



# LONG ISLAND ABATE

AMERICAN BIKERS for AWARENESS - TRAINING - EDUCATION



**JUNE**  
NEWSLETTER  
2024



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"IT DOES NOT MATTER  
WHAT YOU RIDE  
WE ALL RIDE FOR  
FREEDOM OF THE ROAD"

We Want You



To Ride With Us!

## Long Island ABATE



AMERICAN BIKERS for AWARENESS TRAINING & EDUCATION

The main purpose of the ABATE organization is to work toward continued freedom of the road by insuring that motorcyclist's point of view is presented to our legislators and to promote motorcycle safety, rider education and public awareness. We are trying to alleviate the very real possibility of "Big Brother Government". We encourage all our members to be informed registered voters. We write letters to our elected officials and stay aware of what is going on with motorcycle legislation, and other transportation issues. We welcome interested parties to any of our activities or to join our organization.

## NOTICE

All articles and photo's within the contents of this newsletter and our website are the property of ...

### Long Island ABATE

You may not use them without the express written consent of the newsletter editor, webmaster or the association board.

### MAILING ADDRESS

Long Island ABATE  
P.O. BOX 22  
YAPHANK, NY 11980



### ABATE HOTLINE

Call the **ABATE HOTLINE** anytime for any info or to contact any officer

**1-888-LIABATE**

*Long Island ABATE encourages all members to submit letters, articles or cartoons they feel may be of interest to fellow members.  
Long Island ABATE supports the rights of ALL motorcyclists.  
Long Island ABATE does not endorse any products or services other than its own.*

## DISCLAIMER

*The thoughts and opinions expressed in this newsletter are those of the individual contributors alone and do not necessarily reflect the views of the **Long Island ABATE** board and it's members.*

# President's Message

Hello Everyone,

It's hard to believe it's June already. May was a busy month for sure. We had our Annual Safety and Awareness Run, which was Awesome and you can see the pictures in Josephine's article in this newsletter. We have been busy with booths, and we have been traveling all over the states. A few board members attended the NCOM convention in Kansas City Missouri, there we met with many club members and motorcycle rights activists from around the country. There we discussed Legislation and issues in the motorcycle community and the importance of getting involved to preserve our Freedoms and our Rights. We also attended breakout sessions and workshops to further better our skills as Freedom fighters. After our trip to Kansas City, I traveled to the Blackthorn Resort on 5/19 and met with members from ABATE of NY to prepare for the Freedom Rally in Albany on the following day. While there we discussed legislation from our state and put together a list of what we are against and what we support. It was great to meet with everyone and be part of that event. Pictures to follow next month. Monday the 20<sup>th</sup> a few of us traveled to Washington DC to meet with the MRF and many other Motorcycle Rights Organizations from across the country. We all got together to discuss our legislative agenda for the next day. Tuesday the 21<sup>st</sup> we went to the Capital and met with the staff and Elected Officials that represent us in our state to discuss these issues and help them understand the importance of these issues. Pictures to follow next month as well.



After our road trips we then set up a booth at the Ronkonkoma Steet Fair on May 26<sup>th</sup> to promote Awareness and Motorcycle Safety in the community. While all of this is going on we continue to plan our upcoming events. June 9<sup>th</sup> is our Annual Veterans Appreciation Run. The run will start off at the North Sea Fireman's Field and Proceed over the Jordan Haerter bridge in Sag Harbor and end at the South Hampton Elks Lodge. Following the Veterans Run we have the Wounded Warrior Amputee Softball Team coming to town again on June 14<sup>th</sup> and 15<sup>th</sup>, see Flyer in this newsletter. There will be a meet and greet Friday afternoon, followed by a BBQ late afternoon. Saturday will be the Game, in which we with many others will escort the team from the hotel to the field in Moriches. This event is Not to be Missed, the energy these folks give off is amazing and they are great to watch, play and interact with. Laconia Bike Week is also happening this month in New Hampshire, which is another great place to ride.

The spring Drivers Ed classes are over, and we are gearing up for the summer classes now. If all goes well, we plan on presenting at over 100 classes next year. Lottery tickets are back!! Contact a Board member if interested.



On June 21<sup>st</sup> we will be have a Stop the Bleed class put on by Stony Brook University at the Elks Lodge in Centereach from 7 to 9 pm. Please RSVP to [chrisliabate@gmail.com](mailto:chrisliabate@gmail.com) if you would like to attend. This is a Free class.

Campout tickets are also available now, reach out to a Board member for them as well. As we continue to plan this event for August 24<sup>th</sup> and 25<sup>th</sup>. We are looking for volunteers to help with this great event. There will be Live Music, a Chili Cook off, Bike games, Food and More. You can come earlier if you pay the park for the additional days.

As always Long Island ABATE is looking for input and participation from members to better the organization as well as volunteers to help us maintain and grow the organization, while protecting the rights of motorcyclists and trying to keep us safe. If you would like to get more involved or have ideas, please reach out to me or any Board Member. We would love to have you and or your input.  
Thank You for your continued support.

Ride Safe and Be Well

Chris Beckhans

President of Long Island ABATE

[chrisliabate@gmail.com](mailto:chrisliabate@gmail.com) / (516) 381-1531



# MEMBER BENEFITS

# FREE INSURANCE



## National Council Of Informed Riders

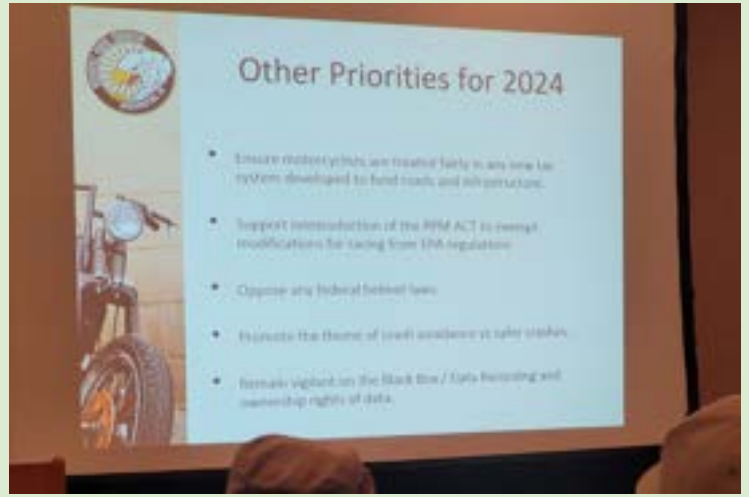
The website address is [www.nationalcoir.org](http://www.nationalcoir.org)

You can register **absolutely FREE** at [www.nationalcoir.org/register](http://www.nationalcoir.org/register)

All previous and future people that register  
(and voluntarily include their mailing address) will receive a

**FREE \$3,500 Accidental Death & Dismemberment insurance policy.**

**THIS IS IN ADDITION TO ANY INSURANCE YOU HAVE NOW !**





*"A National voice for  
all motorcyclists"*

National Coalition of Motorcyclists



Motorcycle Groups take a united  
stand to protect our rights & lifestyle

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CALIFORNIA CANADA  
(800) 235-2424 (800) 521-2425





HARLEY-DAVIDSON

# HOMECOMING

JULY 25-28

2024

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USA

RED HOT CHILI PEPPERS

A CELEBRATION OF

WILLIE G. DAVIDSON

JELLY ROLL - HARDY



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PRISCILLA BLOCK • DESTROY BOYS • OTOBOKE BEAVER  
HUESTON • SHAYLEN • IRONTOM



# Motorcycle Mike

*Personal Injury Attorney*

*ALWAYS ON YOUR SIDE*

*ALWAYS THERE FOR YOU*

MICHAEL LEVINE ESQ.

**RGLZ**  
PERSONAL INJURY LAW

## \*RECENT CLIENT SETTLEMENTS

**\$750,000 SETTLEMENT**

**MOTORCYCLE ACCIDENT**

**\$850,000 SETTLEMENT**

**CONSTRUCTION ACCIDENT**

### MOTORCYCLE MIKE HAS SUPPORTED THESE CHARITY EVENTS:

TIER RATS NY TOYS FOR TOTS - NASSAU COUNTY FIRE RIDERS XMAS IN JUNE - LT MICHAEL P. MURPHY  
NAVY SEAL MUSEUM - BIKERS FOR CHRIST DOWNED BIKER RUN- SSGT LOUIS BONACASA MEMORIAL FUND  
RIDERS OF FIRE MC BIKE BLESSINGS - RED KNIGHTS NY CHAPTER XXV - ABATE VETS RUN - MELISSA'S  
WISH - 911 RUN FOR RICHIE NYC PUNISHERS LEMC - STICKY FINGER RUN - COLD FINGER RUN -  
TOUCH-A-TRUCK - VETS ROCK - ANGELA'S HOUSE - WARRIOR RANCH FOUNDATION - AIDAN'S RIDE NY

**INVITE HIM TO SPEAK AT YOUR NEXT CLUB MEETING,  
AND LEARN HOW TO PROTECT YOURSELF BEFORE IT'S TOO LATE!**

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[www.motorcyclemikeesq.com](http://www.motorcyclemikeesq.com)

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Long Island ABATE Does Not Endorse Any Advertiser or Product In This Publication



# A Message From Your Road Captain

For those that don't know, my name is Constantine Mourelatos Jr. I am a motorcycle safety foundation rider coach. I've been riding motorcycles for 37 years, I love and ride most disciplines of motorcycling (touring, super-sport, adventure, super-moto and off-road). Because I am a firm advocate of motorcycle safety, I will concentrate my newsletters on safety, statistics, education, and training.

This month's topic will be following distance. After last month's statistic meeting, one of the most common reasons for motorcycle accidents is because riders follow too closely to other vehicles, even though every crash has a multitude of factors, this one stood out, and can be prevented.

The rule is to keep at least a two second lead time. Meaning it should take you at least two seconds to pass an object that the vehicle in front of you has passed. Most riders I observe ride inside of this two second lead time, even though following too closely most riders under normal breaking situations will be able to stop their motorcycle. The danger occurs when the vehicle in front of you brakes without warning. Emergency braking on a motorcycle is a skill that needs to be practiced over and over to build muscle memory. Emergency braking under duress usually ends in disaster without the proper practice and training. Motorcycles, for the most part, stop better than cars do. It takes skill and practice on a motorcycle to reach **threshold braking: getting maximum traction and stopping power without skidding or losing control of the motorcycle.** Most motorcyclists cannot accomplish threshold braking because it is a skill they have not practiced. If you are not an accomplished motorcyclist that can achieve threshold braking, I suggest moving your lead time back at least another second or two. Even if you can achieve threshold braking: extra lead time = more safety, emergency braking under duress is never something I want to do and should never have to if I have a good lead time. The goal is to keep us out of these situations.

Total breaking distance on a motorcycle has three parts:

Perception: when you realize you have to brake

Reaction: the time it takes you to roll off your throttle and get to your brakes

Braking: the distance it takes you to stop once you get to your brakes

Most humans have anywhere from a .75 to a 1.5 second perception/reaction time. Realize that at 60 miles an hour you are traveling 88 ft./s. When a vehicle emergency brakes in front of you and you are within that two second lead time your stop will have to be extreme, because one second of the time will be getting to your brakes.



“For the motorcyclist, crashing into a breaking car poses especially high risk. Even when the speed is minimal, and 10 mph is enough – the rider will be thrown over his bike (usually with horrific consequences for his legs because the handlebars are in the way). The rider collides with the rear end of the car, at the same moment the motorcycle bounces backward a little, as if to make room for the rider who falls neatly through this gap between the car and the motorcycle and lands on the road. In the next moment, the gap closes itself again: the still moving motorcycle, which was slowed only by its initial impact, crashes once again (usually already half on its side) into the car, which has since come to a stop and then pushes the rider under the rear end of the car.

In spite of this danger, one constantly sees clueless rider's, including quite accomplished ones who not only carelessly follow a car far too closely but also tend to position themselves precisely in the middle of the lane and thus in a position in which, if the car were to suddenly slow, the chances of being able to ride past it are the worst. The possibilities for swerving around a suddenly appearing obstacle are significantly reduced and are often vastly overestimated, just as most riders misjudge what constitutes a safe following distance and follow too closely.

There is a riding exercise to cure this: have an instructor ride at a constant speed preferably in a car in front of the rider but one lane over. The rider's task is to maintain the following distance that allows him to bring the motorcycle safely to a stop in the event that the vehicle ahead suddenly stops. If the instructor breaks to a standstill without warning, the rider is almost always surprised and, in most instances, ends up beside the car, ahead or even beyond it. Once one has experienced this for themselves, he or she will see how they've been putting themselves at great risk.”

*Constantine Mourelatos*

Reference material: The upper half of the motorcycle on the unity of rider and machine, by Bernt Spiegel Page 23.

This is a great book. I am personally always looking to enhance and advance my skills whether that be through reading, practice, or practice classes with someone more knowledgeable than me. There's always something new to learn!!!!!!!!!!!!!!



**SAVE THE DATE!**

**RAIN OR SHINE!**

★ ★ ★ **LONG ISLAND ABATE** ★ ★ ★  
**2024 VETERANS**  
**APPRECIATION RUN**



**Sunday June 9th, 2024**

*Please join us for a salute to our Veterans!*



**\$20 per person**



**Sign up** is from 9:30-11:00 AM at the North Sea Fire Department  
149 Noyack Road Southampton NY

**End Site:** Southampton Elks Lodge #1574  
605 County Road 39, Southampton, NY



**All proceeds go to the Veterans** *(All contributions to be matched by private donors)*

For more information contact 1-888-LIABATE or visit us at [www.longislandabate.org](http://www.longislandabate.org)



As seen on ESPN, HBO & Sports Illustrated

# **USA PATRIOTS AMPUTEE SOFTBALL TEAM**

## **10th Annual Long Island Visit!**

# **JUNE 14-15 2024**

AKA NATIONAL WOUNDED WARRIOR AMPUTEE SOFTBALL TEAM

### **FRIDAY JUNE 14**

**SUFFOLK COUNTY  
COMMUNITY COLLEGE  
GRANT CAMPUS  
BRENTWOOD, NY**

**330pm • Youth Clinic w/ The Team**

**5pm • Home Run Derby**

**6pm • BBQ Hosted by SPVA**

### **SATURDAY JUNE 15**

**MORICHES ATHLETIC COMPLEX  
MORICHES, NY**

**11:30 AM OPENING CEREMONY**

**12:15 PM USA PATRIOTS  
VS  
LI ALLSTARS**

**2:30 PM USA PATRIOTS  
VS  
LI SENIOR ALLSTARS**



**Games and events are FREE of charge!**

**Sponsors, donors are appreciated.**

**For more info please contact Joe Bart**

**Phone: (631)-840-7787**

**Email: Joe.Bart@raymondjames.com**



Check the website for more information  
**[www.warriorsny.org](http://www.warriorsny.org)**  
**[www.facebook.com/wwastny](https://www.facebook.com/wwastny)**







# BBY AND

MASON DIXON CHAPTER'S OFFICIAL PARTY



## June 21-23, 2024

750 Bowers Road • Littlestown, PA 17340

Gates open Noon Friday until Noon Sunday

FEATURING

**Advance Tickets: \$30.00**  
until June 16, 2024

**At the Gate: \$40.00**  
after June 16, 2024

FRIDAY



SATURDAY



Band plays  
7 p.m. until 11 p.m.

**Saturday Morning:**  
group **scenic ride** around the  
Battlefield and surrounding area.

**Saturday Afternoon:**  
**Wild Bill's**  
**Crazy Games!**

**Saturday Evening:**  
**Pig Roast**  
Pig will be cooked onsite

**Chicago Charlie** Hot Dog Vendor all weekend.

For tickets call:  
Byron Bechtel—(717) 451-5763 or Dale Bradt—(443) 618-9840



No Pets

No Kids

No Attitudes

## NEW DATE • NEW DATE

WHERE ELSE CAN YOU

Camp • Ride the Country Side • Enjoy a Pig Roast • Hear Great Music  
for **ONLY \$30?**

ABATE of PA is open to all persons and all makes and models of motorcycles.

Help Support Your Right to Ride FREE!



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# HAPPY FATHER'S Day!

Red Knights NY 25 Invites You to Continue Their Support of  
Suffolk County Volunteer Firefighters Burn Center Fund

By Attending the  
14th Annual



Rescheduled to  
Sunday, Jun. 2

NORTH SEA FIREMAN'S MEMORIAL ATHLETIC FIELD

118 Noyack Rd.  
North Sea, NY 11968

Across from the  
North Sea Fire House



FOOD  
MUSIC  
RAFFLE  
PRIZES



First 150  
registrants get a  
free T-shirt



Registration and  
Check-In: 9:00-11:00  
Breakfast available  
for all Riders

Free BBQ at the Finish  
\$25/ Driver, \$15/ Passenger

[facebook.com/redknightsny25](https://facebook.com/redknightsny25)

[WWW.REDKNIGHTSNY25.ORG](http://WWW.REDKNIGHTSNY25.ORG)





**AMERICAN LEGION POST 1146**

**826 Hubal Street  
Bohemia, NY 11716**

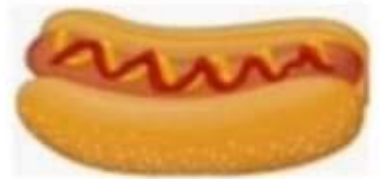
**Join us for a Free Open House**



**Come and meet some awesome people..  
Arrive as strangers and leave as friends!**



**June 22, 2024  
3pm – 6pm  
Rain or Shine**



**Live Rock-n-Roll presented by**



**50/50 Raffle  
&  
Auction Baskets**





LONG ISLAND ABATE'S

# 19<sup>TH</sup> ANNUAL CAMPOUT

Sat. AUGUST 24<sup>TH</sup>-25<sup>TH</sup>



**Per Person  
Admission  
for Saturday**  
**\$40.00\*** pre-purchase  
**\$50.00** Day of

*\*See a member for  
discount tickets, buy at  
our meetings and events.  
Includes overnight  
camping and dinner*

**LIVE MUSIC**  
**50/50 & Raffles**

**BIKER GAMES**  
**Chili Contest**



**CATHEDRAL PINES PARK, MIDDLE ISLAND, NY**  
**STAY LONGER:**

**FIELD D SPOTS\* ARE BEING SAVED FOR EARLY CAMPING THURSDAY AND FRIDAY**  
**ADDITIONAL COST - DRIVE IN TO ACTIVITY BOOTH - NO RESERVATION NEEDED**

**\*FIELD D HAS NO WATER OR ELECTRIC HOOKUPS - PLAN AHEAD**

**LONGISLANDABATE.ORG**



# GEAR UP **FOR** SAFETY

## ✗ Unprotected Head

Florida law requires motorcycle riders and passengers under age 21 to wear a helmet. Riders under age 16 must wear helmets on scooters and mopeds less than 50cc.

## ✗ Headphones

It is illegal to wear headphones, headsets, or earphones in both ears while riding.

## ✗ Unprotected Eyes

Riding a motorcycle without eye protection is against the law.

## ✗ Bare Hands, Arms, and Legs

Expose you to debris, sunburn, and wind. Even regular jeans and clothes won't protect you from cuts or "road rash" in a crash.

## ✗ Dark Clothing

Makes you invisible to motorists and increases your chances of being hit by other vehicles.

## ✗ Broken Headlights

Daytime running lights are required on motorcycles and will turn on automatically when the motorcycle is running. A broken headlight reduces your visibility and increases your crash risk.

## ✗ Open-Toed-Shoes

Flip-flops, slides, and sandals expose feet to injuries from debris, and burns from the engine/exhaust.

## Helmet ✓

A securely fastened USDOT-compliant helmet safeguards against severe brain injuries in a crash. It is the most essential gear for motorcycle, scooter, and moped riders.

## Headsets ✓

Legal when installed in helmets where speaker do not come into direct contact with ears or hearing aids.

## Eye Protection ✓

Required by law. Shatter-proof eye protection such as face shields or goggles can prevent eye injuries.

## Protective Gear ✓

Clothing designed for motorcyclists can keep you safe from injury and shield you from the sun, wind, and rain.

## Extra Headlights ✓

Additional lights or "ancillary" lights increase a motorcyclist's visibility to other motorists. By alerting others to your presence on the road, you reduce your chance of being involved in a crash.

## Bright/Reflective Clothing ✓

Motorcyclists who are visible are less likely to have their right-of-way violated.

## Boots ✓

Protect against foot and ankle injuries and provide grip for footrests and road surfaces.

> **Wearing a helmet reduces the risk of head injury by 69%.**  
**Ride smart, and always wear your safety gear!**



## Endorsement = Training

Riders are required by law to have a "motorcycle only" or "motorcycle also" license. **All endorsed riders improve their safety by taking a required Basic Rider Course.** If you are caught riding unendorsed, you will be arrested, and your motorcycle will be impounded.



**We believe that everyone should have access to quality pet care at an affordable cost....**



**FREE  
EXAM  
FOR NEW  
CLIENTS**

**\$85  
VALUE**

**Reduced Cost, Vaccinations, Spay & Neuter Surgeries  
Heartworm Testing, Prevention & Treatment  
Plus... Competitive Pricing with "Online"  
Heartworm medications, Flea & Tick  
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**The Animal  
Center LI**

**20 West Hills Road..Huntington Station, NY 11746 631-351-0447**

**MONDAY-FRIDAY 9am-5pm**

**SATURDAY & SUNDAY 9am-4pm**

*Extra Cash Needed?*



*Get that old Harley out of  
the garage and start building!*





## *Updates From Josephine*

### **19th Annual Safety & Awareness Bike Blessing Run**

Long Island ABATE held its 19th Annual Safety and Awareness/Bike Blessing run on Sunday April 28th. It was up and out early for ABATE members and volunteers to get things set up before all the bikes started rolling in for registration. There were cone demonstrations set up, where you could ride your motorcycle through cones and test your riding skills. We also had many tents set up with our local radio station 94.3 The Shark, our local police educating and giving out samples of Narcan, Twisted Cycle was set up and spoke to everyone regarding pre-check of your motorcycle before riding. B.A.C.A. BIKERS AGAINST CHILD ABUSE was also set up and present. Bikers for Christ and Rushing Wind Biker Church was also on hand blessing all the motorcycles that came to the event.

Chris Beckhans, our President and Debbie Stondell, our Legislative Liason, introduced many of our local legislators who were there showing support for the motorcycle community.

After all that it was kickstands up and the ride was escorted by the Suffolk County Police department who completely shut down the I-495 eastbound to all car traffic and escorted over 200 motorcycles to the Riverhead Elks Lodge where everyone was fed hot dogs and got to hang out and enjoy the beautiful weather!

It was a great ride had by all! Everyone who went out on the run arrived safely and had a great time!

Until our next event enjoy the riding season! And always remember be safe!

Article by ...Josephine... 2<sup>nd</sup> VP Long Island ABATE

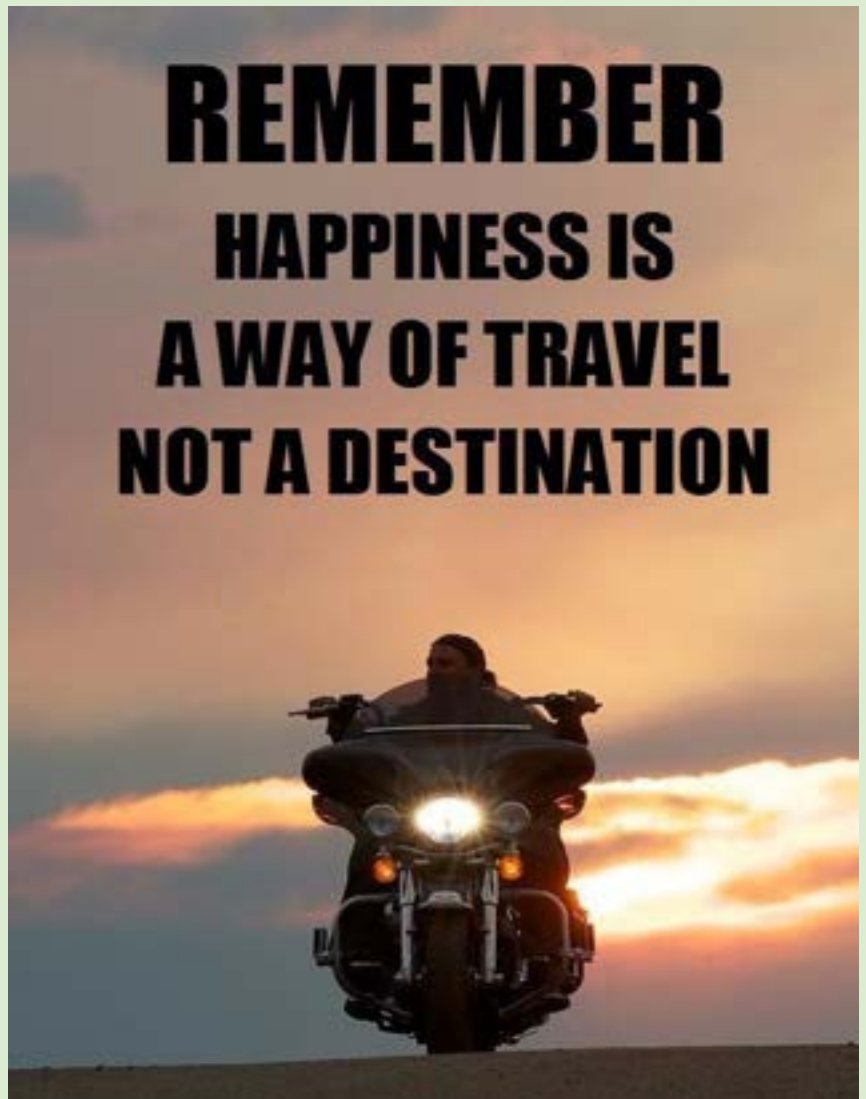


















# LONG ISLAND ABATE



## 2024 EVENTS - SAVE THE DATE!



**SATURDAY AUGUST 24th:**  
**CAMPOUT AT CATHEDRAL**  
**PINES PARK**

**SUNDAY JUNE 9th:**  
**VETERAN'S APPRECIATION**  
**RUN**

**SUNDAY NOVEMBER 3rd**  
**St. Mary's Toy Run and**  
**Fundraiser**

**JUNE 14-16th USA Patriots**  
**WWAST Softball weekend**

**FRIDAY DECEMBER 13th:**  
**LI ABATE XMAS PARTY**

**VISIT: [LongIslandABATE.org](https://LongIslandABATE.org) for updates**  
**and sign up for our emails .**

**Follow us on Facebook @LngIslABATE**







# SPRING!!!

It means so many things. Riding season, warmer weather, more daylight, riding trips, no chaps needed to ride after May, bike rallies, and evening rides for dinner and ice cream. It also means sunburn, yard work, outside work on the house, allergies, birds making nests in our outside vents or furniture or sheds, bees, spiders...insects in general. To some, Spring means there's hope for tomorrow. Tomorrow is defined simply as the day after today. Tomorrow, even

though today was a rough day, we hope, will be better. The sun will come up. It'll be warm on our skin and add vitamin D to our bodies. Hope is defined as a feeling of expectation and desire for a certain thing to happen. What are you hoping to happen in the future...near and far?

We all need hope. Hope for a better day, hope for a better tomorrow...hope for a happy eternity. Unfortunately, the world shows no one hope. Hope should be everlasting, not fleeting. Hope makes you smile when things are a bit crazy or hard. The world, including us, has an expiration date. We all need to look towards our future, our eternity. What have you planned for? Financially? Emotionally? Spiritually? I know we all think that we'd just like to get through today. But, as grown-ups, we should plan for our futures and our family's future in relation to us. Tomorrow will come. If you have young kids, college may be in the future. Cars for the kids may be in the future, etc.

I'm not trying to bum anyone out, I'm just being real.

So, let's look up, not down, towards the next day. Do little things every day to work towards what plans you have for your financial and emotional future. As you do these things, plan for your spiritual future. Maybe you should do this part first. We all have an eternity. It can be nice or not nice. Heaven or Hell...where are we going? I suggest a re-arranging of priorities. Plan for your spiritual first, then financial, then, emotional, futures. A hopeful spiritual future will help you to work towards a better financial and emotional future. I suggest looking for real hope. There is real hope in faith in Jesus Christ. Yes, I've said it before. This is for your spiritual future. It is true, not because I say so, but because the bible says so. This hope in Jesus has gotten me through so many things (ask me one day and I'll tell you), I can't thank Him enough. Jesus dies for us, for our sins so that having faith through grace, in Him, will give us everlasting life. There is eternal life and death. Eternal death is explained in the bible as eternal pain and suffering. Eternal life is explained as a pain free, no trials, no aging...life with God, forever.

Carpe Diem...seize the day. Tomorrow is never promised, as we have all seen. Don't wait. Accept Jesus as your Lord and Savior. Receive eternal life through faith in Him. Receive peace through faith in Him. Receive His love and learn joy through faith in Him. I'll help to, just ask me to.

May God bless you all with open eyes, open ears, and hope. God loves you all and wants the best for all of you.

With love and Hope,  
Pastor Gerry " G"



# FIGHTERS OF FIRE MC



## CHRISTMAS IN JUNE TOY RUN



Benefiting the children of St. Christophers-Ottillie

*Sunday, June 30th, 2024*

# SAVE THE DATE!

**DETAILS TO COME**



#1 Rated Window In The Country For Maximum Energy Efficiency!

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1)... To initiate , endorse and sponsor educational programs such as rider safety, public awareness, legislative and affirmative action and, individual freedoms and rights.

2)... To create and promote a positive public image of motorcyclists and motorcycle groups and to dispel and disprove media hype, unfounded propaganda and the "Hollywood" image.

3)... To encourage goodwill and mutual understanding among motorcyclists, law enforcement personnel and the general public.

4)... To serve as an information source on matters pertaining to current laws, pending legislation, personal rights, political inclinations of elected officials and their constituents, and voter awareness.

5)... To act as a central responsive agency to devise and coordinate recreational, legislative, educational, and charitable activities



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September 26-29, 2024

Hosted by Freedom Of Road Riders Missouri

**SEPTEMBER 26-29, 2024**  
**ST LOUIS, MISSOURI**

Renaissance St. Louis Airport Hotel, 9801 Natural Bridge Road, Saint Louis, MO 63134-3307

Hotel direct line 314-429-1100. Mention Motorcycle Riders Foundation for conference room rates (deadline Sept. 4, 2024).

Pre-registration for conference through the MRF, PO Box 9090, Peoria, IL 61612

Pre-registration (must be received by Sept. 4, 2024): \$100.00 (current member) / \$120.00 (non-member)

Registration rate after Sept. 4, 2024: \$110.00 (current member) / \$130.00 (non-member)

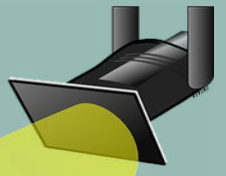
Registration includes all workshops, workshop materials, and Saturday banquet.

Registration questions call the MRF at 202-546-0983, or email Fred Harrell at [fred@mrf.org](mailto:fred@mrf.org).





# MERCHANT IN THE SPOTLIGHT



Hello Ladies and Gentlemen

Every month we try to feature a merchant who will provide members with discounts on merchandise or services

Here is a list of merchants who provide Long Island ABATE members and their families with special pricing on products and or services. This month I would like to review with you some of our supporting merchants.

## Adult Games (Bingo)

Holly, A.K.A. Madame'O phone (631) 877-8276 / (631)-974-9140 Email- [Madameo@monaughtybingo.com](mailto:Madameo@monaughtybingo.com) Instagram- @madameonaughtybingo

Facebook- Madame O's Naughty Bingo \$5.00 Discount with Membership Card

## Advertising, Signs, Banners, Truck Lettering and T-shirts and Glass Etching

Wayne Blast Customs, phone (631) 643-3333/ Website- [www.wayneblastcustoms.net](http://www.wayneblastcustoms.net) 118 Lamar St. West Babylon. Wayne provides Members with a 10% discount

## Audiology (hearing treatment)

H.E.A.R.S. Audiology Phone- (631) 360-4327

Website- <https://hearsny.com> Address- 732 Smithtown Bypass, Smithtown, NY 11787

Email- [info@hearsny.com](mailto:info@hearsny.com) 10% Discount with Membership Card

## Animal Hospital, Pet Care

The Animal Center L.I. Phone- (631) 351-0447 website- <https://www.animalcenterli.com>

Address- 20 W Hills Road, Huntington Station NY 11746

Email- [info@animalcenterli.com](mailto:info@animalcenterli.com) 10% Discount with Membership Card

## Automotive Repair and services

Master Muffler phone (631) 345-5500 website- [www.mastermufflerandbrakes.com](http://www.mastermufflerandbrakes.com) 395 Middle Country Rd. Middle Island Joe provides Members with a 15% discount and performs NYS Inspections on cars trucks and motorcycles

Executive Detailing. Phone (516) 406-3468 Website- <http://executivedetailinged.com> Email - [generalinfo@executivedetailed.com](mailto:generalinfo@executivedetailed.com) Eric and Danielle provide Members with a 30% discount on mobile detailing services on Cars, Trucks, Motorcycles, Boats and Rvs

## Camper rentals

CDL Rentals. Phone (631) 805-6595 Instagram. [www.instagram.com/CDLRENTALS](https://www.instagram.com/CDLRENTALS) Email [Cdlcampers@gmail.com](mailto:Cdlcampers@gmail.com) Dominick and Caitlyn give 15% off to Members

## Cutlery and Jewelry

Keys Cutlery & Keys love Jewelry. Phone (631) 379-1781 (631)379-2565 Website- [www.keyscutlery.com](http://www.keyscutlery.com) [www.keyslovejewelry.com](http://www.keyslovejewelry.com) @ 2860 Middle Country Rd, Lake Grove, NY 11755. Key and Theresa provide Members with a 15% on Cutlery and Jewelry



## Custom Watches

192 Watches Phone (516) 521-5802 Website- [www.192watches.com](http://www.192watches.com)

Instagram- @192watches and on Facebook. Present Andrew with Membership Card for Special Discount

## Exterminating

Conquer Exterminating Phone- (631) 681-3105 Website- <https://conquerexterminating.com> Email- <https://conquerexterminating.com/contact-us.html> on Facebook Present Membership Card for 10% Discount on services

## Food Vendors

Snaporazzo (Hot Dogs and more) Website- <https://www.snaporazzo.com>

Email- [info@snaporazzo.com](mailto:info@snaporazzo.com) on Instagram and on Facebook

## Hair and Beauty

Hair Force One. Phone (631) 467-9800 website [www.hairforceoneny.com](http://www.hairforceoneny.com) 1232 Grundy Ave #2 Holbrook NY 11741 Vinny provides Members with a 10% discount on goods and services

## Home Improvement

Griff Wolz Phone (631)839-0037 P.O. Box 248, Centereach, NY 11720

Email- 4672130@gmail.com

## Motorcycle parts, service and accessories including apparel.

Port Jeff Motorcycle store. Phone (631) 476-0722 Website- [www.pj-mc.com](http://www.pj-mc.com) Email- [Ry-demc@aol.com](mailto:Ry-demc@aol.com) 201 Main St. Port Jeff. Ken provides Members with a 10% discount on most purchases

First MFG Co. Phone (516) 992-7914 Website- [www.firstmfg.com](http://www.firstmfg.com) 389 W Sunrise Hwy, Freeport NY 11520 First Mfg. provides Members with a 30% Discount

Thunder Bikes. Phone (631) 509-6264 Website- [www.thunderbikesli.com](http://www.thunderbikesli.com) 72 Jayne Blvd. Port Jefferson station. Ron provides members with a 12% discount on purchases

Twisted Cycles (888) 539-2408 Website- [www.twistedcyclesllc.com](http://www.twistedcyclesllc.com) 177 Old Medford Ave.(Rt.112)

Patchogue Chris, Debbie and Brian provide members with a 10% discount

## Pet Crematory

Legacy Pet Crematory Phone Suffolk- (631) 800-pets (7387) Nassau- (516) 500-pets (7387) Website-

[www.legacypetcrematory.com](http://www.legacypetcrematory.com) Address- 21 Eads St, West Babylon, NY 11704 Email- [in-](mailto:in-fo@legacypetny.com)

[fo@legacypetny.com](mailto:fo@legacypetny.com) Present Membership Card for Special Pricing

## Towing

Northeast Towing. Phone (631) 474-5355 Address 14 Industrial Rd.

Port Jefferson Station NY 11776. Website- <https://northeasttowingli.com> Email- [Northeasttowingli@gmail.com](mailto:Northeasttowingli@gmail.com) Tommy treats Members like a Motor Club and has the proper equipment to tow Motorcycles safely

## Transportation- (Car service/ Limo/ Airport)

Connections Car Service- Phone (631) 495-2099 Kevin

Email- [limoconnectionkevin@gmail.com](mailto:limoconnectionkevin@gmail.com)

Present Membership Card for Discount

We at Long Island ABATE are continuously looking for merchants or service providers that are willing to provide members with a discount in exchange for exposure to over 1500 members. if you're interested in getting involved please reach out to me at [chrisliabate@gmail.com](mailto:chrisliabate@gmail.com)

Ride safe, be careful and have fun. Chris Beckhans, LI ABATE



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# How Your Hearing Affects Your Balance

What many don't know is there is a link between hearing and balance. When hearing is compromised, our balance can suffer. Sounds odd, but it's true. The vestibular system is responsible for your sense of balance and is located in the inner ear, detecting movements to provide awareness of spatial orientation.

Vestibular disorders can result in symptoms of dizziness (feeling lightheaded or unsteady), vertigo (sensation of spinning or tilting, or that your surroundings are rotating), imbalance, and falls.

Multiple studies have confirmed that untreated hearing loss is linked to imbalance and falls. A 2012 study by Johns Hopkins University determined that even a mild hearing loss triples the risk of falls among the elderly. However, results also suggested that treating hearing loss with hearing devices can help reduce this risk of falling.

Another study published in 2014 by the Washington University School of Medicine confirmed that enhancing hearing improves the balance of adults experiencing hearing loss. In the study, patients who wore hearing devices performed better on balance tests when their devices were on versus when they were off.

Professor of Otolaryngology, Timothy Hullar, M.D., suggested this was due to more than just improved alertness. He hypothesized that we use sound to tell where we are in space, similar to how sight helps orient us.

If you have untreated hearing loss and experience imbalance, dizziness, or vertigo, schedule an appointment with H.E.A.R.S. Audiology for a comprehensive audiological evaluation.

Sources:

1. [https://www.hopkinsmedicine.org/news/media/releases/hearing\\_loss\\_linked\\_to\\_three\\_fold\\_risk\\_of\\_falling](https://www.hopkinsmedicine.org/news/media/releases/hearing_loss_linked_to_three_fold_risk_of_falling)
2. <https://source.wustl.edu/2014/12/hearing-aids-may-improve-balance/>



Article written by: **Kathleen Page, NYS Licensed and Board-Certified Audiologist**  
**H.E.A.R.S. Audiology, P.C.**  
**732 Smithtown Bypass, Suite 301, Smithtown, NY 11787**  
**Tel: (631) 360-4327 Email: [info@hearsny.com](mailto:info@hearsny.com) [www.hearsny.com](http://www.hearsny.com)**  
***We encourage our readers to contact us with any questions.***





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PHONE: \_\_\_\_\_

YEAR BORN: \_\_\_\_\_

I agree to comply with L.I. ABATE Inc.'s by-laws and promote motorcycle awareness, & education.

MC/Organization Name: \_\_\_\_\_

### CHECK ONE BELOW:

New or Renew                      Junior FREE \_\_\_\_\_

1 Year \$25.00 \_\_\_\_\_ 5 Year \$100.00 \_\_\_\_\_

Life Membership (25-years paid) x \$16. = \$ \_\_\_\_\_

SIGN: \_\_\_\_\_

SIGN DATE: \_\_\_\_\_ AMOUNT PAID: \_\_\_\_\_

CIRCLE ONE: Cash or Check# \_\_\_\_\_

CC# \_\_\_\_\_

CVC# \_\_\_\_\_ EXP: \_\_\_\_\_ Billing ZIP: \_\_\_\_\_

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**Q&A** ... What are the membership rewards ?

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*A friendly entrance into the biker community*

When you join you receive your ABATE patch, window sticker, membership card, welcome letter and insurance.

## ENJOY THE BENEFITS OF MEMBERSHIP



*Join the cause & become a member today !*



The MRF's primary goals include:

- Monitoring and influencing federal legislation for any impact on the motorcycling community at large
- Representing street motorcyclists by participating in federal research and advisory committees
- Protecting street motorcyclists from unfair or burden some federal agency restrictions and regulations
- Ending discrimination against street motorcyclists
- Providing all street motorcyclists with direction and information to protect their motorcycling rights
- Promoting motorcycling safety, training, education, licensing and public awareness on American roads



## WHO WE ARE

The Motorcycle Riders Foundation is the Nation's premiere motorcyclists' rights organization that is chiefly concerned with issues at the national and international levels that impact the freedom and safety of American street motorcyclists. We are also committed to educating rights advocates to improve effectiveness at the state and local levels. The MRF works together with street motorcyclists, State Motorcyclists' Rights Organizations (SMROs), the motorcycle industry, the media and other organizations, assisting them with state and local agendas as well as working with them to influence action and policy in Washington, DC - from the Congress to government departments and agencies to the Office of the President of the United States. We also work with allies in Canada, Europe and Asia to influence talks on vehicle globalization and harmonization that are proceeding under the United Nations and the World Health Organization.



# JOIN THE MRF TODAY!

## OUR RIGHTS AND FREEDOMS FEDERALLY DEPEND ON IT!

**MRF.ORG**

The Motorcycle Riders Foundation  
P. O. Box 9090  
Peoria, IL 61612  
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- ☐ New
- ☐ Renewal Referred by \_\_\_\_\_





## 2010 HD Trike

35k miles, coil over adj. shocks with 3" lift AM, FM, CD player, factory CB, Highway pegs. Extra brake/running lights on rear trunk, Polyguard protection on rear fenders.

**ASKING**

**\$22,000**

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## 2011 HD XL1200x 48 Sportster

All stock w/Python pipes

**1,650 miles**

Showroom condition

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**2012 Harley Davidson  
IRON 883**

**The bike has saddle  
bags, small dent in  
the tank.**

**4150 MILES**

**Asking \$7000.00**

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Vance & Hines ex-  
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upgrades. Needs rear  
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Timothy Jochen



### 2002 Harley Davidson

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**50k miles must sell \$13,000.00**

Contact Bill at 1-516-236-8027





**2006 Harley Davidson**

**CLASSIC  
Electra Glide**

**Asking \$7000.00 obo**

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# June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11 <b>LI ABATE SUFFOLK</b> <b>MONTHLY MEMBERSHIP MEETING</b> 7:30PM Pt. Jefferson ELK's 41 Horseblock Rd. Centereach	12	13	14	15
16	17	18 <b>LI ABATE NASSAU</b> <b>MONTHLY RECAP MEETING</b> 7:30PM Marine Corp League 99 New York Avenue Massapequa	19	20	21	22
23	24	25 <b>LI ABATE</b> <b>BOARD MEETING</b>	26	27	28	29
30						

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