gear Oil, Shaft Drive	Gaskets, seals, breathers.		
	Hydraulic Fluid	Hoses, master cylinders, calipers.		
	Coolant	Radiator, hoses, tanks, fittings, pipes.		
	Fuel	Lines, fuel valve, carbs.		
C-CHASSIS				
Frame	Condition	Cracks at gussets, accessory mounts, look for paint lifting.		
	Steering-Head Bearings	No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks.		
	Swingarm Bushings	Raise rear wheel, check for play by pushing/pulling swingarm.		
Suspension	Front Forks	Smooth travel, equal air pressure/damping, anti-dive settings.	Left	Right
	Rear Shock(s)	Smooth travel, equal pre-load/air pressure/damping settings, linkage moves freely and is lubricated.	Left	Right
Chain or Belt	Tension	Check at tightest point.		
	Lubrication	Side plates when hot. Note: do not lubricate belts.		
	Sprockets	Teeth not hooked, securely mounted		
Fasteners	Threaded	Tight, missing bolts, nuts.		
	Clips & Cotter Pins	Broken, missing.		
S-STANDS				
Center stand	Condition	Cracks, bent.		
	Retention	Springs in place, tension to hold position.		
Side stand	Condition	Cracks, bent (safety cut-out switch or pad equipped).		
	Retention	Springs in place, tension to hold position.		



LI ABATE 2018 HANDBOOK

Ad Submission Form & FREE Bike Run Listing

Business Card Ad Size:

\$50 for *print ready submissions needing zero attention after scanning.

\$75 for any new ad to be created (includes layout, typesetting, and artwork) or any ad needing changes, re-sizing, or touch-ups that take over 10 minutes after scanning.

Full Page Ad Size:

\$100 for *print ready submissions needing zero attention after scanning.

\$125 for any new ad to be created (includes layout, typesetting, and artwork) or any ad needing changes, re-sizing, or touch-ups that take over 10 minutes after scanning.

***Print ready files accepted: PDF or JPG (200 dpi or more - no exceptions).**

Please make sure artwork is free from wrinkles, folds, marks, or tears. Any file needing photoshop attention will require the additional \$25 fee. Color or black & white files are okay.

FREE Bike Run Ad

Clubs Only | Final deadline: March 1st

Date: _____

Club: _____

Event Name: _____

2018 Actual Book Size: 4.25" x 5.5"

Full Page Ad
<SEE DOTTED LINE>
3.25"W x 4.5"H

Business Card (1/2 Page Ad):
<SEE GREY LINE>
3.25"W x 2.2"H

FINAL DEADLINE for all artwork, ad copy, electronic files and **FREE** bike run listing:

MARCH 1ST, 2018

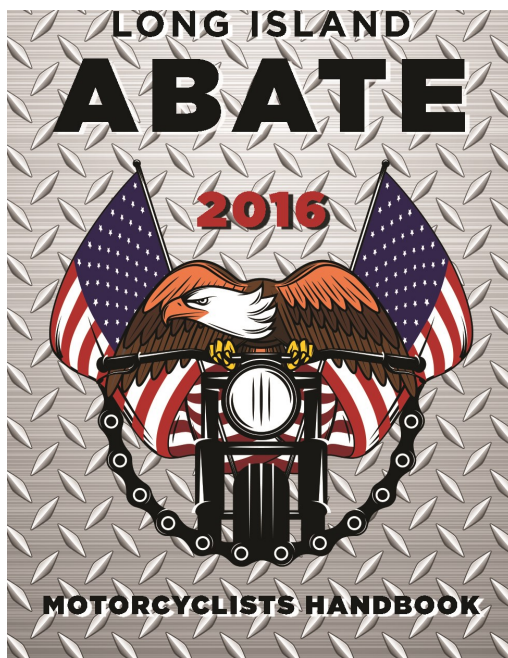
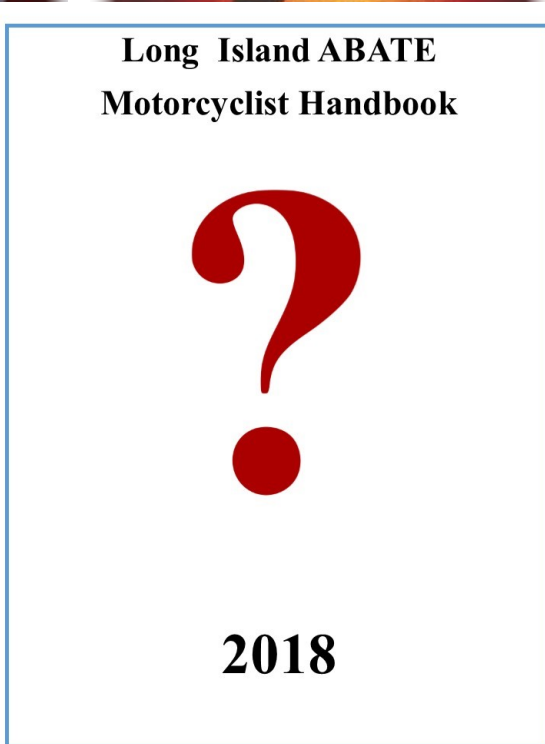
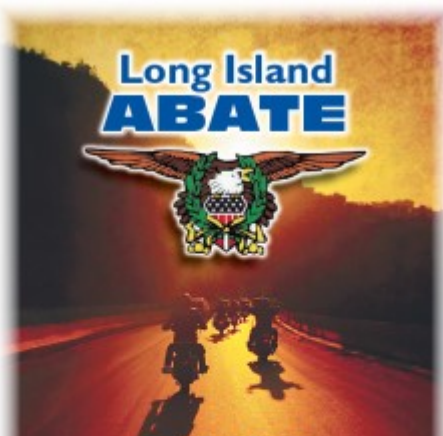
*Handbook to be printed & distributed after:
April 1st, 2018*

For questions contact:

LI ABATE at **1-888-LIABATE** or
LONGISLANDABATE@AOL.COM

Please mail ads with payment made out to:

LI ABATE, P.O. Box 22
Yaphank, NY 11980





MEMBERSHIP

2018 Renewal Incentives

Membership is \$20 yearly

\$5 off your membership for each new member you refer, up to four new members.

**The new memberships must be submitted with your renewal.*

5 Year Renewal for \$80

Life Time Membership

\$10 per year for the amount of years left to 25 years

Renewals letters are being mailed as your renewals come up. ***It is imperative*** that members renew and that we keep our membership numbers up. It is the only way we can be effective when we meet with public officials, as we are representing over 1,500 members. Please be sure to verify your information and make any necessary corrections. Due to the cost of postage, pins will no longer be mailed out. Yearly membership pins will be available at our meetings and booths. Please let me know if your not getting our emails.
-George

OUR MISSION:

Promote awareness and education in the motorcycling community to improve riders' safety, and educate non-riders globally in the interest of all riders' safety.

We are a 501C3 Corporation. Please donate—your donation is tax deductible. To donate, go to our website listed at the bottom.

Motorcycle Riders Foundation Awareness & Education (MRFA&E)

2221 S. Clark Street
Arlington, VA 22202
(202) 546-0983

www.mrfae.org



Motorcycle Riders Foundation Awareness & Education (MRFA&E) was established to promote motorcycle awareness and education due to an ever-increasing rider population. Motorcycle riders and activist have long recognized that motorcycle rider education and awareness are crucial in enhancing rider safety. No one is more concerned with rider safety than riders themselves, and obviously those best suited to educate newer riders are veteran riders.



FOR OFFICE USE ONLY
(All information treated confidentially)

Referred by _____
Date _____
MRF# _____
Exp. Date _____
Member was given:
☐ Pin
☐ Patch
☐ Year Rocker
☐ Newsletter
What issue? _____

It's time you did something more to protect your rights!

JOIN AND SUPPORT Motorcycle Riders Foundation

REGISTER, VOTE, WRITE AND RIDE!

- ☐ Annual Individual Membership \$30 ☐ 3-Year Individual Membership \$80 ☐ Annual Sustaining Membership \$100
☐ Annual Joint Membership \$50 ☐ 3-Year Joint Membership \$130 ☐ New Member ☐ Renewal Member # _____
Freedom Fighter Donation: ☐ \$10 ☐ \$25 ☐ \$ _____

PLEASE PRINT OR TYPE YOUR INFORMATION

Name		Phone () -
Address		
City	State	Zip
E-mail Address		
Are you a member of a state motorcyclists' rights organization? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, name: _____		

Mail with remittance to: Motorcycle Riders Foundation, Inc. 1325 G Street N.W. Suite 500, Washington, DC 20005
(202) 546-0983 • www.mrf.org • mrfoffice@mrf.org

CHARGE IT!

- ☐ Visa ☐ MasterCard
☐ American Express

Card #	Exp. Date
Signature	Date



VOLUNTEER COORDINATOR

VOLUNTEERISM

Volunteer Coordinator: Andrea Peponakis-Matzner

Hello All, I sure hope you had a wonderful January and that you are well rested after the holiday season. Speaking of season, the riding season will be upon us before we know it! I know that we all cannot wait to feel the wind in our faces while riding on our ABATE runs.

Specific details will follow, but for now, here is a list of dates to remember:

Sunday, April 15, 2018- Safety and Awareness Run

Sunday, June 10, 2018- Veterans Appreciation Run

Saturday, August 18- Sunday, August 19, 2018 - Campout

Sunday, November 4, 2018- St. Mary's Food and Toy Run

Saturday, December 8, 2018- ABATE Christmas party

Please email me at Profe239@aol.com if you would like to sign up to volunteer at any of the above listed events. The more, the merrier! See you soon and stay safe, my friends.

Full Throttle Magazine & Long Island ABATE
w/support from Suffolk County Executive Steve Bellone
present

SUNDAY APRIL 15TH

**Registration
9:30am-11am**

SAVE THE DATE!

**9TH ANNUAL
MOTORCYCLE
AWARENESS
RIDE**

**IN CONJUNCTION WITH
LONG ISLAND ABATE's
ANNUAL BIKE BLESSING**

**TO BRING PUBLIC AWARENESS
TO MOTORCYCLE SAFETY**
for info call: 631-285-6981

Reg: H. Lee Dennison Bldg 100, Veterans Memorial Hwy, Hauppauge 9:30a-11a
Blessing upon arrival by members of the Rushing Wind Biker Church MM
(Press Conference 11am)
Safety Workshops & Demonstrations by SCPD,
Empire State Motorcycle Safety Education Program,

Police Escorted Ride to End Site TBD

Pre-Register at www.longislandabate.org
\$15 rider / \$10 passenger, includes free ride patch
MUST be received by March 31st, 2018
Day of Event: \$20/rider... \$15/passenger... \$10 walk-ins
Proceeds to support Long Island ABATE's Motorcycle Awareness Campaign



MORE DETAILS TO FOLLOW!

Please visit www.longislandabate.org if you would like to save \$5 by pre-registering for this annual run.

Volunteer Drivers for Veterans

WANTED



Nassau County provides vehicles to transport residents to/from the Northport VA, East Meadow & Valley Stream Clinics and Hicksville Vet Center



Monday-Friday from 7 am – 5 pm
Please donate any time you have to give!
[Valid NYS driver's license required.]



VETERANS SERVICE AGENCY

Ralph Esposito, Director

2201 Hempstead Turnpike, Building Q in East Meadow, NY

[516] 572.6526 Christine Sohmer



2nd Vice President

If you are interested in advertising in the handbook or newsletter, please send me your info! The deadline for the handbook is March 1st. The handbooks will be ready for distribution on April 15th at the Safety and Awareness Run.

Nancy





Long Island ABATE is a proud member of the
AMA and the MRF.

LONG ISLAND ABATE, Inc.
American Bikers for Awareness, Training & Education


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www.LongIslandABATE.org

**MOTORCYCLE
AWARENESS**





EVER WONDER WHAT THE TEMPERATURE IS AT RIDING SPEEDS...

RIDING SPEED (mph)	AIR TEMPERATURE (Degrees F)														
	30	35	40	45	50	60	55	65	70	75	80	85	90	95	100
5	27	32	37	43	48	58	53	64	69	74	79	85	90	95	100
10	16	22	28	34	40	53	47	59	65	71	77	84	90	96	102
15	9	15	22	29	36	49	42	56	63	69	76	83	90	96	103
20	4	11	18	25	32	47	39	54	61	68	75	82	89	97	104
25	0	8	15	22	30	45	37	52	60	67	74	82	89	97	104
30	-3	5	13	20	28	43	36	51	59	66	74	82	89	97	105
35	-5	3	11	19	27	42	35	50	58	66	74	81	89	97	105
40	-6	2	10	18	26	42	34	50	57	65	73	81	89	97	105
45	-7	1	9	17	25	41	33	49	57	65	73	81	89	97	105
50	-7	1	9	17	25	41	33	49	57	65	73	81	89	97	105
55	-8	0	9	17	25	41	33	49	57	65	73	81	89	97	105
60	-8	1	9	17	25	41	33	49	57	65	73	81	89	97	105
65	-9	1	9	17	25	41	33	49	57	65	73	81	89	97	105



MOTORCYCLE HAND SIGNALS



Left turn
Arm and hand
extending
left, palm
facing down



Right turn
Arm out, bent
at 90° angle,
fist clenched.



Stop
Arm extended
straight down,
palm facing
back.



Speed Up
Arm extended
straight out;
palm facing up,
swing upward.



Slow Down
Arm extended
straight out, palm
facing down,
swing down to
your side.



Follow Me
Arm extended
straight up
from shoulder,
palm forward.



You Lead/Come
Arm extended
upward 45°, palm
forward pointing
with index finger,
swing in arc from
back to front.



**Hazard in
Roadway**
On the left,
point with left
hand; on the
right, point
with right foot.



Single File
Arm and index
finger extended
straight up.



Double File
Arm with index
and middle
finger extended
straight up.



Comfort Stop
Forearm
extended, fist
clenched with
short up and
down motion.



**Refreshment
Stop**
Fingers
closed, thumb
to mouth.



Turn Signal On
Open and close
hand with
fingers and
thumb extended.



Pull Off
Arm positioned
as for right turn,
forearm swung
toward shoulder.



Cops Ahead
Tap on top of
helmet with
open palm down.



Fuel
Arm out to
side pointing
to tank with
finger
extended.

LONG ISLAND ABATE



American Bikers for Awareness, Training & Education

SUPPORT YOUR MOTORCYCLE RIGHTS ORGANIZATIONS



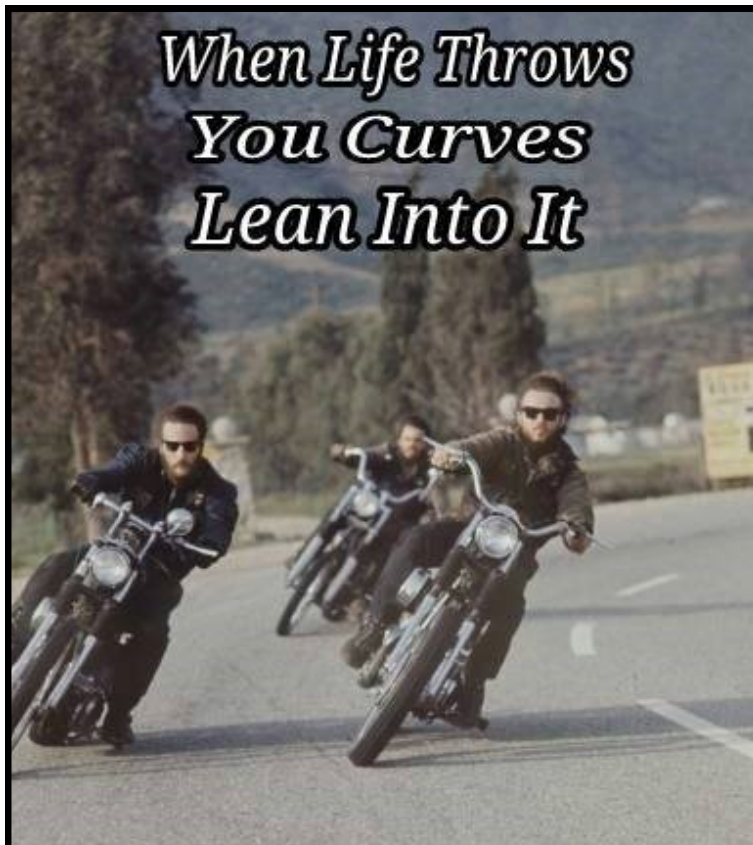
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**Help Support the Promotion of
Motorcycle Awareness & the Benefits of Rider Education**

Become a Member Today

Long Island ABATE Members receive an Exclusive

25% Discounted 1 Year Membership (\$18)

(This Offer is only posted in the LI ABATE Newsletter for their Members)

Membership Benefits includes:

**\$4000 Accidental Death & Dismemberment Insurance Policy from
National Income Life Insurance Company**

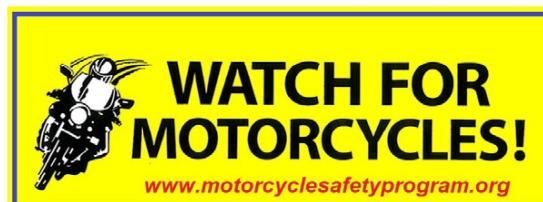
Membership Discounts from Sponsoring Partners

(We have nearly 80 Sponsors to date with more expressing interest in joining our team)

And More..

Special Website Link for Membership Discount

<http://www.motorcyclesafetyprogram.org/li-abate.html>







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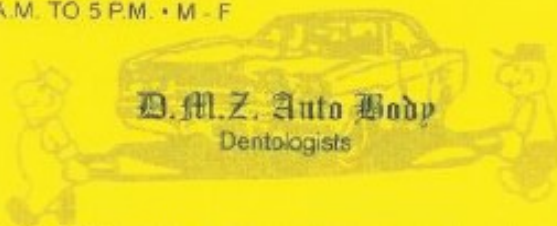
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Don Gomo

President / Director



Email - admin@motorcyclesafetyprogram.org

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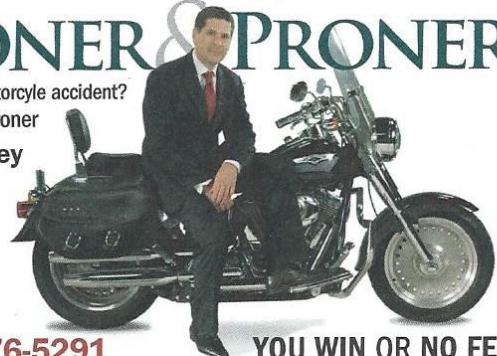
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Newsletter Editor

Dear Members,

This is **YOUR** newsletter so I will fill it with all the information, articles, pictures and fun stuff that is sent to me.

Mailings: Our newsletter is paperless. Every month you will be sent an email with a link to the newsletter when it gets posted on our website at www.longislandabate.org. *Do to it being very expensive, we can no longer print and mail the newsletters out to the membership.*

Advertisements: If you are interested in advertising your business in our newsletter, please see the prices on page 3 of the newsletter.

Flyers and Events: If you have a flyer to submit, please email it to me at nancygee66@gmail.com. Please get it to me before the month of your event. There will be a fee if your flyer is listed more than once.

Your Submissions: Please feel free to send in pictures, funny cartoons, stories, ideas for the newsletter. I am open for all suggestions, comments, complaints. If you have a bike or parts for sale, I can list it. If you would like your own column on household tips, recipes, or great riding places to go to, concert info, or a community service thing going on, please contact me.

Thank you and Ride Like the Wind!!

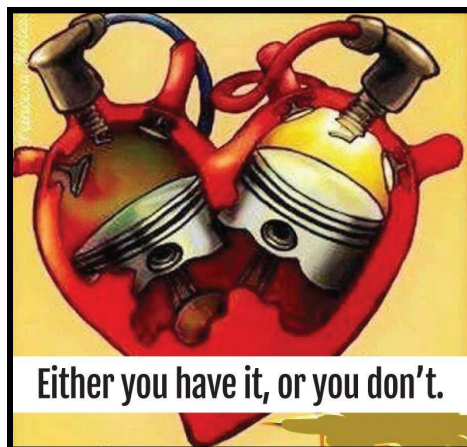
Nancy

Editor Long Island ABATE Monthly Newsletter

Nancygee66@gmail.com

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2018





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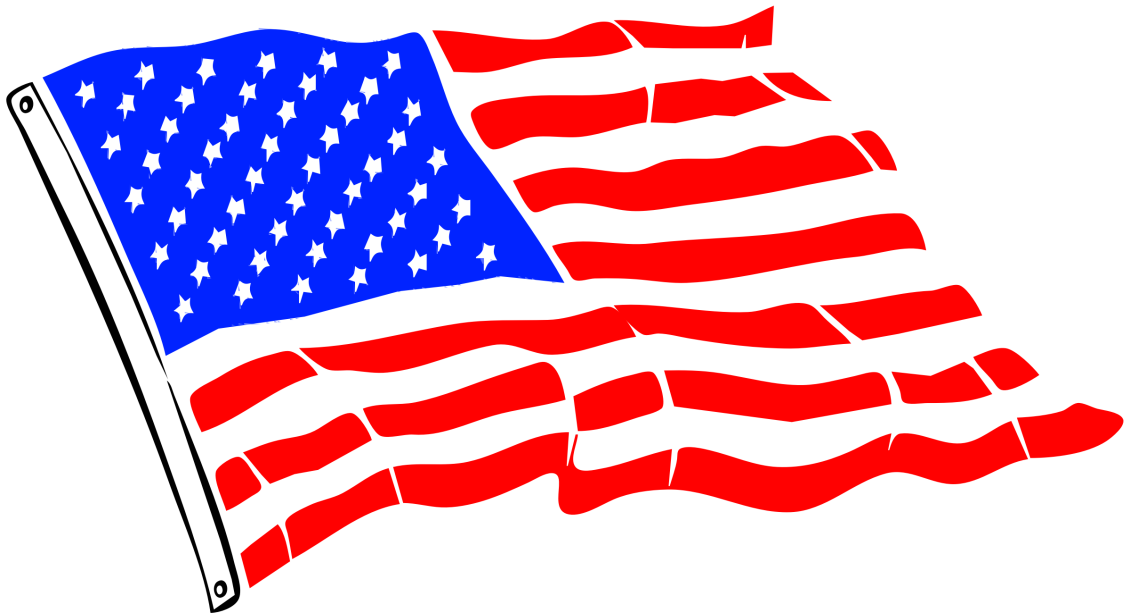


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