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## **Long Island ABATE**



## AMERICAN BIKERS for AWARENESS TRAINING & EDUCATION

The main purpose of the ABATE organization is to work toward continued freedom of the road by insuring that motorcyclist's point of view is presented to our legislators and to promote motorcycle safety, rider education and public awareness. We are trying to alleviate the very real possibility of "Big Brother Government". We encourage all our members to be informed registered voters. We write letters to our elected officials and stay aware of what is going on with motorcycle legislation, and other transportation issues. We welcome interested parties to any of our activities or to join our organization.

# NOTICE

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Call the **ABATE HOTLINE** anytime for any info or to contact any officer

**1-888-LIABATE** 

Long Island ABATE encourages all members to submit letters, articles or cartoons they feel may be of interest to fellow members.

Long Island ABATE supports the rights of ALL motorcyclists.

Long Island ABATE does not endorse any products or services other than its own.

#### DISCIFILMED

The thoughts and opinions expressed in this newsletter are those of the individual contributors alone and do not necessarily reflect the views of the **Long Island ABATE** board and it's members.

## President's Message

Hello Everyone,

February is here and gone and March is now upon us. February was a blur, Our February 13<sup>th</sup> meeting was postponed to the 20<sup>th</sup> due to weather and our recap meeting on the 20<sup>th</sup> was cancelled. January was a busy month for the Board and February, not so much. Some of us went to ABATE of NY's State Meeting @ Blackthorn Resort in the Catskills. There we were able to meet with and network with many people from across the state. See



pics in this newsletter. Following that a Few of us attended ABATE of Pennsylvania's L&L seminar. There we met with Members of the MRF, NCOM, NHMRO, and Members from across PA., and the surrounding states. There we discussed the many legislative issues locally and nationally.

Long island ABATE's membership meeting was postponed from the 13<sup>th</sup> to the 20<sup>th</sup> of February due to the weather. We also teamed up with Long Island HOG and the Port Jefferson Elks lodge to do a Blood drive on the 21<sup>st</sup>, pics to follow next month.

Next month we will have a Motorcycle Statistics presentation put on by Suffolk County Police, Highway Division as well as a presentation from Kathy Papus from National Income Life insurance company. I look forward to seeing you there.

We are currently planning our Motorcycle Awareness event scheduled for April 28<sup>th</sup>. Stay tuned for more details. Since the weather has been challenging for riding and most have not been on our bikes please take a few extra moments and go over the machine before you ride it. Check all fluids, Lights, Brakes and especially the tire condition and air pressures. It makes the difference between an enjoyable ride and a horrific one.

We are currently looking for volunteers to fill a few positions. Positions include Road Captain, Public Relations, Donations Coordinator and Products. If you are interested please reach out to myself or a Board Member for more information.

As always Long Island ABATE is looking for input and participation from members to better the organization as well as volunteers to help us maintain and grow the organization, while protecting the rights of motorcyclists and trying to keep us safe. If you would like to get more involved or have ideas, please reach out to me or any Board Member. We would love to have you and or your input.

Thank You for your continued support.

Ride Safe and Be Well

Chris Beckhans
President of Long Island ABATE
<a href="mailto:chrisliabate@gmail.com">chrisliabate@gmail.com</a> / (516) 381-1531





























Proprietary tools and diagnostics are limiting what can be done by independent shops. These shops are a cornerstone of our lifestyle and the way we take care of our motorcycles. When Dealerships will no longer work on our bikes, we turn to these folks and now the Manufacturers are putting them out of business!

Do you own an independent shop or know someone who does? Do you get your work done at a favorite independent? Independent shops need to join together now and fight this with the rest of the motorcycling community.

On March 6th, 2024, at 8:00 am, there will be a gathering of shop owners at the Broken Spoke Saloon in Ormond Beach, Florida. Make sure the owners of your favorite shop are there! Especially if you own that favorite shop!





## \*RECENT CLIENT SETTLEMENTS \$750,000 SETTLEMENT \$850,000 SETTLEMENT

MOTORCYCLE ACCIDENT

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#### MOTORCYCLE MIKE HAS SUPPORTED THESE CHARITY EVENTS:

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On January 20th I attended the ABATE of New York's 50th Anniversary and State meeting held at Blackthorn Resort in East Durham N.Y. At that meeting the swearing in of their board members also took place. Chris Beckhans, Jim Barr, Tracy Butler Beaurvage (President of New Hampshire motorcycle rights organization) and myself were there as members, as well as showing support from Long Island ABATE. While there I listened intently to see how their membership meetings run compared to ours. Many of their members that were there come from different counties from all over upstate and New York City, Which makes up ABATE of New York. A few topics that they touched on that they're trying to do and implement there, we have already done here as Long Island ABATE. Their swearing in of the board members is like ours but they didn't have a politician or public official there, The president of their chapter Audrey Rindfleisch-Hamilton swears them in. They also had a few guest speakers as we do. They had a few sheriffs there from different counties along with an attorney who spoke that day, as well as Jim Bar and Tracy Butler Beaurivage. Chris Beckhans has reached out to Audrey the president of ABATE of New York to keep the lines of communication open between Long Island and New York. We look forward to working together more closely for the rights of motorcyclists. Photos by Josephine and Jim Barr



















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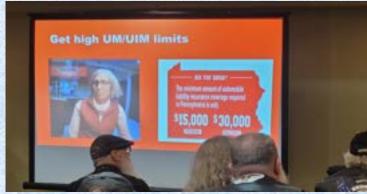




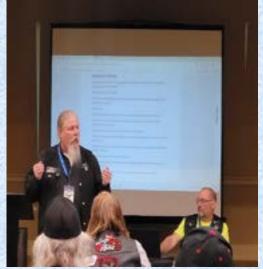


















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## **LONG ISLAND ABATE**



## 2024 EVENTS - SAVE THE DATE!

**SUNDAY APRIL 28th:** 

MOTORCYCLE SAFETY AND AWARENESS RUN

SUNDAY JUNE 9th:

VETERAN'S APPRECIATION
RUN

JUNE 14-16th USA Patriots
WWAST Softball weekend

**SATURDAY AUGUST 24th:** 

CAMPOUT AT CATHEDRAL PINES PARK

SUNDAY NOVEMBER 3rd

St. Mary's Toy Run and Fundraiser

FRIDAY DECEMBER 13th:

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- 1)... To initiate, endorse and sponsor educational programs such as rider safety, public awareness, legislative and affirmative action and, individual freedoms and rights.
- 2)... To create and promote a positive public image of motorcyclists and motorcycle groups and to dispel and disprove media hype, unfounded propaganda and the "Hollywood" image.
- 3)... To encourage goodwill and mutual understanding among motorcyclists, law enforcement personnel and the general public.
- 4)... To serve as an information source on matters pertaining to current laws, pending legislation, personal rights, political inclinations of elected officials and their constituents, and voter awareness.
- 5)... To act as a central responsive agency to devise and coordinate recreational, legislative, educational, and charitable activities









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#### Tire Pressure

As we get on our bikes to ride there is a consideration that can easily be overlooked that can be very critical to how we ride the roads of the land. I don't know how many of you are like me and don't think too often if the air pressure in my tires is correct to what the specs are for my particular bike and the specific tires I have on my bike. And I have two different styles of bikes with two different kind of tires for the style of riding I do with each. I tend to ride a bit different on my Dyna Wide Glide than my Ultra limited, if you know what I mean.

Too much air in the tires and the pressure too high and you get a real bumpy ride and less surface area of tire on the road when you might need it in a turn or a softer surface that might lose grip in a turn. Too little air and the bike can get squirrelly and the bike may more around a little bit giving an unsure feeling. With just the right tire pressure your bike will respond as it is supposed to and predictably so when you make a quick decision you know exactly how the bike will react in what may be a life threatening moment.

Well in life there will always be pressures. You cant avoid it, but you can monitor just how much of the pressure you allow to affect you. If you let pressure build up to an unhealthy level and you become too tense and the things that come your way on the road of life can effect you too much. Rattle you, and when rattled we tend to make decisions too quickly and often misjudge the situation, and can lose your grip on how to manage or handle what has come in your path.

On the other hand, if you are soft and don't react at all or don't feel the pressures of life at all, having a blase attitude you can be ignorant of important things going on around you and not make decisions that may be critical on many levels. And you will find as you do not react at all to the things that come in your path, the road will become rougher and rougher because you haven't changed course and don't realize how dangerous the road you're on is becoming. Eventually losing control of your life and you may skid off the road and your life can crash. Or, if you decide one day to address a;; the pressure you can become hard and path the life has become so rough the hardness of your attitude can throw you right off like riding a bucking bronco.

Life is going to have pressures or if you are living life. The gauge of how much pressure you feel and how you feel it is critical to a great ride of life. Just like the air in the tires of your scoot.

One of the benefits and promises of a life lived in the awareness and direction of God is He will manage the pressure for you. Help you navigate the pressures that come and show you how much pressure you need to feel to have the most extraordinary of life rides. Just something to think about. God bless and I'll see you on the road.

Pastor Ski Senior Pastor, Rushing Wind Biker Church L.I. Chapter Elder Bikers For Christ MM Rushingwindbc1@aol.com - (631) 786-5532

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## SEPTEMBER 26-29, 2024 ST LOUIS, MISSOURI

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Hotel direct line 314-429-1100. Mention Motorcycle Riders Foundation for conference room rates (deadline Sept. 4, 2024).

Pre-registration for conference through the MRF, PO Box 9090, Peoria, IL 61612

Pre-registration (must be received by Sept. 4, 2024): \$100.00 (current member) / \$120.00 (non-member)

Registration rate after Sept. 4, 2024: \$110.00 (current member) / \$130.00 (non-member)

Registration includes all workshops, workshop materials, and Saturday banquet.

Registration questions call the MRF at 202-546-0983, or email Fred Harrell at fred@mrf.org.





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## Regular Hearing Aid Use May Help You Live Longer

Want more time to enjoy the good things in life? According to a new study, hearing aids could boost your longevity—if you wear them consistently to treat hearing loss.

The study found that regular hearing aid users may experience a **24% lower mortality risk** than those who never use them. It also revealed no significant differences in the mortality rates of people who never wear hearing aids and those who wear them sporadically. <sup>1</sup>

#### **Details About the Study**

Led by Dr. Janet Choi, an otolaryngologist from Keck Medicine of USC, the study utilized National Health and Nutrition Examination Survey data from 1999–2012 to identify 10,000 adults who had hearing evaluations and completed questionnaires about their hearing aid use. Researchers tracked their mortality status for 10 years.

Of the 1,863 adults with hearing loss, 237 wore hearing aids regularly (defined as using them at least once a week, at least five hours a week or at least half the time), while 1,483 never used them. Individuals who wore their hearing aids once a month or less were considered non-regular users.

"We found that adults with hearing loss who regularly used hearing aids had a 24% lower risk of mortality than those who never wore them," said Dr. Choi. "These results are exciting because they suggest that hearing aids may play a protective role in people's health and prevent early death." <sup>1</sup>

The link between regular hearing aid use and reduced mortality risk persisted even when adjusting for hearing loss severity, age, education, ethnicity and other factors.

The research isn't clear on how hearing aids may lead to greater longevity, but other studies have found that wearing hearing aids can contribute to more socializing and decrease the risk of depression and dementia, allowing people to live healthier lives.

As this study shows, consistent hearing aid use is best. Do you have hearing aids you aren't wearing because they don't help you hear well? Make an appointment with us—**631.360.4327**—so that we can get you on the path to better hearing and living a longer, healthier life.

<sup>1</sup> Strom, K. (2024). Regular hearing aid use is associated with reduced mortality, says new study. Hearing Tracker. https://www.hearingtracker.com/news/regular-hearing-aid-use-may-help-you-live-longer-says-new-study?utm\_source=hearingtracker.com

Article written by: Kathleen Page, NYS Licensed and Board Certified Audiologist

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We encourage our readers to contact us with any questions.





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#### The MRF's primary goals include:

- Monitoring and influencing federal legislation for any impact on the motorcycling community at large
- Representing street motorcyclists by participating in federal research and advisory committees
- Protecting street motorcyclists from unfair or burden some federal agency restrictions and regulations
- · Ending discrimination against street motorcyclists
- Providing all street motorcyclists with direction and information to protect their motorcycling rights
- Promoting motorcycling safety, training, education, licensing and public awareness on American roads



#### WHO WE ARE

The Motorcycle Riders Foundation is the Nation's premiere motorcyclists' rights organization that is chiefly concerned with issues at the national and international levels that impact the freedom and safety of American street motorcyclists. We are also committed to educating rights advocates to improve effectiveness at the state and local levels. The MRF works together with street motorcyclists, State Motorcyclists' Rights Organizations (SMROs), the motorcycle industry, the media and other organizations, assisting them with state and local agendas as well as working with them to influence action and policy in Washington, DC - from the Congress to government departments and agencies to the Office of the President of the United States. We also work with allies in Canada, Europe and Asia to influence talks on vehicle globalizationand harmonization that are proceeding under the United Nations and the World Health Organization.



Mail to: Motorcycle Riders Foundation - PO Box 9090 - Peoria, IL 61612 - Phone: 202.546.0983 - www.mrf.org - mrfoffice@mrf.org

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