

LONG ISLAND ABATE

AMERICAN BIKERS FOR AWARENESS - TRAINING - EDUCATION

DECEMBER
NEWSLETTER
2023



MERRY CHRISTMAS

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"IT DOES NOT MATTER
WHAT YOU RIDE
WE ALL RIDE FOR
FREEDOM OF THE ROAD"

We Want You



To Ride With Us!

Long Island ABATE



AMERICAN BIKERS for AWARENESS TRAINING & EDUCATION

The main purpose of the ABATE organization is to work toward continued freedom of the road by insuring that motorcyclist's point of view is presented to our legislators and to promote motorcycle safety, rider education and public awareness. We are trying to alleviate the very real possibility of "Big Brother Government". We encourage all our members to be informed registered voters. We write letters to our elected officials and stay aware of what is going on with motorcycle legislation, and other transportation issues. We welcome interested parties to any of our activities or to join our organization.

NOTICE

All articles and photo's within the contents of this newsletter and our website are the property of ...

Long Island ABATE

You may not use them without the express written consent of the newsletter editor, webmaster or the association board.

MAILING ADDRESS

Long Island ABATE

P.O. BOX 22
YAPHANK, NY 11980



ABATE HOTLINE

Call the **ABATE HOTLINE** anytime for any info or to contact any officer

1-888-LIABATE

HAPPY
HOLIDAYS



Long Island ABATE encourages all members to submit letters, articles or cartoons they feel may be of interest to fellow members.

Long Island ABATE supports the rights of ALL motorcyclists.

Long Island ABATE does not endorse any products or services other than its own.

DISCLAIMER

The thoughts and opinions expressed in this newsletter are those of the individual contributors alone and do not necessarily reflect the views of the Long Island ABATE board and it's members.

President's Message

Hello Everyone,

It's hard to believe that the year has almost passed. The Holidays are upon us once again. I hope everyone had a great Thanksgiving. November was an awesome month for many of us and for many less fortunate as well. The Food and Toy runs started last month and continued into this month. See pictures in this newsletter. We had our 33rd annual St Mary's Food and Toy run, and what a great day it was. Thank you to the Suffolk County Sheriff's Department, Southold police department and all the volunteers as well as all those who came out to support our event. See Pictures in this newsletter.



On November 14th, we held our Veterans Appreciation Grant Distribution at the Port Jefferson Elks Lodge in Centereach. We had over 45 Veterans organizations present to receive the funds in which we raise throughout the year. This year we raised \$68,000 thanks to the biker community and the benefactors that match the funds we raise.

After the Veterans ceremony we held our Membership Meeting. During the meeting we reopened the Nominations for Membership, Treasurer, 2nd VP, VP and President.

Donna Fowler was nominated for membership and accepted as well as reelected. Bill Quinn was nominated for Treasurer he respectfully declined. Sheril Hart was nominated and accepted and was elected. Josephine Ladouceur was nominated for 2nd VP. She accepted and was reelected. Nick LaMorte was nominated for VP; he accepted and was reelected. Chris Beckhans was Nominated for President; He accepted and was reelected. We are currently looking to fill a few appointed positions for next year. Available positions are Road captain, Donations coordinator, Products, and Public Relations. If you would like to get more involved and are interested in any of these positions, please reach out to Myself or a board member for further information.

There are so many events coming up including our Holiday Party on December 15th from 7pm to 11pm and it will be held at Frogzz Bar and Grill located in Yaphank the event is Free to ABATE members and \$10.00 to nonmembers. This is a great time to end the year with some great people and there will be Food and Live music too. To see what other events are coming up see the flyers in this newsletter and on Facebook. We also have 9 Driver's Ed Motorcycle Awareness classes scheduled in local high schools.



As always Long Island ABATE is looking for input and participation from members to better the organization as well as volunteers to help us maintain and grow the organization, while protecting the rights of motorcyclists and trying to keep us safe. If you would like to get more involved or have ideas, please reach out to me or any Board Member. We would love to have you and or your input. Thank You for your continued support.

Ride Safe and Be Well

Chris Beckhans

President of Long Island ABATE

chrislabate@gmail.com / (516) 381-1531



From ALL of Long Island ABATE to ALL of YOU!!







It's Time...

When you wake up, what's the first thing that comes to your mind? Of course the bathroom and then maybe coffee or tea. Then you may think of what you have to do or where you have to go today. But do you think that today is the day to be bold? Today is the day to stand up for something or someone? This piece is about unity. We need to stand together. We look at Thanksgiving and Christmas and think of lots of food, lots of gifts, and lots of fun with friends and family. But there are people going through things and have much less that you have, all around you. Life is hectic and sad, almost hopeless. This day, and everyday going forward, I ask you to think about your neighbor, your country, and the things going on. Which things? Homelessness, hunger, poverty, sadness, depression, and hopelessness, fills our world around us and we don't usually acknowledge it. We need to look at these things closely. WE can change that. We have the opportunity to brighten someones day with a kind word. We can lift someones spirit up by buying them a cup of coffee and a buttered roll. We can give clothes to a shelter or in a drop box, to help those who cannot afford new clothes (do we really need 5 or 6 coats, 7 or 8 sweat-shirts, or 50 t-shirts?). Let's not just look at ourselves in the mirror, let's look past the mirror to see those behind our sight that have needs. We are Americans, yes we are. We are also people who have had less in the past. We can give to those who are going through hard times. We all know someone or see someone as we go round. Let's do this life together, not separated from others. In the Bible, proverbs 3:27-28 says, "Do not withhold good from those to whom it is due, when it is in your power to act. Do not say to your neighbor, "Come back tomorrow and I'll give it to you"— when you already have it with you."

Whether you have accept Jesus as your Lord and Savior or not (I pray that you will soon), when you do these things, you are doing Gods work. Let's not be prideful and stockpile stuff, let's share what we have with those who need. Even if you're very tight on money, share a little. It will be appreciated. It's time...

Merry Christmas, Happy New Year and let's have a great and safe New Year together!!!

Jesus loves you all!!!

God bless you!!!

Gerry Waldron Chaplain Long Island A.B.A.T.E.

Pastor

Unite For Hope

(516) 650-8344

www.unitefh.org

gerry.bfceli@gmail.com





Greetings all members of Long Island ABATE!

Have you ever been to a murder Mystery?

Well I just attended one sponsored by West Babylon American Legion Post 1634 Ladies Auxiliary! It was a great evening that included a buffet, soft drinks and coffee. There was a nice raffle and a 50/50 drawing too. The entire evening was well worth the price of less than fifty bucks! During the intermission, I was happy to meet the commander Mike Brothers and talked about LI ABATE. He rides and asked me about

joining. I gave him my business card and told him he could join on line. He was also interested in creating a riders club for the post! I told him he should give our President Chris Beckhans a call and took all his fliers, which I gave to Chris. I was so happy to meet Commander Mike and look forward to seeing him at one of our meetings. I intend on bringing his agenda and services to our next officer meeting!

I hope you enjoyed the St. Mary's Run where LI ABATE, its members and supporters were proud to raise \$5,000 dollars to help needy families in the Hampton Bays community. The run left the Riverhead Elks Lodge and arrived safely in Hampton Bays, and all went well.

As you might have heard, LI ABATE is now active in some LI High School driver Ed classes teaching students to be aware of motorcycles. We have well trained LI ABATE members who bring not only the curriculum, but also their motorcycle experience!

At our November meeting at the Centereach Elks Lodge, we gave checks to 46 organizations that provide services to our veterans. Together with you and three matching donor's, we raised over \$68,000 dollars!

At the conclusion of that session, we started our general membership meeting where those members in attendance elected current and new officers.

I'm still attending motorcycle club events and meetings when possible. My last event was with the Fire Riders Chapter 25 Teddy Bear Run. A great event and beautiful weather for over 200 motorcyclists!

Hoping you all had a very Happy Thanksgiving!

Merry Christmas and Happy New Year.

Until next month,

Nick

LONG ISLAND ABATE



CHRISTMAS PARTY

FRIDAY - DECEMBER 15TH
7:00 PM-11:00 PM

FREE TO L.I.
ABATE MEMBERS
\$10.00 NON-MEMBERS



FROGZZ
Bar "N" Grill
POOL ♣ DARTS ♣ QUICK DRAW COMING SOON OTB

LIVE MUSIC - CASH BAR
BUFFET - DRINK SPECIALS

FROGZZ BAR "N" GRILL
450 MAIN STREET, YAPHANK, NY

RAFFLE BASKET DONATIONS NEEDED FOR THIS EVENT. DEADLINE IS SATURDAY DEC. 9TH

PLEASE CONTACT OUR 2ND V.P. JOSEPHINE. EMAIL: BANDCAMPGIRLLIA@GMAIL.COM OR CALL: 516-768-4881



Updates From Josephine

Happy Holidays!

On Sunday November 5th Long Island ABATE had what I'll call an 8:00 curtain call. We met up at the Riverhead Elks lodge to do our 33rd Annual Toy and Food drive for St Mary's Church in Hampton bays.

It was a bit of a brisk morning as we were meeting up in the parking lot and getting the tables set up for the sign in area and tables for our products. The vehicles were all backed in with their trunks opened and ready to receive donations. As things were getting set up, I was handing out all types of festive hats, glasses and jingle bell necklaces along with decorating the vehicles, to get everybody into the holiday spirit!

Shortly thereafter the motorcycles started filing into the parking lot. Everyone was dressed in leathers with toys strapped to their bikes. It's always so great to see everyone come out, and donate toys, food, and cash to make the holidays brighter for families that need help.

It was finally time for kickstands up and for us to start rolling with a police escort from the sheriff's department. We had approximately 200 motorcycles! The ride out to Hampton bays to St Mary's Church is always a great time. Along the ride route there's always families with kids standing outside their houses waving as all the motorcyclists go by. Then when they start rolling into the parking lot at the church the children are standing outside greeting everyone with signs welcoming the bikers as they file in! The bikes park in the parking lot and on the grass where they are blessed. The vehicles drive across the back lawn to where the kids come out and help unload the toys and food. St Mary's Church always has chili hot dogs soda and water setup for everyone to enjoy at the end of the ride.

I'd like to THANKEVERYONE who came out and participated in the 33rd Annual St Mary's Toy and Food Fundraiser. It's such a great way to start the holiday season! I look forward to seeing everyone at long Island ABATE'S Christmas party on Friday December 15th at Frogs Bar and Grill in Yaphank.

Article by ...Josephine... 2nd VP Long Island ABATE

Long Island ABATE
THE 33RD ANNUAL
FUNDRAISER RIDE FOR THE FAMILIES OF
ST. MARY'S CHURCH IN HAMPTON BAYS
SUNDAY, NOVEMBER 5TH 2023





SUFFOLK COUNTY HOG CHAPTER'S 5th ANNUAL

TOY RUN



RMHC
New York Metro

To benefit the Children & Residents of the Ronald McDonald Ho



SATURDAY, DECEMBER 2, 2023

Come one, Come all. Bring your unwrapped toy or cash donation to Suffolk County Harley-Davidson. Gifts and toys for all ages are appreciated.



Meet: 10:30am at Suffolk County H-D
4020 Sunrise Hwy, Oakdale, NY 11769
KSU: 11:00am
Ride to: RMHC, 267-07 75th Avenue,
New Hyde Park, NY 11040

DROP-OFF LOCATIONS:
SUFFOLK COUNTY H-D
4020 Sunrise Hwy, Oakdale

VFW POST 2937
507 Long Island Ave, Medford

Long Island HOG

Sunday, December 3, 2023



38th Annual Toy Run

Escorted by our friends from

Suffolk County PD



For

Little
Flower

*Children and Family
Services of New York*



Meet at the Babylon Town Hall

On Sunrise Highway

Across from the South Bay Diner

Registration begins at 10 am with kickstands up at noon

Please bring a gift for boys and girls

14 to 17 years of age

Cash donation also accepted

LONG ISLAND'S LONGEST RUNNING TOY DRIVE





Rushing Wind Biker Church Bikers For Christ MM



BFC LOUISVILLE

16th Annual Christmas Celebration

**Reading of the Biker Christmas Story
Biker Community Candlelight Tradition**

Saturday December 16th

3pm to 7pm

10 Peachtree Court Holbrook

\$20 Donation

Food, Softdrinks, Music



A Light at the end of the Tunnel

I remember being on interstate 15 going from Las Vegas to Los Angeles many years ago. I was making a move from Long Island to Southern California. I passed through Vegas at maybe midnight or so and I remember it was the darkest night that I had ever experienced in my life. Still is. With no other cars on the road in either direction it was uncomfortably dark. Don't know if you've experienced a night so dark it is really unsettling. I knew I was in a totally uninhabited area of the desert and the nearest town Baker a long way off according to my Hagstrom's map. Dating myself a bit. My car overheated and I had to pull over. 1984, no cell service, I mean no cell phones period. Had just started to come out for the public.

I turned the car off and with no light I couldn't see my hand 2 inches from my face. I went to get out of the car to look under the hood with a flashlight and as I got around to the front

of the car I became aware of the sound of what in my mind was countless rattlesnakes. It could have been only a few, I don't know because I could not see. I jumped on the hood, climbed on the roof reached down and opened the door and slid down in and locked myself in. As I think back from today, if I had broken down on my bike in that place, I can't imagine what my state of mind would have been. Well I limped through the night a mile or two at a time, stopping to cool the car down. Got some work done the next day and finished the trip, but the car was never the same.

So what's my point here? Much of our life, with many all of their life people are on their life's journey in the dark, no idea what is around them, possibilities, dangers as well as where is life actually taking them. Being "in the dark" is a common cliché when you something is going on and others may know but you don't. I understand you can never quite know what life holds. Believe me I've been through too many things I didn't see coming. Much of the time life can be as dark as a tunnel you're traveling in only nothing to light up what's around you except unrealized dreams guide you like a headlight. At least you have some sense of direction. But you can't see the "light at the end of the tunnel. You think it's there, have a sense it has to be there. But many time you're chasing windmills like Don Quixote thinking you're conquering dragons along the way but living an illusion.

Faith in something real, something that has promised to be there when you get there changes things. You may be in that dark tunnel, or on route 15 on the way to your destination. But in addition to your headlights giving you some distance of sight, you also have the light in the distance that shows the way, and gives you the reality there is actually something out there when you arrive. Such a difference in the journey.

When that faith is in something true, real and alive and waiting. What occurs is because the destination is a living entity, if you break down in the dark times of life and you can't go on because of fear, brokenness and your paralyzed in that place, you look up and notice the light now is coming towards you to meet you in that place. That I've found to be the truth of faith in the God of the bible, and Is Son Jesus. As your moving towards Him, He is also moving towards you. So no matter how messed up the journey might get, or is Jesus will meet you in the perfect time in the perfect place and change everything because He is the light and at that moment you never travel in the dark again.

THAT MY BROTHERS AND SISTERS IN THE WIND IS WHAT CHRISTMAS WAS MEANT TO BE

Merry Christmas and may God's Peace meet you in His light and change everything. My Christmas prayer for you all.

Pastor Ski, Rushing Wind Biker Church
Chapter Elder Bikers For Christ

VetMart FOOD PANTRY



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Monday - Friday
9:00am - 12:00pm



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VETERANS SERVICE AGENCY**

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• Building Q • East Meadow

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The Vetmart, part of Nassau County's Veterans Services, is a food pantry that is open to Veterans and their families. They are located at 22021 Hempstead Turnpike Building Q in East Meadow.

They are open Monday to Friday from 9am-12p. On an average week, they will serve about 450 veterans including 950 family members.

They are in need of...

canned goods, boxed food items, toiletries, frozen dinners and meat.

**If you can help our veterans in need, please contact
Linda Zorn at (516) 572-5187**

ANY donations are always greatly appreciated.

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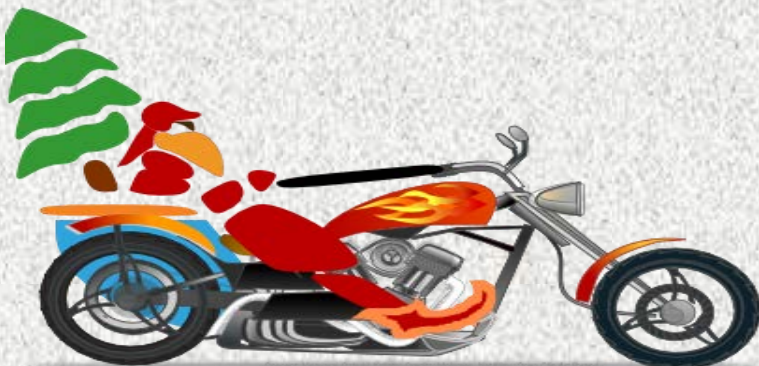


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A.B.A.T.E. CHARTER GOAL

- 1)... To initiate, endorse and sponsor educational programs such as rider safety, public awareness, legislative and affirmative action and, individual freedoms and rights.
- 2)... To create and promote a positive public image of motorcyclists and motorcycle groups and to dispel and disprove media hype, unfounded propaganda and the "Hollywood" image.
- 3)... To encourage goodwill and mutual understanding among motorcyclists, law enforcement personnel and the general public.
- 4)... To serve as an information source on matters pertaining to current laws, pending legislation, personal rights, political inclinations of elected officials and their constituents, and voter awareness.
- 5)... To act as a central responsive agency to devise and coordinate recreational, legislative, educational, and charitable activities



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What's Happening



NOTE: All dates are subject to be changed/postponed/cancelled.
Please reach out to the organization regarding their event.



SAVE THE DATE!

Bike Week 2024

March 1st – 10th, 2024
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How Your Hearing Affects Your Balance

What many don't know is there is a link between hearing and balance. When hearing is compromised, our balance can suffer. Sounds odd, but it's true. The vestibular system is responsible for your sense of balance and is located in the inner ear, detecting movements to provide awareness of spatial orientation.

Vestibular disorders can result in symptoms of dizziness (feeling lightheaded or unsteady), vertigo (sensation of spinning or tilting, or that your surroundings are rotating), imbalance, and falls.

Multiple studies have confirmed that untreated hearing loss is linked to imbalance and falls. A 2012 study by Johns Hopkins University determined that even a mild hearing loss triples the risk of falls among the elderly. However, results also suggested that treating hearing loss with hearing devices can help reduce this risk of falling.

Another study published in 2014 by the Washington University School of Medicine confirmed that enhancing hearing improves the balance of adults experiencing hearing loss. In the study, patients who wore hearing devices performed better on balance tests when their devices were on versus when they were off.

Professor of Otolaryngology, Timothy Hullar, M.D., suggested this was due to more than just improved alertness. He hypothesized that we use sound to tell where we are in space, similar to how sight helps orient us.

If you have untreated hearing loss and experience imbalance, dizziness, or vertigo, schedule an appointment with H.E.A.R.S. Audiology for a comprehensive audiological evaluation.

Sources:

1. https://www.hopkinsmedicine.org/news/media/releases/hearing_loss_linked_to_three_fold_risk_of_falling
2. <https://source.wustl.edu/2014/12/hearing-aids-may-improve-balance/>



Article written by: **Kathleen Page, NYS Licensed and Board-Certified Audiologist**
H.E.A.R.S. Audiology, P.C.
732 Smithtown Bypass, Suite 301, Smithtown, NY 11787
Tel: (631) 360-4327 Email: info@hearsny.com www.hearsny.com
We encourage our readers to contact us with any questions.



HEAR TOGETHER

For the

Holidays

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- Partner mic and Table mic —for crystal-clear conversations at family events
- Hearing aid dryer —to remove moisture and keep hearing aids working their best
- Batteries or Spare charger —to ensure hearing aids are always powered up, no down time
- ProEar Miracell —all natural oil for itchy ears and to help keep earwax at bay

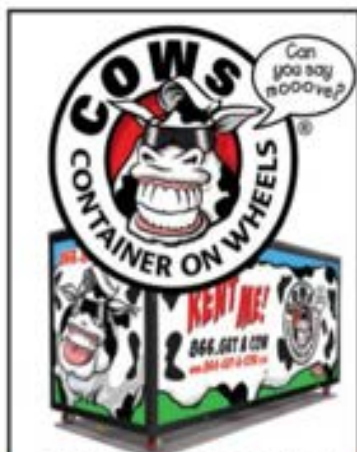
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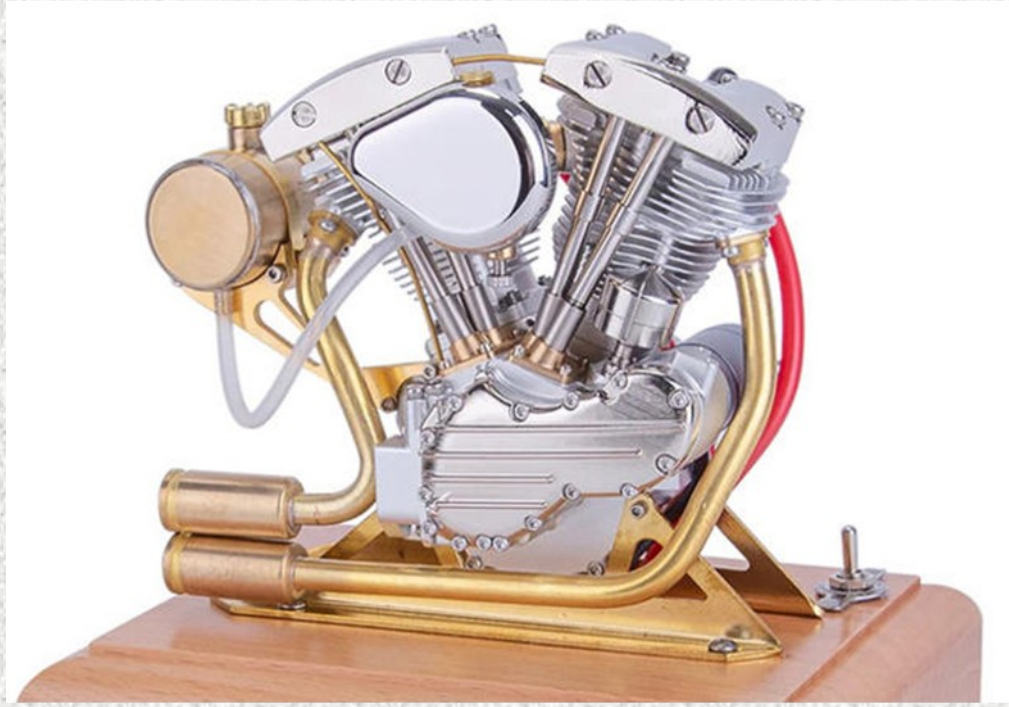
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Antique Mini Engine Kits ..Christmas Gift ?

Retrol V-Twin Motorcycle Engine



For motorcycle enthusiasts, an appropriate choice is this Retrol V-Twin motorcycle engine kit, which sells for \$899.99. This kit is a 1/5 scale model of the Harley-Davidson Knucklehead motorcycle engine that was introduced in 1936. This engine kit is made of brass and stainless steel and comes with a flat wooden base for mounting.

The four-stroke gas-powered engine includes an adjustable carburetor, and each cylinder has a bore of 13 millimeters and stroke of 16 millimeters, making the engine's total displacement 4.2 cubic centimeters. The engine takes a 1/4-32 Thread ME8 Spark Plug and requires a pre-mixed 25/1 fuel/oil blend to run properly.

It can be started with a power drill or the included pull start cord, and the spark is provided by three AA batteries, which are not included in the kit.



PRONER & PRONER

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MERCHANTS IN THE SPOTLIGHT



Hello Ladies and Gentlemen,

Every month we try to feature a merchant or service provider that is willing to provide ABATE members with discounts. Long Island ABATE supports those who support us and the community.

This month's merchant is home improvement specialist. His name is Griff Wolz his specialty is Bathroom and Tile work and can do all types of handy man work as well. Griff has been in business for over 45 years. He is a member of Long Island ABATE and very active in the community, and is **willing to give ABATE members a discount**. Mention this article and be an ABATE member for the best deal possible. See the pictures included to see his work. Griff is available by cell or email his contact info is.

Griff Wolz
P.O. Box 248
Centereach N.Y. 11720
Cell (631) 839-0037
Email 4672130@mail.com

LONG ISLAND ABATE MEMBERSHIP APPLICATION

NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE: _____

YEAR BORN: _____

I agree to comply with L.I. ABATE Inc.'s by-laws and promote motorcycle awareness, & education.

MC/Organization Name: _____

CHECK ONE BELOW:

New or Renew Junior FREE _____

1 Year \$25.00 _____ 5 Year \$100.00 _____

Life Membership (25-years paid) x \$16. = \$ _____

SIGN: _____

SIGN DATE: _____ AMOUNT PAID: _____

CIRCLE ONE: Cash or Check# _____

CC# _____

CVC# _____ EXP: _____ Billing ZIP: _____

ANNUAL MEMBERSHIP DUES

\$25

Q&A ...What are the membership rewards ?

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- ★ Food at all Monthly Meetings
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A friendly entrance into the biker community

When you join you receive your ABATE patch, window sticker, membership card, welcome letter and insurance.

ENJOY THE BENEFITS OF MEMBERSHIP



Join the cause & become a member today !

The MRF's primary goals include:

- Monitoring and influencing federal legislation for any impact on the motorcycling community at large
- Representing street motorcyclists by participating in federal research and advisory committees
- Protecting street motorcyclists from unfair or burden some federal agency restrictions and regulations
- Ending discrimination against street motorcyclists
- Providing all street motorcyclists with direction and information to protect their motorcycling rights
- Promoting motorcycling safety, training, education, licensing and public awareness on American roads



WHO WE ARE

The Motorcycle Riders Foundation is the Nation's premiere motorcyclists' rights organization that is chiefly concerned with issues at the national and international levels that impact the freedom and safety of American street motorcyclists. We are also committed to educating rights advocates to improve effectiveness at the state and local levels. The MRF works together with street motorcyclists, State Motorcyclists' Rights Organizations (SMROs), the motorcycle industry, the media and other organizations, assisting them with state and local agendas as well as working with them to influence action and policy in Washington, DC - from the Congress to government departments and agencies to the Office of the President of the United States. We also work with allies in Canada, Europe and Asia to influence talks on vehicle globalization and harmonization that are proceeding under the United Nations and the World Health Organization.

JOIN THE MRF TODAY!

OUR RIGHTS AND FREEDOMS FEDERALLY DEPEND ON IT!

MRF.ORG

The Motorcycle Riders Foundation
 P. O. Box 9090
 Peoria, IL 61612
 202-546-0983
mrfoffice@mrf.org Ride with the Leaders.

- Annual Individual Membership \$35
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Motorcycle Riders Foundation
 PO Box 9090, Peoria, IL 61612

Phone: 202.546.0983
www.mrf.org

Fax: 202.546.0986
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**It's time you did something more to protect your rights!
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10	11	12	13	14	15 LIABATE CHRISTMAS PARTY	16
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