



LONG ISLAND ABATE

AMERICAN BIKERS FOR AWARENESS - TRAINING - EDUCATION



JUNE
NEWSLETTER
2023

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"IT DOES NOT MATTER
WHAT YOU RIDE
WE ALL RIDE FOR
FREEDOM OF THE ROAD"

We Want You



To Ride With Us!

Long Island ABATE



AMERICAN BIKERS for AWARENESS TRAINING & EDUCATION

The main purpose of the ABATE organization is to work toward continued freedom of the road by insuring that motorcyclist's point of view is presented to our legislators and to promote motorcycle safety, rider education and public awareness. We are trying to alleviate the very real possibility of "Big Brother Government". We encourage all our members to be informed registered voters. We write letters to our elected officials and stay aware of what is going on with motorcycle legislation, and other transportation issues. We welcome interested parties to any of our activities or to join our organization.

NOTICE

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Call the **ABATE HOTLINE** anytime for any info or to contact any officer

1-888-LIABATE

*Long Island ABATE encourages all members to submit letters, articles or cartoons they feel may be of interest to fellow members.
Long Island ABATE supports the rights of ALL motorcyclists.
Long Island ABATE does not endorse any products or services other than its own.*

DISCLAIMER

The thoughts and opinions expressed in this newsletter are those of the individual contributors alone and do not necessarily reflect the views of the Long Island ABATE board and it's members.

President's Message

Hello Everyone,

As always, I hope all are well. Here we are in June already. May was a very busy month for Long Island ABATE. We have been to quite a few different Bike Events held by various clubs and organizations including the Ronkonkoma Street fair. May was Motorcycle Awareness month. We had to reschedule our 14th Annual Motorcycle Awareness Run from April 30th to May 14th Due to the weather conditions. We also had the honor of having Dick



"Slider" Gilmore give a safety presentation at our Membership Meeting. The title of the presentation was Blue Haired Old Ladies, Road Alligators, And Tar Snakes. We opened the Meeting with The Pledge of Allegiance and a Moment of Silence for those who are no longer with us. We then quickly went through the important stuff so Slider would be able to take the floor quickly. The room was packed, and the presentation was Great and well received by the Members. Slider's presentation was very informative and at times interactive. There was a lot of Member participation and I believe Everyone got something out of it. Slider has many presentations in his portfolio, ranging from Accident Scene Management to What Successful People Do and More. If ever you have the opportunity to attend a presentation or have him do a presentation, I would Highly recommend it.

We had the opportunity to Attend the Hudson Valley Event. There I met with Bruce LaPorte and picked up our latest version of our Motorcycle Awareness Presentation for the Drivers Education Classes we teach in high schools. We will be teaching the new program in the summer classes.

Parking lot Practices are back thanks to Mark Briganti. We set up in Ronkonkoma on 5/13 and we had 15 people attend and 12 participate, it was a great start to the weekend. The following day Long Island ABATE hosted our 14th Annual Motorcycle Awareness Run. We had over 140 people sign up even though it was Mother's Day. We had On The Road Again and Big Apple Motorcycle Schools there As well as a cone riding demonstration thanks to Tommy and Bill Byrne, Joe Martin and Kevin Tirman. The weather was great and so was the run to the Riverhead Elks Lodge. I want to Thank all that Attended and the Volunteers who helped through out the day. I Especially want to thank the Indian Riders Group, Long Island HOG, Bikers for Christ, Rushing Wind Biker Church, Legislator Leslie Kennedy, Legislator Nick Caracappa, and Suffolk County Comptroller John Kennedy. I would also like to thank Chase Millwater and Chris for the Great Photography work.

Monday 5/15 we headed to Washington DC.

There we met with many representatives from 32 different states and together we discussed our legislative agenda for the following day.



The next day Nick Lamorte, Jim Barr and I along with over 130 others met with our Representatives and expressed our concerns and asked that they support our issues and sign on to help protect our rights and safety. The day went well afterwards, re-capped our meetings and proceeded back to New York.

We are currently finalizing the Details for our upcoming Veterans Appreciation Run. The run will be held on June 11th.

I hope to see everyone at the upcoming events.

Long Island ABATE is still looking for a Recording Secretary and a Donations Coordinator. If you're interested, please send an email, or give a Board member a call.

As always Long Island ABATE is looking for input and participation from members to better the organization as well as volunteers to help us maintain and grow the organization, while protecting the rights of motorcyclists and trying to keep us safe. If you would like to get more involved or have ideas, please reach out to myself or any Board Member. We would love to have you and or your input.

Thank You for your continued support.

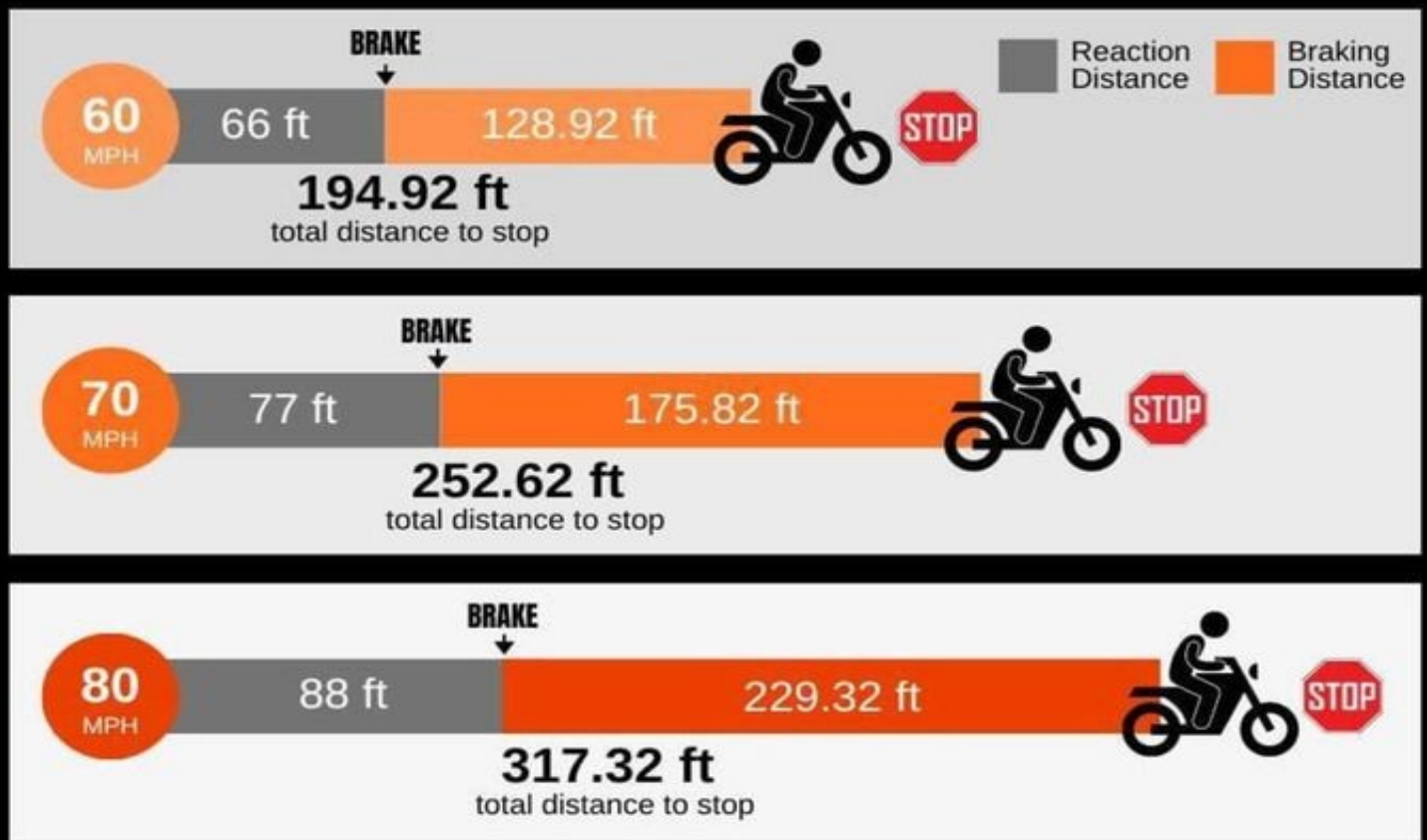
Ride Safe and Be Well

Chris Beckhans,

President of Long Island ABATE

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SAVE THE DATE!

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2023 VETERANS APPRECIATION RUN



Sunday June 11th, 2023

Please join us for a salute to our Veterans!



\$20 per person

Sign up is from 9:30-11:00 AM the Riverhead Elks Lodge
1239 E Main St, Riverhead, NY

End Site: Southampton Elks Lodge #1574
605 County Road 39, Southampton, NY



All proceeds go to the Veterans *(All contributions to be matched by private donors)*

For more information contact 1-888-LIABATE or visit us at www.longislandabate.org

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BITB 2023













LONG ISLAND ABATE
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To members having a Birthday in JUNE

10 Sounds of Summer That Can Harm Your Hearing

Life just seems easier in summer. Maybe that's because the warmer months give us more opportunities to kick back, relax and have fun. But when the temperature rises, so do the number of noisy activities that could potentially damage our hearing. There's no need to worry, though. By knowing what they are and remembering to protect your ears, you can keep yourself safe and enjoy all that the season has to offer.

Sun's Out, Fun's Out and Earplugs Are In

Noise-induced hearing loss (NIHL) is more common than you might think. A 2011 study estimated that up to 40 million adults (24%) have features of their hearing test that suggest hearing loss in one or both ears from exposure to loud noises.¹ NIHL is caused by a one-time exposure to a sound that is too loud or continuous exposure to loud sounds over time. Any sound at or above 85 decibels (dB) can cause hearing loss.

Here are some of the loud summertime activities that pose a threat to your family's hearing:

FIREWORKS DISPLAYS—The snap, crackle and pop of fireworks sure look pretty, but they can do a number on your ears. Most fireworks clock in at 125 dB, which is in the danger zone for hearing damage. Use earplugs for adults and young children and earmuffs for babies and toddlers. Even a single blast can do harm!

AIR SHOWS—Don't just wing it when you go to an air show—bring your hearing protection. The sound of a jet engine is between 120 and 140 dB, which is extremely harmful to your ears.

OUTDOOR CONCERTS—Because concert noise levels are frequently over 100 dB, you should always rock out with your earplugs in.

PARADES—Who doesn't love a parade? It turns out your child's ears don't. Noise from cheering crowds, revving engines, sirens and marching bands can hurt small children's hearing, but earmuffs are an excellent way to keep your kids safe.

YARD WORK—Keeping your lawn in shape is practically a full-time job during the summer! Unfortunately, lawn equipment like lawnmowers and hedge trimmers emit sounds between 80 and 105 dB, so wear your earplugs.

CONVERTIBLES—Taking a spin in a convertible is a treat for the senses—except when it comes to your hearing. The roaring engine and noise from other cars can contribute to tinnitus and other symptoms of hearing damage. You can't use earplugs while driving, but you can minimize your noise exposure by rolling up the windows.

TARGET SHOOTING—Set your sights on protecting your hearing with earplugs and earmuffs while shooting this summer. Nearly all firearms deliver sounds above 140 dB, and small-caliber firearms are above 120 dB.

BASEBALL GAMES—America's favorite summer pastime is nosier than ever, with fireworks, loud announcers and rock music. Remember to score some earplugs before you set foot in the stadium.

CAR RACES—All that vroom-vrooming can be disastrous for your ears—races average between 90 and 110 dB. Keep your hearing on track by popping in some earplugs.

MOTORCYCLES AND SPEEDBOATS—Fancy yourself a bit of a James Bond as you fly over open water or whip along a twisty road? Every 007 needs earplugs—they offer protection against the excessively loud engine and wind noise these activities create.

Stay Safe This Summer With Custom Ear Protection

Without hearing protection, you may experience a temporary muffling of sound or ringing in the ears (tinnitus) shortly after engaging in one of these outdoor activities. These are warning signs that your ears are suffering from the loud noise exposure. While disposable earplugs will do in a pinch, custom-molded earplugs are your best bet at preventing hearing loss. Custom-molded earplugs are designed to fit your unique ear canal shape perfectly and have filters to allow you to hear conversations, making them much more comfortable than off-the-shelf options and more likely that you will wear them regularly.

Keep your hearing out of harm's way as you enjoy all your favorite summer activities—give us a call to schedule your consultation for custom ear protection today! **Ask about our BOGO offer expiring June 30th!**

Article written by: **Kathleen Page, NYS Licensed and Board Certified Audiologist**
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A.B.A.T.E. CHARTER GOAL

- 1)... To initiate, endorse and sponsor educational programs such as rider safety, public awareness, legislative and affirmative action and, individual freedoms and rights.
- 2)... To create and promote a positive public image of motorcyclists and motorcycle groups and to dispel and disprove media hype, unfounded propaganda and the "Hollywood" image.
- 3)... To encourage goodwill and mutual understanding among motorcyclists, law enforcement personnel and the general public.
- 4)... To serve as an information source on matters pertaining to current laws, pending legislation, personal rights, political inclinations of elected officials and their constituents, and voter awareness.
- 5)... To act as a central responsive agency to devise and coordinate recreational, legislative, educational, and charitable activities



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Motorcycle Riders Foundation



MRF Press Release

EPA to Allow Summer Sales of E15

Friday, the Biden Administration issued an emergency waiver allowing for the sale of E15 from June 1st to September 15th. Restrictions on fuel volatility have limited the sale of E15 to the months outside of summer. This move by the Biden Administration is an attempt to appease lawmakers from corn producing states, who for years have lobbied for year-round use of the fuel. A similar emergency waiver was issued in 2022.

As always read your owner's manual, know what you are putting in your bike, and be an educated consumer

Editor's note:

This is the second year in a row EPA is waiving air pollution rules – ostensibly to provide financial relief at the pump for America's road users.

Meanwhile, back in the real world, states such as California, Massachusetts and Washington are setting timelines for the ban of combustion engines. If you have not contacted your congressional officials concerning H.R. 1435, the "Preserving Choice in Vehicle Purchases Act", this might be a good time to do so. H.R. 1435 would amend the Clean Air Act to prevent a ban on the sale of internal combustion engines, effectively trumping any state law that outlaws their sale.



SEPTEMBER 21-24, 2023 HARRISBURG, PENNSYLVANIA

Red Lion Hotel Harrisburg Hershey, 4751 Lindle Road, Harrisburg, PA 17111

Hotel Room cost \$109/night (cut off date September 6, 2023)

Call 717-939-7841 (mention the MRF MEETING OF THE MINDS)

Pre-registration for conference through the MRF, PO Box 9090, Peoria, IL 61612

Pre-registration (must be received by Sept. 6, 2023): \$100.00 (current member) / \$120.00 (non-member)

Registration rate after Sept. 6, 2023: \$110.00 (current member) / \$130.00 (non-member)

Registration includes all workshops, workshop materials, and Saturday banquet.

Registration questions call the MRF at 202-546-0983, or email Fred Harrell at fred@mrf.org.

RIDE WITH THE LEADERS!



Thousands of motorcyclist rights activists have attended MRF sponsored annual regional and national workshops since 1985. These workshops provide the nuts and bolts, "user friendly" subjects and training to assist motorcyclists in defending, building, and strengthening their grass roots organizations.

Motorcycle Riders Foundation is proud to present their annual conference for politically motivated motorcyclists! Spend the weekend with some of motorcycling's most educated and dedicated activists. Learn what issues will impact bikers today and in the future!

Use the applications below to join and support the Motorcycle Riders Foundation and to pre-register for the **39th Annual Meeting of the Minds, September 21-24, 2023.**



MRF MEETING OF THE MINDS 2023 PRE-REGISTRATION

(Must be received by September 6, 2023 to qualify for discounted rate)



PRE-REGISTRATION RATE:

\$100.00 Current individual MRF member (before Sept. 6)

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Send check or money order to: MRF, PO Box 9090, Peoria, IL 61612 before Sept. 6. After Sept. 6 registration fee increases \$10 per person.
For room reservations call 717-939-7841 (mention Motorcycle Riders Foundation) \$109/night (room cut-off date, September 6, 2023).

PRE-PURCHASE YOUR MRF MEETING OF THE MINDS 2023 T-SHIRT NOW!

39th Annual Meeting of the Minds T-shirts can be pre-ordered now with your registration. Guarantee your shirt size, color, and style now, by ordering today!

SHORT SLEEVE: \$25, CHOOSE COLOR Black Gray Yellow | **LONG SLEEVE:** \$30, CHOOSE COLOR Black Gray

SHIRT SIZE: SM Qty _____ MED Qty _____ LG Qty _____ XLG Qty _____ 2XL Qty _____ 3XL Qty _____ 4XL Qty _____

Mail to: Motorcycle Riders Foundation — PO Box 9090 — Peoria, IL 61612 — Phone 202.546.0983 — www.mrf.org — mrfoffice@mrf.org

Annual Individual Members \$35

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ALL BOARD MEMBERS HAVE TICKETS FOR SALE - GET THEM AT ANY OF THE EVENTS WE ARE ATTENDING OR AT OUR AUGUST MEETINGS

Being Patient

There are many different species on this planet. We live our days differently. We all go about doing what we do to live. We are all driven by something to do stuff. We all start with some kind of plan, even if the plan is not to plan. We like to hit the ground running. We get up and get ready to go. We all have our start up routine, like computers do. You press a button to turn the computer on. It has a procedure that it follows to start. It acknowledges the manufacturer of the machine.

Then it starts checking physical components, then reads a program that helps the physical integrate with the digital. Then, hopefully, we get a screen that we can see to sign into our computer world. You sign in, then the computer continues to load whatever it's setup to so that we will enjoy our computer time.

Our lives are kind of the same. We get up. Then we get into our routine (everyone's is a bit different so no details here...LOL). When we get to the kitchen for whatever we start our day with, coffee, tea, water, etc., we have to start the appliance to get that drink. Yet, when you think about it, however long it takes to get going, it's never fast enough.

Ask yourself...what's the rush? We rush to a job that we may or may not like, but we rush to it because we might have gotten up a little later than needed. As we're rushing, everyone is also, so that could cause its own problems. Accidents, bumper to bumper traffic, who just cut you off or stopped short in front of you? Whatever may have happened, it throws your day off. But, at the end of the day, how do you feel? Exhausted, maybe frustrated. Do you feel like you're always rushing everywhere? Why? We miss so much when we rush.

You might be rushing if you're not at peace. We all know how to spell peace, but do we really have peace? There is a source of peace that surpasses all understanding. Jesus gives peace. In the Bible, John 14:27 says, "Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful." True peace leads to joy and allows you to rest. Happiness does not lead to joy, it leads to trying to become happy again or recreating what we were happy doing. Happiness has a limit; joy has no limit.

This world does not know how to give true peace. Seek Jesus for true peace. I say this with great conviction. Knowing joy is the best way to reduce stress down from being anxious and on edge to being concerned and ready for what comes. If you want to know more, contact me. My info is below.

Ride safe everyone!!! Stay safe and visible.
God bless you all. God loves you all.

Gerry Waldron Chaplain Long Island A.B.A.T.E.
Pastor

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How many miles?

For those of us that love to ride it's all about the ride, how many miles and our many sights and destinations. There is a sense of accomplishment and maybe some pride when we talk about our miles in a day, particularly an "iron-butt day". There is an Iron Butt Association for those who have accomplished that. Myself, I'm not sure it's something I aspire to. Maybe too old, but I enjoy cruising, stopping to enjoy the sights and adventures along the way.

But it is really the miles that count. Within those miles is contained the experiences, sights, adventures that are special for those on two (or 3). How many miles is more a question of how much of life you've experienced to the biker. Because life is a journey, and no one knows that

more than those of us on two. But I think we know how we take care of, maintain our scoot plays a paramount part in not just the ride and the miles, but also what we gain in our ride, our journey. Is it pleasure and freedom, or anxiety and stress.

Whenever I bless a biker and his/her bike I will always pray for the Lord to give them trouble free miles. With their machine operating free of mechanical issues. While also praying they would experience all that God has placed in creation all around them to experience Him in the ride. Because in this life we live we are actually experiencing our Creator in all things, because He has made all things for us to enjoy. Of course our mental, emotional and spiritual condition plays into what we experience both good and bad.

But the miles add up over the years, both on us and our rides. We tend to take better care of our bikes than we do ourselves and so as the miles go on the breakdowns and enjoyment level tends to diminish. We like to ride hard, and ride long. But continuing both of those things rarely work for a long time together. We need to remember the bike is not the only object of our fulfillment and enjoyment in life. Our condition is more vital than the machine we ride. God created us also with maintenance and fuel needs.

God doesn't just care about our spiritual health, but also our physical and the bible has much to say about taking care of our bodies as well as our soul. He cares about it all and He wants you to know that. Jesus came to bring us life, and life more abundant as the Bible says. That means to experience life to the extreme both physically as well as spiritually. So we can ride this life out in joy, peace, fulfillment. Experiencing every ounce of the thrills of life, and to push through even the rough roads and weather powerfully because we are prepared, tuned up, running efficiently and full throttle.

And the miles we ride are thrilling, with less to be concerned about. Cause it is all about the ride. That's where life is to be lived. The destination will be there at the end, but the ride the miles contain life. More miles, enjoyable miles. And with the power and strength God give us, fulfilling miles. And just maybe an "iron-butt" day every so often, but still with maximum wonder and fulfillment, less weariness. So let's ride many miles, but wonderful miles. God bless, ride safe, and God Bless America.



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MERCHANTS IN THE SPOTLIGHT

Hello Ladies and Gentlemen,

Every month we try to feature a merchant that provides Long Island ABATE members and their families with special pricing and or services. Long Island ABATE supports those that support us and the community. This month's Merchant is family owned and has been servicing the community for decades.

This month's Merchant is...

Legacy Pet Crematory

The Francisco family have been providing families with caring service for over five decades in the funeral business. They have earned a reputation for compassion, reliability and efficiency when handling the loss of a beloved pet. They understand that pets are members of our families. They will treat them with respect and dignity. Whatever your needs may be, their experience will help you through this difficult time in your life. Legacy Pet Crematory provides more than just affordable local on-site cremations in a beautiful and welcoming setting. They also offer a full line of unique keepsakes & urns, private viewing rooms, fast turnaround, online pet eulogies, 24/7 Pick-up & Delivery Service as well as an industry leading 100% lowest price guarantee. They are available anytime day or night to help you and your family in your time of need. Plan ahead or call them anytime for assistance with making arrangements. They will handle every aspect of the process as if it were our own. For a full list of Services and available keepsakes, look them up on the web at...

www.legacypetcrematory.com

Business Hours are **M-F** 8 am-5 pm and **Sat** 8 am-3 pm and Sun by appointment only.

Mention Long Island ABATE for special pricing!



Legacy Pet Crematory

21 Eads St West Babylon, NY 11704

Nassau: 516-500-PETS (7387) Suffolk: 631-800-PETS (7387)

Email: info@legacypetny.co

Like and Follow on Facebook



LONG ISLAND ABATE MEMBERSHIP APPLICATION

NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE: _____

YEAR BORN: _____

I agree to comply with L.I. ABATE Inc.'s by-laws and promote motorcycle awareness, & education.

MC/Organization Name: _____

CHECK ONE BELOW:

New or Renew Junior FREE _____

1 Year \$25.00 _____ 5 Year \$100.00 _____

Life Membership (25-years paid) x \$16. = \$ _____

SIGN: _____

SIGN DATE: _____ AMOUNT PAID: _____

CIRCLE ONE: Cash or Check# _____

CC# _____

CVC# _____ EXP: _____ Billing ZIP: _____

ANNUAL MEMBERSHIP DUES

\$25

Q&A ...What are the membership rewards ?

★ **FREE** ★

- ★ Patch & Yearly Anniversary Pins
- ★ Monthly Newsletter & Annual Handbook
- ★ \$4000 Accidental Death & Dismemberment Insurance
- ★ Food at all Monthly Meetings
- ★ Discounts & Rewards at Events & Biker Related Establishments

A friendly entrance into the biker community

When you join you receive your ABATE patch, window sticker, membership card, welcome letter and insurance.

ENJOY THE BENEFITS OF MEMBERSHIP



Join the cause & become a member today !

The Rally LIST

Looking for Motorcycle Rallies in 2023?

Below are the dates and locations of the major rallies around the United States .

Republic of Texas Biker Rally... June 9–12 ... Austin, TX

Laconia Motorcycle Week... June 10–18 ... Laconia, NH

Women on Wheels Ride-In... July 4-6 Harrison AR

Sturgis Motorcycle Rally... August 4–13 ... Sturgis, SD

Four Corners Motorcycle Rally... Sept 1 –Sept 3 ... Durango, CO

Bikes Blues & BBQ... September 20-23... Fayetteville, AR

Texas Lone Star Rally...November 2-5 ... Galveston , TX

Did We Miss Any?

If you have a favorite that's not on the list
Submit it to your newsletter editor and we'll add it!

The MRF's primary goals include:

- Monitoring and influencing federal legislation for any impact on the motorcycling community at large
- Representing street motorcyclists by participating in federal research and advisory committees
- Protecting street motorcyclists from unfair or burden some federal agency restrictions and regulations
- Ending discrimination against street motorcyclists
- Providing all street motorcyclists with direction and information to protect their motorcycling rights
- Promoting motorcycling safety, training, education, licensing and public awareness on American roads



WHO WE ARE

The Motorcycle Riders Foundation is the Nation's premiere motorcyclists' rights organization that is chiefly concerned with issues at the national and international levels that impact the freedom and safety of American street motorcyclists. We are also committed to educating rights advocates to improve effectiveness at the state and local levels. The MRF works together with street motorcyclists, State Motorcyclists' Rights Organizations (SMROs), the motorcycle industry, the media and other organizations, assisting them with state and local agendas as well as working with them to influence action and policy in Washington, DC - from the Congress to government departments and agencies to the Office of the President of the United States. We also work with allies in Canada, Europe and Asia to influence talks on vehicle globalization and harmonization that are proceeding under the United Nations and the World Health Organization.

JOIN THE MRF TODAY!

OUR RIGHTS AND FREEDOMS FEDERALLY DEPEND ON IT!

MRF.ORG

The Motorcycle Riders Foundation
 P. O. Box 9090
 Peoria, IL 61612
 202-546-0983
mrfoffice@mrf.org Ride with the Leaders.

- Annual Individual Membership \$35
- Annual Joint Membership \$60
- Annual Sustaining Membership \$100
- Annual Industry Council Membership \$100



- 3-Year Individual Membership \$95
- 3-Year Joint Membership \$140
- Sustaining Membership Club \$100
- Freedom Fighter Donation \$10 \$25 \$ _____

Motorcycle Riders Foundation
 PO Box 9090, Peoria, IL 61612

Phone: 202.546.0983
www.mrf.org

Fax: 202.546.0986
mrfoffice@mrf.org

It's time you did something more to protect your rights!

Join and Support Motorcycle Riders Foundation...

- New
- Renewal
- Referred by _____
- Please Check if you are a US Citizen
- Check here to NOT receive Patches and Pins
- Check here to NOT receive MRF Email Alerts
- Check here to receive MRF Reports electronically (email)

Name _____

Address _____

City, State, Zip _____

Phone _____

Email _____



Visa MasterCard AmEx

Card Number _____ CVV _____

Expiration Date _____

Signature _____ Date _____

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11 	12	13 LI ABATE SUFFOLK MONTHLY MEMBERSHIP MEETING 7:30PM Pt. Jefferson ELK's 41 Horseblock Rd. Centereach	14	15	16	17
18 Happy FATHER'S Day	19	20 LI ABATE NASSAU MONTHLY RECAP MEETING 7:30PM Marine Corp League 99 New York Avenue Massapequa	21	22	23	24
25	26	27 LI ABATE BOARD MEETING 	28	29	30	

provided by...

ISLAND
 NEWSLETTERS
 CONDOMINIUM SOCIAL HOA CIVIC ASSOCIATIONS



ADVERTISING SPACE AVAILABLE

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