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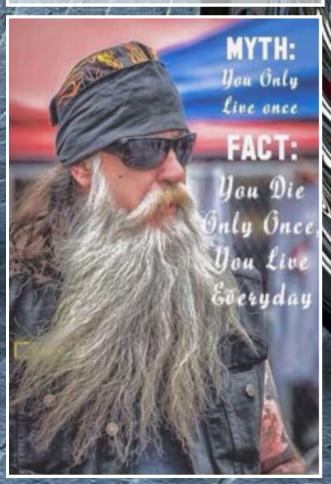


"IT DOES NOT MATTER
WHAT YOU RIDE
WE ALL RIDE FOR
FREEDOM OF THE ROAD"

We Want You



To Ride With Us!



Long Island ABATE



AMERICAN BIKERS for AWARENESS TRAINING & EDUCATION

The main purpose of the ABATE organization is to work toward continued freedom of the road by insuring that motorcyclist's point of view is presented to our legislators and to promote motorcycle safety, rider education and public awareness. We are trying to alleviate the very real possibility of "Big Brother Government". We encourage all our members to be informed registered voters. We write letters to our elected officials and stay aware of what is going on with motorcycle legislation, and other transportation issues. We welcome interested parties to any of our activities or to join our organization.

NOTICE

All articles and photo's within the contents of this newsletter and our website are the property of ...

Long Island ABATE

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MAILING ADDRESS

Long Island ABATE P.O. BOX 22 YAPHANK, NY 11980



ABATE HOTLINE

Call the **ABATE HOTLINE** anytime for any info or to contact any officer

1-888-LIABATE

Long Island ABATE encourages all members to submit letters, articles or cartoons they feel may be of interest to fellow members.

Long Island ABATE supports the rights of ALL motorcyclists.

Long Island ABATE does not endorse any products or services other than its own.

DISCIPIMED

The thoughts and opinions expressed in this newsletter are those of the individual contributors alone and do not necessarily reflect the views of the **Long Island ABATE** board and it's members.

President's Message

Hello everyone,

I hope all are well. July has come and gone amazingly fast. Every weekend there is something going on and sometimes multiple events in one day. It is great to see so many people out and about whether it be at a bike night, a club event, or a fund raiser. We had a visit from the USA Patriots AKA the Wounded Warrior Amputee Softball Team again this year. Their visit had a full schedule of events from 7/14-7/16. Friday evening was a gather-



ing in Glen Cove where the team was introduced by the town's Mayor, Pamela Panzenbeck. The public was able to mingle with the team prior to the rest of the events scheduled for the weekend. Saturday Long Island ABATE members along with members of the Patriot Guard Riders, the Legion Riders, Rolling Thunder and more were able to participate in escorting the team from their hotel in Hauppauge to the fields in Moriches thanks to SCPD and Veterans affairs as well as Winter Brothers for donating the bus to transport the team. Once we arrived at the fields we assembled and the motorcycles led the team to the field through a sea of flag holding spectators, truly a very touching moment for many. The team then settled in at the field they were playing at. There was an opening ceremony in which the color guard was present, and the National Anthem was played. After the ceremony they proceeded to play two games back-to-back for the spectators. This event is so amazing to watch, between the level of skill of the team and the energy they give off it is nothing short of inspirational. After the games there was a BBQ at the North Patchague Fire Department, where everyone unwound and socialized. The following day there was to be another escort to Glen Cove where the team was going to play again. The escort and game were canceled. Instead of the game there was a gathering at the Glen Cove Mansion for the team and players. Although the weather was not cooperative the gathering was great. Hopefully they will be back next year, and if they are you won't want to miss seeing them in action. Check out the pictures in this newsletter.

Long Island ABATE has been busy. We have been back in the schools teaching young drivers motorcycle awareness. We have had four classes so far and more are scheduled for this month. We will be scheduling more classes for the fall soon.

The Campout is still a Hot topic, and we are currently putting the finishing touches into the event. Don't miss this event we have so much planned. There will be a Chile cook off, Bike games, a Chinese auction, Food provided and Bands throughout the

day. Just ask anyone that went last year about it. I would like to say it is as much fun as you can have legally in a county park. I am looking forward to seeing everyone there. Tickets are \$40 in advance and \$50 at the gate.

Contact a Board member or reach out on Facebook for tickets. The Ticket includes everything mention earlier as well as Camping for the night and or Parking for the day if you choose not to Camp.

Long Island ABATE has been following court cases and accidents including that horrible accident that happened on Ocean Pkwy on Mother's Day. There has been some involvement with the D.O.T. and some of our politicians regarding the wire type Guard rail and its safety as well as the possibility of moving or replacing it with a different type.

We are also planning for the Meeting of The Minds in September held in Pennsylvania this year. We meet with many Motorcycle Rights Organizations and plan our legislative agenda on the National level. While there we also network with other "MROs" and discuss what is going on locally. There are also workshops throughout the weekend to help better our organizations.

Long Island ABATE is still looking for a Recording Secretary and a Donations Coordinator. If you're interested, please send an email, or give a Board member a call. As always Long Island ABATE is looking for input and participation from members to better the organization as well as volunteers to help us maintain and grow the organization, while protecting the rights of motorcyclists and trying to keep us safe. If you would like to get more involved or have ideas, please reach out to me or any Board Member. We would love to have you and or your input. Thank You for your continued support.

Ride Safe and Be Well

Chris Beckhans
President of Long Island ABATE
chrisliabate@gmail.com / (516) 381-1531

Stay Healthy



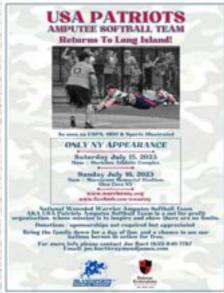
Long Island ABATE'S 18"ANNUAL CAMPOUT Aug. 26th & 27th

Pre-Sale tickets \$40 Day of tickets \$50



Tickets include: FOOD, LIVE MUSIC. CAMPING and all the adult fun you can LEGALLY have!
Visit our website for more info and ticket locations. www.longislandabate.org or call the hotline 1-888-LIABATE (542-2283)

ALL BOARD MEMBERS HAVE TICKETS FOR SALE - GET THEM AT ANY OF THE EVENTS WE ARE ATTENDING OR AT OUR AUGUST MEETINGS























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*RECENT CLIENT SETTLEMENTS \$750,000 SETTLEMENT \$850,000 SETTLEMENT

MOTORCYCLE ACCIDENT

CONSTRUCTION ACCIDENT

MOTORCYCLE MIKE HAS SUPPORTED THESE CHARITY EVENTS:

TIER RATS NY TOYS FOR TOTS - NASSAU COUNTY FIRE RIDERS XMAS IN JUNE - LT MICHAEL P. MURPHY NAVY SEAL MUSEUM - BIKERS FOR CHRIST DOWNED BIKER RUN- SSGT LOUIS BONACASA MEMORIAL FUND RIDERS OF FIRE MC BIKE BLESSINGS - RED KNIGHTS NY CHAPTER XXV - ABATE VETS RUN - MELISSA'S WISH - 911 RUN FOR RICHIE NYC PUNISHERS LEMC - STICKY FINGER RUN - COLD FINGER RUN - TOUCH-A-TRUCK - VETS ROCK - ANGELA'S HOUSE - WARRIOR RANCH FOUNDATION - AIDAN'S RIDE NY

INVITE HIM TO SPEAK AT YOUR NEXT CLUB MEETING,
AND LEARN HOW TO PROTECT YOURSELF BEFORE IT'S TOO LATE!

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JustSayin'

According to Newsday July 11, 2023, page A11, in 2022, there were 688 motorcycle crashes on Long Island, with 32 fatalities.

I am a retired Safety Engineer (over 40 years accident prevention experience, Certified Defensive Driving Instructor NSC) and a motorcyclist with over 45 years of riding experience.

An operator of a motor vehicle has the right to expect unimpeded travel in his or her lane of travel direction. Often referred to as the "right of way". Interfering with this travel should in fact constitute some form of criminal action such as "failure to yield right of way". If not, then at least civil action.

Motorcycles cannot stop on a dime when confronted by a two-ton vehicle unexpectedly turning perpendicular to their straight-line direction of travel. In NYS, motorcycle operators "burn" their headlights to alert oncoming drivers of their presence. Left turns directly in front of a motorcycle indicate that the motorist is not looking toward the oncoming traffic. It appears that many drivers today dismiss the presence of motorcycles as partners sharing the road. Long Island A. B. A. T. E. promotes motorcycle awareness through organized rides and highway signage. **Pay attention drivers!**

Richard Pinnavaia Port Jefferson Station N. Y. 11776 631-807-5946 Retired Professional member A. S. S. E.



Hi everyone, I hope you have all been enjoying your riding season! I can't believe we are more than halfway through the year already. I just want to take a few minutes to show you a few more events that we've been to or have done this year. If you take a look at some of the pictures that go along with this article you can see closely some behind the scenes pictures. Behind the scenes is just a little bit of the stuffed bag of tricks that I carry with me at all times along with what my kitchen table looks like when I'm working on putting new packets together for when I sign up people at our events. There's also pictures from some of our meetings with guest speakers, what the table looks like at some meetings with handouts. Also some pictures from our Safety and Awareness Run, to our Veterans Run which was a great turnout! Pictures from the Ronkonkoma Street Fair. Along with the coloring books that have been being handed out to the campout tickets that are on sale now! Along with some pictures from last year's camp out to hopefully entice you about what's going to happen at this year's camp out. There's going to be great food all day long, along with a chili cook-off contest. We have four different bands that will be playing during the course of the day. Motorcycle games and so much more planned. So if anyone is interested in tickets pre-sale their \$40 day of \$50. Just remember get your tickets early August 26th will be here before you know it! We look forward to seeing you there! Or anytime we're out in the community promoting awareness safety and education. Until next time get out there enjoy the weather and ride safe!

Josephine



















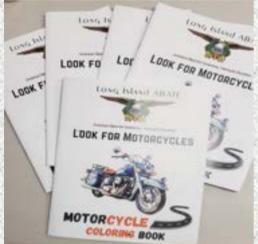


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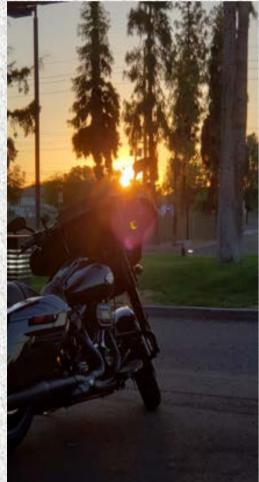




















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Okay that's all.



- 1)... To initiate, endorse and sponsor educational programs such as rider safety, public awareness, legislative and affirmative action and, individual freedoms and rights.
- 2)... To create and promote a positive public image of motorcyclists and motorcycle groups and to dispel and disprove media hype, unfounded propaganda and the "Hollywood" image.
- 3)... To encourage goodwill and mutual understanding among motorcyclists, law enforcement personnel and the general public.
- 4)... To serve as an information source on matters pertaining to current laws, pending legislation, personal rights, political inclinations of elected officials and their constituents, and voter awareness.
- 5)... To act as a central responsive agency to devise and coordinate recreational, legislative, educational, and charitable activities









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516-639-9977

MSF & NY Approved - DMV Road Test Waived

Our regular MSF Basic RiderCourse is also available for new riders where we supply the motorcycle. Register Online for Classes at www.bigapplemoto.com







What do My Teeth and My Heart have to do with My Hearing?

How Dental Health Affects Your Hearing

You may be surprised to hear this, but keeping a healthy mouth can also preserve the health of your hearing. Seem like a stretch? Not when you consider this:

Your mouth is full of bacteria – some good, some bad. When you get an infection in your mouth – such as thrush, gingivitis or canker sores – harmful bacteria enter your bloodstream and make their way to your ears and brain. This can lead to inflammation and narrowing of the blood vessels in your ears, restricting the blood flow.

Your ears and brain work together in order for you to experience the sense of sound. Your outer ear collects sound waves and channels them through the ear canal to the eardrum. The eardrum converts soundwaves into vibrations, which are then sent to the inner ear. The inner ear contains tiny hair cells, called stereocilia, that translate vibrations into electrical impulses that are sent to the brain for interpretation via the auditory nerve.

The hair cells in the inner ear can be easily damaged by trauma to the head, exposure to loud noise, and even poor blood circulation. Once these cells are damaged, they do not heal, causing permanent hearing loss. Unfortunately, this process can be accelerated by inflammation stemming from the bacteria in your mouth.

The good news is, you can proactively take steps to help preserve your hearing. Brushing your teeth twice a day, flossing every night, and seeing your dentist for check-ups twice a year can help prevent dental issues like infections. Similarly, you should preserve your hearing by wearing hearing protection and visiting your local audiologist for regular hearing exams.

So, while you will likely hear a lecture from your dentist about the importance of good oral hygiene, don't be surprised if you hear the same sermon from your audiologist.

How Poor Heart Health May Lead to Hearing Loss

If you don't watch what you eat and fail to exercise regularly, poor cardiovascular health is only one risk you'll face. New evidence shows a link between poor heart health and hearing loss. The inner ear is extremely sensitive to blood flow, so obstructions in the arteries and veins – symptoms of impaired cardiovascular health – can impact the peripheral and central auditory systems, leading to hearing impairment. Conversely, when the heart is healthy and the flow of blood is unrestricted, hearing problems are fewer.

The cochlea, a fluid-filled snail-shaped tube in the inner ear that translates sound into nerve impulses, fails to function properly if it is damaged or subjected to decreased blood flow. A study of 1,600 patients with a history of cardiovascular disease showed that they were 54% more likely to experience impaired cochlear function – further evidence of how essential blood flow is to good hearing.

Maintaining a healthy lifestyle will not only add years to your lifespan, but will reduce your odds of developing hearing loss. It is important to begin taking preventive measures such as eating healthier, losing weight, quitting smoking, and maintaining a healthy blood pressure. Be sure to ask your doctor for a cardiovascular screening to determine whether you have an increased health risk. Those already diagnosed with heart disease should consider a hearing evaluation by an audiologist. Hearing loss can lead to isolation from family and friends, so if you have a history of heart-related illness, contact us as soon as possible for a check of your hearing.



YOU GOTTA FIGHT FOR YOUR RIGHT TO REPAIR

SUPPORT H.R. 906!

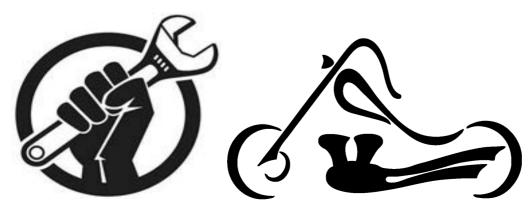
Do you enjoy working on your motorcycle? Do you want to guarantee access to the parts, tools and service information needed to modify, service and maintain your bike? If you answered yes to these questions, it's time to contact your member of the House of Representatives and ask them to cosponsor H.R. 906, the "Right to Equitable and Professional Auto Industry Repair Act" or the "REPAIR Act".

The REPAIR Act ensures that vehicle owners or repair shops are not denied access to the information, software or tools needed to work on vehicles. The proposed law also establishes rules regarding vehicle data access. This commonsense law will help preserve consumer choice and a fair marketplace.

As of July 1st, 32 members of the House of Representatives have signed on in support. That is twice as many as were on the bill before the Motorcycle Riders Foundation (MRF) held its Bikers Insider the Beltway event in May! The MRF is making a difference, let's keep up the pressure!

Congress returns to Washington D.C. Tuesday, after a two-week break. That makes it the perfect time to contact your lawmaker and tell them you support H.R. 906.

Please contact your member of Congress and make a difference in D.C.





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SEPTEMBER 21-24, 2023 HARRISBURG, PENNSYLVANIA

Red Lion Hotel Harrisburg Hershey, 4751 Lindle Road, Harrisburg, PA 17111

Hotel Room cost \$109/night (cut off date September 6, 2023)

Call 717-939-7841 (mention the MRF MEETING OF THE MINDS)

Pre-registration for conference through the MRF, PO Box 9090, Peoria, IL 61612

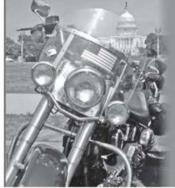
Pre-registration (must be received by Sept. 6, 2023): \$100.00 (current member) / \$120.00 (non-member)

Registration rate after Sept. 6, 2023: \$110.00 (current member) / \$130.00 (non-member)

Registration includes all workshops, workshop materials, and Saturday banquet.

Registration questions call the MRF at 202-546-0983, or email Fred Harrell at fred@mrf.org.

RIDE WITH THE LEADERS!

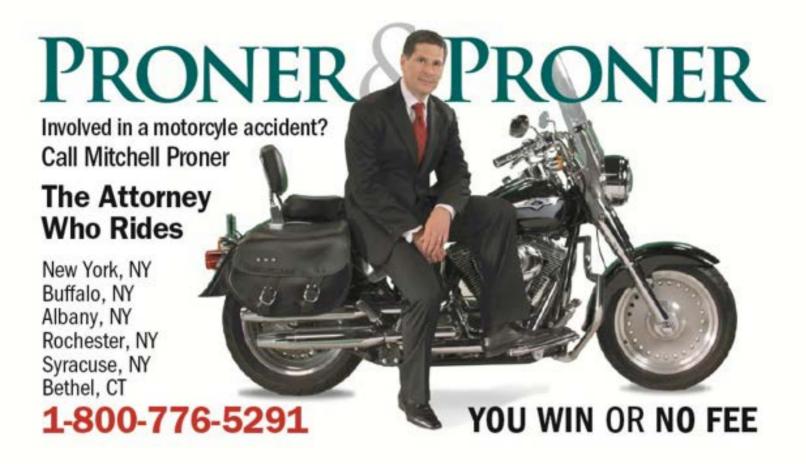


Thousands of motorcyclist rights activists have attended MRF sponsored annual regional and national workshops since 1985. These workshops provide the nuts and bolts, "user friendly" subjects and training to assist motorcydists in defending, building, and strengthening their grass roots organizations.

Motorcycle Riders Foundation is proud to present their annual conference for politically motivated motorcyclists! Spend the weekend with some of motorcycling's most educated and dedicated activists. Learn what issues will impact bikers today and in the future!

Use the applications below to join and support the Motorcyde Riders Foundation and to pre-register for the 39th Annual Meeting of the Minds, September 21-24, 2023.

MRF MEETING OF THE MINE (Must be received by September 6, 2)								
PRE-REGISTRATION RATE: \$100.00 Current individual MRF me REGISTRATION RATE (after Sept. 6): \$110.00 Current individual MRF me		20.00 Non-MRF member (before Sept. 6) 30.00 Non-MRF member (after Sept. 6)						
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ату	STATE	ZIP						
PHONE	E-MAIL							
	Send check or money order to: MRF, PO Box 9090, Peoria, IL 61612 before Sept. 6. After Sept. 6 registration fee increases \$10 per person. For room reservations call 717-939-7841 (mention Motorcycle Riders Foundation) \$109/night (room cut-off date, September 6, 2023).							
PRE-PURCHASE YOUR MRF MEETING OF THE MINDS 2023 T-SHIRT NOW! 39th Annual Meeting of the Minds T-shirts can be pre-ordered now with your registration. Guarantee your shirt size, color, and style now, by ordering today! SHORT SLEEVE: \$25, CHOOSE COLOR Black Gray Yellow LONG SLEEVE: \$30, CHOOSE COLOR Black Gray SHIRT SIZE: SM Qty SHIP GRAY ALL Qty SLEEVE: 331, CHOOSE COLOR ALL Qty ALL Qty ALL Qty ALL Qty ALL Qty ALL Qty								
Mail to: Motoroyale Riders Foundation — PO Roy 9090 — Peoria II 61	612 — Phone 202 546 0082 —	- www mrf ara - mrfaffice@mrf ara						
Mail to: Motorcycle Riders Foundation — PO Box 9090 — Peoria, IL 61612 — Phone 202.546.0983 — www.mrf.org — mrfoffice@mrf.org Annual Individual Members \$35 Annual Joint Membership \$60 Annual Sustaining Membership \$100 Annual Industry Council Membership \$100 Freedom Fighter Donation \$10 \$25 \$								
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Looking for Motorcycle Rallys in 2023?

Below are the dates and locations of the major rallys around the United States.

Sturgis Motorcycle Rally... August 4–13... Sturgis, SD

Four Corners Motorcycle Rally... Sept 1 – Sept 3 ... Durango, CO

Bikes Blues & BBQ... September 20-23... Fayetteville, AR

Texas Lone Star Rally...November 2-5 ... Galveston, TX



Foggy Goggles

Was out on a ride with a bunch of friends from our church the other day and it was an extremely humid day and pretty hot. The ride was pretty uneventful for a while but then the sky opened up and buckets of rain dumped on us. After only about a mile we had to pull into a gas station and stop and get under the overhang for a while.



But that mile we went in that hot, humid, rain totally

fogged up and with the rain water I could barely see my dashboard. Had to slide my goggles down a bit and peer over them at times but we got safely into the station, though navigating the tight turn into the station was a bit nerve-racking. But we were safe and hung out for about half hour till the rain stopped.

Reminded me of so many things in the broader thoughts of life. The ride of life, the journey we are all on as we live out these lives day by day, experience by experience. We would like to see clearly where our life is going so we can have an idea of what's ahead, what we have to watch out for, the turns in life. And also so we can see and experience all the wonder, the pleasures and beauty all around us, particularly us who in the mindset of a biker who gets so much more out of this journey of life.

But sometimes things invade our life, troubles and stresses. Unforseen trauma and challenges and all of a sudden we can't see clearly where we are going, what we are going to do, or even what we are doing. Even if we are prepared at times cares get inside and we can't see clearly for our minds eye as they say is fogged over and the storms of like is hindering our sight. We've all experienced times like that.

Sometimes we just keep pressing through, squinting through the rain drops, trying to wipe the cloudy fog we are trying to see through, making things even more blurry to see. There are times we should just pull off the road we are on and rest, clear our head (and our mental and spiritual eyes), and take a deep breath. At times God allows storms to tell us to slow down, refocus, take time aside from the busy and challenging road. Reminding us it is a long haul. By rushing through worries and stuff we can get of track, lose our direction and even crash if we don't heed the signs we are losing focus.

It is why God says to seek for wisdom. View wisdom as a precious commodity. But in order to do that we need to stop and consider it. We cant ne reading the map, checking the weather app while cruising at 60, 70, 80 MPH. But we do that don't we? God is pressing us to seek wisdom, seek His guidance and purpose through the storms and trials of life. He will give you eyes to see and ears to hear all around so you can avoid hard things, navigate the unavoidable and have and enjoy the ride that is life.

Pastor Ski Senior Pastor Rushing Wind Biker Church Chapter Elder Bikers For Christ MM



MERCHAITS SPOTLIGHT













Hello Ladies and Gentlemen.

Every month we try to feature a merchant that provides Long Island ABATE members and their families with special pricing and or services. Long Island ABATE supports those that support us and the community. This month's Merchant is H.E.A.R.S. Audiology owned and operated by Kathleen Page. H.E.A.R.S. is located at 732 Smithtown Bypass, Smithtown, N.Y. The office hours are M-F 9am-5pm

Kathleen Page is a NYS licensed and Board-Certified Audiologist, with 40 years of experience. H.E.A.R.S. Audiology is a private, sole provider audiology practice delivering professional and compassionate hearing health care to Long Island residents for over 20 years, and they are currently accepting new patients. The devoted team at H.E.A.R.S Audiology specializes in total patient satisfaction, offering education and support at every point in the patient's journey to better hearing. They provide personalized attention and care to all their patients, as a small, family-centered practice.

The services at H.E.A.R.S Audiology include...

• Diagnostic Audiological Evaluations • Hearing Aid Dispensing, Fitting, Maintenance and Repairs • Custom Hearing Protection • Tinnitus Evaluation and Treatment • Auditory Processing Evaluations • Telehealth Appointments • Home Visits Available.

H.E.A.R.S Audiology is offering all LI Abate members a free hearing screening and a 10% discount* off all their services, all year round.

For the month of August, H.E.A.R.S Audiology is offering a 20% discount* on all their services to LI Abate members only.

Whether it is custom hearing protection, a hearing test or purchasing hearing aids, H.E.A.R.S Audiology will help you with all your hearing-related needs!

Bring your membership ID to receive discounts

H.E.A.R.S. Audiology 732 Smithtown Bypass Smithtown N.Y.11787 Tel:(631) 360-4327 Email info@hearsny.com Website https://hearsny.com/











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ANNUAL MEMBERSHIP DUES

***25**

Q&A ... What are the membership rewards?



- Patch & Yearly Anniversary Pins
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A friendly entrance into the biker community

When you join you receive your ABATE patch, window sticker, membership card, welcome letter and insurance.

ENJOY THE BENEFITS OF MEMBERSHIP



Join the cause & become a member today!

The MRF's primary goals include:

- Monitoring and influencing federal legislation for any impact on the motorcycling community at large
- Representing street motorcyclists by participating in federal research and advisory committees
- Protecting street motorcyclists from unfair or burden some federal agency restrictions and regulations
- Ending discrimination against street motorcyclists
- Providing all street motorcyclists with direction and information to protect their motorcycling rights
- Promoting motorcycling safety, training, education, licensing and public awareness on American roads



WHO WE ARE

The Motorcycle Riders Foundation is the Nation's premiere motorcyclists' rights organization that is chiefly concerned with issues at the national and international levels that impact the freedom and safety of American street motorcyclists. We are also committed to educating rights advocates to improve effectiveness at the state and local levels. The MRF works together with street motorcyclists, State Motorcyclists' Rights Organizations (SMROs), the motorcycle industry, the media and other organizations, assisting them with state and local agendas as well as working with them to influence action and policy in Washington, DC - from the Congress to government departments and agencies to the Office of the President of the United States. We also work with allies in Canada, Europe and Asia to influence talks on vehicle globalizationand harmonization that are proceeding under the United Nations and the World Health Organization.



→ Annual Individual Membership \$35
□ Annual Joint Membership \$60
☐ Annual Sustaining Membership \$100
Appual Industry Council Membership

Motorcycle Riders Foundation PO Box 9090, Peoria, IL 61612



3-Year Individual Membership \$95

☐ 3-Year Joint Membership \$140

☐ Sustaining Membership Club \$100

☐ Freedom Fighter Donation \$10 \$25 \$

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It's time you did something more to protect your rights! Join and Support Motorcycle Riders Foundation...

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TRUDUIT

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4	5
			/INC	M	DIVI		
1	6	7	8 LIABATE SUFFOLK MONTHLY MEMBERSHIP MEETING	9	10	11	12
7			7:30PM Pt. Jefferson ELK's 41 Horseblock Rd. Centereach				
/	13	14	MONTHLY RECAP MEETING 7:30PM Marine Corp League 99 New York Avenue	16	17	18	19
	20	21	Massapequa 22 LI ABATE BOARD	23	24	25	26
			MEETING				
	27	28	29	30	31		





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